



DOWNTOWN YMCA AQUATICS SCHEDULE -Downtown YMCA POOL

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

860.522.4183 www.downtownYMCA.org Winter 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM-10:00AM Lap/Open Swim (4 Lanes)	5:00AM-12:00PM Lap/Open Swim (4 Lanes)	5:00AM-10:00AM Lap/Open Swim (4 Lanes)	5:00AM-5:30PM Lap/Open Swim (4 Lanes)	5:00AM-5:30PM Lap/Open Swim (4 Lanes)	7:00AM-9:00AM Lap/Open Swim (4 Lanes)	9:00AM-10:00 AM Lap/Open Swim (4 Lanes)
10:00AM-10:45AM Silver Sneakers Spalsh (2 lanes) Lap/Open Swim (2 Lanes)	5:30 PM-8:00PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	10:00AM-10:45AM Lap/Open Swim (2 Lanes) Aqua Fit (2 Lanes)	5:30PM-8:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	5:30PM-6:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	9:00AM-12:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	10:00AM- 2:30PM Family Swim (1 Lane) Open/Lap Swim(3 Lanes)
10:45AM-12:15PM Lap/Open Swim (4 Lanes)	8:00PM-8:30PM Lap/Open Swim (4 Lanes)	10:45AM-5:30PM Lap/Open Swim (4 Lanes)	Pool Closes at 8:30PM	6:30PM-8:30PM Family Swim (1 Lane) Lap/Open Swim (3 Lanes)	Pool Closes at 12:30pm	Pool Closes at 2:30pm
12:15PM-1:00PM Lap/Open Swim (2 Lanes) Flipper (2 Lanes)	Pool Closes at 8:30PM	5:30PM-8:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas		Pool Closes at 8:30PM		
1:00PM-5:30PM Lap/Open Swim (4 Lanes)		Pool Closes at 8:30PM				
5:30PM-7:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas						
Pool Closes at 8:30PM						

IMPORTANT INFORMATION:
Schedule updated - 2/4/2020
Schedule effective until 4/5/2020
For updates, visit www.downtownYMCA.org or like us on Facebook!

Spring Session swim lessons start February 24th!
***Sign up at the Welcome Center
Private & Semi-Private Packages Available.
***New Packages and prices
****Contact Aquatic Director for more information