

# GYMNASIUM SCHEDULE

HALE YMCA YOUTH & FAMILY CENTER 860.315.9622 | HaleYMCA.org



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

WINTER

2/16/20-4/12/20

FRONT HALF

## MONDAY

**Open Gym  
Single Basket**  
5-11:15AM

**Pickleball  
Full Court**  
11:30AM-2:30PM  
Open to all ages

**Family Friendly Gym**  
2:30-5:30PM

**Adults (ages 16+)  
5v5 Basketball  
Full Court**  
5:30-8PM

**Family Friendly Gym**  
8-8:45PM

## TUESDAY

**Open Gym  
Single Basket**  
5-8AM

**Pickleball  
Full Court**  
8-10AM  
Open to all ages

**Family Friendly Gym**  
10:15AM-4:30PM

**Family Friendly  
Games**  
4:30-5:30PM

**Family Friendly Gym**  
5:30-8:45PM

## WEDNESDAY

**Open Gym  
Single Basket**  
5-11:15AM

**Pickleball  
Full Court**  
11:30AM-2:30PM  
Open to all ages

**Family Friendly Gym**  
2:30-5:30PM

**Family Friendly  
Games**  
5:30-6:30PM

**Family Friendly Gym**  
6:30-8:45PM

## THURSDAY

**Open Gym  
Single Basket**  
5-11:15AM

**Pickleball  
Full Court**  
8-10AM  
Open to all ages

**Family Friendly Gym**  
10:15AM-4PM

**Archery Beginner  
(ages 7-12)**  
4-4:45PM

**Family Friendly Gym**  
5-8:45PM

## FRIDAY

**Open Gym  
Single Basket**  
5-8AM

**Pickleball  
Full Court**  
11:30AM-2:30PM  
Open to all ages

**Family Friendly Gym**  
2:30-4PM

**Archery Intermediate  
(ages 7-12)**  
4-4:45PM

**Kids Night Out  
(ages 3-12)**  
5:45-8:45PM

## SATURDAY

**Open Gym  
Single Basket**  
7-12PM

**Party Rentals**  
12-4PM

**Open Gym  
Single Basket**  
4-5:45PM

## SUNDAY

**Open Gym  
Single Basket**  
7-9:45AM

**Her Time to Play  
Basketball  
(girls only,  
ages 11-14)**  
10-11AM

**Party Rentals**  
12-4PM

**Open Gym  
Single Basket**  
4-5:45PM

BACK HALF

**Open Gym  
Single Basket**  
5-10:15AM

**Senior Cardio**  
10:15-11AM

**Pickleball  
Full Court**  
11:30AM-2:30PM  
Open to all ages

**Open Gym  
Single Basket**  
2:30-5:30PM

**Adults (ages 16+)  
5v5 Basketball  
Full Court**  
5:30-8PM

**Open Gym  
Single Basket**  
8-8:45PM

**Open Gym  
Single Basket**  
5-8AM

**Pickleball  
Full Court**  
8-10AM  
Open to all ages

**Zumba Gold**  
10:45-11:30AM

**Open Gym  
Single Basket**  
11:30AM-5:30PM

**Teens (ages 10-16)  
5v5 Basketball**  
5:30-8PM

**Open Gym  
Single Basket**  
8-8:45PM

**Open Gym  
Single Basket**  
5-10:15AM

**Senior Boom**  
10:15-11AM

**Pickleball  
Full Court**  
11:30AM-2:30PM  
Open to all ages

**Open Gym  
Single Basket**  
2:30-5:30PM

**Teens (ages 10-16)  
5v5 Basketball**  
5:30-8PM

**Open Gym  
Single Basket**  
8-8:45PM

**Open Gym  
Single Basket**  
5-10:15AM

**Pickleball  
Full Court**  
8-10AM  
Open to all ages

**Senior Stretch &  
Balance**  
10:15-11AM

**Open Gym  
Single Basket**  
2:30-5:30PM

**Adults (ages 16+)  
5v5 Basketball**  
5:30-8PM

**Open Gym  
Single Basket**

**Open Gym  
Single Basket**  
5-10:15AM

**Senior Stretch &  
Balance**  
10:15-11AM

**Pickleball  
Full Court**  
11:30AM-2:30PM  
Open to all ages

**Open Gym  
Single Basket**  
2:30-8:45PM

Schedule subject to change  
based on programming!

[HALEYMCA.org](http://HALEYMCA.org)

**Open Gym  
Single Basket**  
7-8:15AM

**Family Friendly Gym**  
8:15AM-3PM

**Adults (ages 16+)  
5v5 Basketball**  
3-5:45PM

**Open Gym  
Single Basket**  
7-10AM

**Family Friendly Gym**  
10AM-3PM

**Teens (ages 10-16)  
5v5 Basketball**  
3-5:45PM

## Did you know we have a TEEN CENTER?!

- Open for ages 8-12 Monday-Thursday 4-7PM & Saturday 8AM-12PM
- Available for Party Rentals Saturdays & Sundays 12-4PM
- Book Club 1st Tuesday of the Month at 1PM
- Cancer support group 2nd Wednesday of the month at 1PM
- Kids Night Out for ages 3-12 Fridays 5:45-8:35PM