

March 2020

MON	TUE	WED	THU	FRI
2 10:00am—Cards/ Board games	3 10:00am—Silver Sneak- ers	4 10:00am—Aqua Fit	5 10:00am—Silver Sneak- ers	6 10:00am—Aqua Fit
9 10:00am—Cards/ Board games	10 10:00am—Silver Sneak- ers	11 10:00am—Aqua Fit	12 8:00am—Coffee and Conversation 10:00am—Silver Sneak- ers	13 10:00am—Aqua Fit
16 10:00am—Cards/ Board games 1pm— Lunch and Learn	17 10:00am—Silver Sneak- ers	18 10:00am—Aqua Fit	19 10:00am—3:00pm Blood Drive 10:00am—Silver Sneak- ers	20 10:00am—Aqua Fit
23 10:00am—Cards/ Board games	24 8:00am—Coffee and Conversation 10:00am—Silver Sneak- ers	25 10:00am—Aqua Fit	26 8:00am—Coffee and Conversation 10:00am—Silver Sneak- ers	27 10:00am—Aqua Fit
30 10:00am—Cards/ Board games	31 10:00am—Silver Sneak- ers			Green— Senior social Blue—Senior Fitness Red—Learn at the Y



On March 19th 2020
 the Downtown
 Hartford YMCA will be
 hosting a Blood Drive.

See Welcome Center on
 how to sign up!

What events, seminars, and
 activities do YOU want for
 the new year? We would love
 to hear your feedback and
 input so we can provide pro-
 grams that you want! Email
Reilly.higgins@ghymca.org
 or let the Welcome Center
 staff know your suggestions!