



March 13, 2020

COVID-19 Update for our Senior Members

To our Senior Community,

Your health and safety is of paramount importance to us. I want to assure you that The Greater Hartford YMCA is doing everything possible to keep our communities safe as it relates to concerns about coronavirus and COVID-19.

That is why we want to let you know the steps we are taking at our branches. We are postponing and pausing community events to limit the potential spread of the virus within our YMCA's to protect the safety and well-being of the people and the communities we serve:

- Starting Monday, March 16, all group and water exercise classes, including Silver Sneakers, will be paused for two weeks.
- In addition, other programs where people gather, like Pickleball and Coffee's and lunch and learns, will also be paused.
- All of our buildings are being cleaned hourly throughout the day with additional staff and a stronger solution that is known to kill coronaviruses.

Despite these additional precautions, we are recommending that our senior population follow [federal CDC](#) and [state Department of Public Health](#) guidelines:

- Stay 6 feet away from other people at all times
- Avoid crowds
- Stay home as much as possible to further reduce your risk of being exposed

We don't expect that the COVID-19 is a short term public health issue. The situation is dynamic and changes daily.

Our goal is do the right thing, we will focus on safety, we will be prepared and we will continue to keep you informed,

Thank you for being part of our YMCA family, and please let us know if you have any further questions.

Sincerely,

Harold Sparrow
President & CEO
YMCA of Greater Hartford