



# 2020

## Camp West Hartford

at

Wolcott Elementary School

ALONG WITH THESE GREAT HIGHLIGHTS

this is what you'll experience at a day of camp...

7-9am: AM Care

9:00am: Opening Ceremony

9:15-9:45am: Break into Age Groups

9:50-12:00pm: Physical Activities, Team Building, Theme Activities, Water Play

12:00-12:30pm: Lunch

12:30-3:30pm: Physical Activities, Group Activities, Theme Activities, Water Play

3:30-3:55pm: Closing Ceremony

4:00-6:00pm: PM Care

CAMP LOCATION:

71 Wolcott Rd.

West Hartford, CT 06110



# REGISTRATION MADE EASY

## STEP one

### REGISTRATION—Done online, In person, or Over the phone

- Reserve your spot & pay a 20% deposit
- If it applies, fill out a financial aid packet
- Visit [ghymca.org](http://ghymca.org) for more information

#### PAYMENT SCHEDULE

Payments are due in full the **WEDNESDAY** before each session

Your child is not ready for camp until this packet is **100%** completed and submitted and your camp payments are made **on time**.

## STEP two

### COMPLETE ALL REQUIRED FORMS and MEDICAL FORMS

- Camper Contact Information and Pick Up Authorization Form (pg. 3)
- Youth Camp Health Exam/Record (3 pages)  
Dated no later than September 1, 2018
- Waiver of Liability and Photo Release Agreement (pg. 5)
- Asthma Care Plan
- Sunscreen Authorization Form (pg. 6)
- Allergy Care Plan

If you don't have a copy of the medical forms, use the forms we've provided, or you can request them from your **school**. If you need to contact your **Dr.** for a copy dated no later than 9-1-2018 we advise that families reach out as soon as possible. If your child does not have asthma, allergies, or take medication, do not leave out those forms. Please check "**NONE**" on them and submit.

## STEP three

### SUBMIT ALL YOUR REQUIRED FORMS

#### WHERE TO SUBMIT YOUR FORMS:

West Hartford YMCA  
12 North Main Street  
West Hartford, CT 06107

#### WAYS TO SUBMIT YOUR FORMS:

- Snail Mail (send to address on left)
- Drop it off at the front desk at the YMCA
- Fax: (860) 313-5060

## STEP four

### STAY TUNED!

Look out for emails from Camp Director, TJ Faeth, and pay special attention to your inbox for an **email the week prior to camp!**



# CAMPER CONTACT INFORMATION

**REQUIRED  
FORM**

## pick up authorization form

PLEASE PRINT CLEARLY

Each child that attends our summer camp is required by the State Department of Health to have this information on file.

Child's Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ D.O.B. \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_  
 Home Address \_\_\_\_\_ Town/City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
 Home Phone ( \_\_\_\_ ) \_\_\_\_\_ School \_\_\_\_\_ Grade in September 2020 \_\_\_\_\_  
 In case of emergency, which parent/guardian listed should we contact first? \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_  
 Relationship To Child \_\_\_\_\_  
 Parent/Guardian D.O.B. \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 Address \_\_\_\_\_  
 Town/City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
 Home Phone ( \_\_\_\_ ) \_\_\_\_\_ Work ( \_\_\_\_ ) \_\_\_\_\_  
 Cell Phone ( \_\_\_\_ ) \_\_\_\_\_ Please \* primary contact #  
 Place of Work \_\_\_\_\_  
 Business Address \_\_\_\_\_  
 Email Address \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_  
 Relationship to Child \_\_\_\_\_  
 Parent/Guardian D.O.B. \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 Address \_\_\_\_\_  
 Town/City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
 Home Phone ( \_\_\_\_ ) \_\_\_\_\_ Work ( \_\_\_\_ ) \_\_\_\_\_  
 Cell Phone ( \_\_\_\_ ) \_\_\_\_\_ Please \* primary contact #  
 Place of Work \_\_\_\_\_  
 Business Address \_\_\_\_\_  
 Email Address \_\_\_\_\_

**Unless informed otherwise, the YMCA assumes both parents listed above may pick up the child. If a parent may not pick up the child, legal documentation of that fact is required.**

### EMERGENCY INFORMATION

In case of emergency, and the YMCA is unable to reach the parents/guardians listed above, the following individuals have permission to make decisions regarding the care of my child, including permission to pick up my child from the YMCA in case of emergency or early dismissal from the YMCA.

Name \_\_\_\_\_ Relationship to child \_\_\_\_\_  
 Home Phone ( \_\_\_\_ ) \_\_\_\_\_ Work ( \_\_\_\_ ) \_\_\_\_\_ Cell ( \_\_\_\_ ) \_\_\_\_\_  
 Name \_\_\_\_\_ Relationship to child \_\_\_\_\_  
 Home Phone ( \_\_\_\_ ) \_\_\_\_\_ Work ( \_\_\_\_ ) \_\_\_\_\_ Cell ( \_\_\_\_ ) \_\_\_\_\_

### CHILD PICK UP AUTHORIZATION Other than Legal Custodians

I give permission for my child to be released from the YMCA program to the people listed below at any time. I understand that YMCA staff requires these people to furnish Photo Identification before releasing my child.

Name _____	Name _____	Name _____
Address _____	Address _____	Address _____
Home Phone ( ____ ) _____	Home Phone ( ____ ) _____	Home Phone ( ____ ) _____
Work Phone ( ____ ) _____	Work Phone ( ____ ) _____	Work Phone ( ____ ) _____
Relationship _____	Relationship _____	Relationship _____

Special Orders for picking up child (Please enclose legal documents if specified people are named). \_\_\_\_\_

### BILLING PARTY INFORMATION

PLEASE PRINT CLEARLY

Billing Name \_\_\_\_\_ Child's Name \_\_\_\_\_  
 Address \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_ Home Phone ( \_\_\_\_ ) \_\_\_\_\_  
 Place of Work \_\_\_\_\_ Work Phone ( \_\_\_\_ ) \_\_\_\_\_

MY SIGNATURE ACKNOWLEDGES MY UNDERSTANDING OF AND AGREEMENT TO THE ABOVE.

Parent/ Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

**West Hartford YMCA**  
**12 North Main Street**  
**West Hartford, CT 06107**



# REFUND/LATE PAYMENT POLICIES

## and payment agreement form

There are **NO** exceptions to payment due dates. Campers will not be permitted into camp if payments have not been made on time.

**Please retain all receipts for tax purposes.**

### • Refund Policy:

Our Refund Policy states that all deposits are non-refundable and non-transferable.

All refund requests must be made in writing. If withdrawing due to a medical reason, a signed doctor's note must be presented and a full refund less the 20% deposit will be issued. All schedule changes must be made **in writing** at least **two weeks** prior to session start date.

### • Late Registration Fees:

In order to provide the best experience with the resources that go into preparing each session of camp, we have instilled a Late Registration Policy. Please see the below points for when you are signing up for the **following week of camp** toward the end of the week prior. Please note that **NO** exceptions will be made.

### • Payment Terms:

It is my complete understanding that if I wish to terminate my child's enrollment, I must submit a **letter in writing** and refunds are based on the policies above. I understand that to cancel an Electronic Payment, the YMCA requires at least **two weeks written notice** and this may affect my child's enrollment. I understand that the debits to my account will vary based on my child's session enrollment. Should any pre-authorized check/charge (EFT) not be honored by my financial institution when received by them, I understand that the payment is to be made by me in the amount of said payment, and I realize that I am responsible for that payment, plus a service charge. I understand that if two Electronic Payments are rejected my child's enrollment will be subject to termination. I understand that the YMCA may utilize third party companies to assist with its collection efforts. Any service charge from the YMCA or its third party agencies does not include possible fees imposed by my financial institution.

FILL OUT THE METHOD OF PAYMENT YOU WISH TO USE BELOW:

Session	Due Date
P- June 17th-19th	June 10th, 2020
1- June 22nd-26th	June 17th, 2020
2- June 29th-July 3rd	June 24th, 2020
3- July 6th-10th	July 1st, 2020
4- July 13th-17th	July 8th, 2020
5- July 20th-24th	July 15th, 2020
6- July 27th-31st	July 22nd, 2020
7- August 3rd-7th	July 29th, 2020
8- August 10th-14th	August 5th, 2020
9- August 17th-21st	August 12th, 2020

### **PARTICIPANTS NOT ENROLLED IN CAMP**

There is a one-time \$20 registration fee for each child.

You may sign up by Thursday, the week prior to camp, *with all paperwork in hand* up to **12PM** with no additional fees

If you sign up Thursday after 12pm or Friday, the earliest start date will be Tuesday and they must pay for the full week.

If you sign up Monday during the current camp week you may not start camp until Wednesday and you must pay for a 3 day week.

### **PARTICIPANTS ALREADY ENROLLED IN CAMP**

You may sign up by Friday (prior) by **12PM** with no additional fees

If you sign up Friday (prior) between **12-4PM** there is a \$15 surcharge

If you sign up Monday during the current camp week there will be a \$25 surcharge (regardless if it's a 3 day option)

**CREDIT/DEBIT CARD**    VISA    Master Card    Discover    American Express

Name on Card: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Credit/Debit Card Number \_\_\_\_\_ Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Billing Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**CHECKING/SAVINGS ACCOUNT**    Checking    Savings

Name on Account: \_\_\_\_\_ Account Holder Signature: \_\_\_\_\_

Routing Number: \_\_\_\_\_ Account Number: \_\_\_\_\_

### **Automatic Payments**

All camp balances will be set up to auto-draft using the method of payment listed above on the due date noted.

### **Pay in Full**

I have paid my balance in full at registration and understand the refund policies outlined above.

By signing, I agree to the Refund Policy, to the Late Registration Fee Policy, and to the Automatic Payment Terms above:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# RELEASE/WAIVER OF LIABILITY/IDEMNITY

REQUIRED FORM

## photo/talent release agreement

Each family participating in YMCA programs or camps must have a waiver of liability on file with the office prior to arrival at camp. If your family has more than one child attending camp, one Waiver of Liability Form will suffice.

**IN CONSIDERATION** of being permitted to utilize the facilities, services and programs of the YMCA for any purpose, including, but not limited to observation or use of facilities, or equipment, or participation in any off-site program affiliated with the YMCA, the undersigned, for himself or herself, or on behalf of a minor child under age 18, and for any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, inspected and carefully considered, or will immediately upon entering and/or participating, inspect and carefully consider, such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA constitutes an acknowledgement that that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, **THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING ON HIS OR HER BEHALF AND/OR BEHALF OF HIS/HER CHILDREN OR GUESTS** (herein referred to as "the undersigned"):

- MEMBER CONDUCT** I agree to abide by all rules and regulations of the YMCA of Metropolitan Hartford (hereafter "YMCA"), and I understand that failure to act in accordance with the rules may result in expulsion from the YMCA and cancellation of membership.
- INSURANCE** I understand that the YMCA does not provide any accident or health insurance for its members or participants and it is my responsibility to provide such coverage.
- PROPERTY LOSS** I understand that the YMCA is not responsible for personal property lost, damaged or stolen while using YMCA facilities or participating in YMCA programs.
- ASSUME FULL RESPONSIBILITY** I hereby assume full responsibility for and risk of bodily injury, death or property damage while in about or upon the premises of the YMCA and/or while using the premises, or any facilities or equipment thereon or participating in any program affiliated with the YMCA.
- PHOTO/TALENT RELEASE** I hereby irrevocably release, consent and allow the YMCA and its agents to use my photograph, likeness, voice, as it pertains to my participation with the YMCA, in any manner for promotional efforts without expectation of any reimbursement for its use. *(My initials here revoke photo/talent release \_\_\_\_\_). Pictures are used to show you what they are doing!*
- RELEASEE, WAIVE, DISCHARGES** I hereby release, waive, discharge and covenant not to sue the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releases") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or damages, and any claim or demands therefore on account of injury to the person or loss of property while the undersigned is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA.
- INDEMNIFY AND SAVE AND HOLD HARMLESS** I hereby agree to indemnify and save and hold harmless the releases from any loss, liability, damage or cost they may incur due to the presence of the undersigned in, upon or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA.
- MEDICAL RELEASE** I authorize the YMCA, as my agent, to give consent to medical treatment by a licensed physician or hospital when such treatment is deemed necessary by the physician, and I am unable to give such consent. I authorize a qualified YMCA staff member to administer CPR or first aid if necessary. I understand that it may be necessary for me to provide a release form from my physician regarding my current health status.
- FIELD TRIP RELEASE:** I authorize the YMCA to take my camper on field trips.

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of Connecticut and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AND PHOTO/TALENT RELEASE AGREEMENT, and further agrees that no oral representations, statement or inducement apart from the foregoing written agreement have been made. I HAVE READ THIS RELEASE

Printed Name of Camper: \_\_\_\_\_

Signature of Participant or Parent/Guardian: \_\_\_\_\_



# SUNSCREEN APPLICATION authorization form

Connecticut Department of Public Health regulations require us to have written parental permission in order for YMCA Staff members to assist children in reapplying sunscreen throughout the day. Please complete the enclosed form and return to the office if your child will need our assistance. Campers must label and supply their own sunscreen.

Camper's Name: \_\_\_\_\_

Your camper will be spending a lot of the time at camp running around in the sun. It is imperative that the children reapply sunscreen throughout the day. The sunscreen is always a concern for us. We want you to know that we are committed to making sure your child is safe from the sun. We strongly encourage you to your camper with **SPRAY ON SUNSCREEN**. We will assist all campers when reapplying sunscreen and educate them on remembering to do it as well. If sun exposure is ever a problem please notify a director immediately so that the extra precautions can be made.

I  I give permission to apply sunscreen  
 give permis-  I do not give permission to apply  
 assist my child in ap- sunscreen  
 sion to designated  
 YMCA staff to plying sunscreen  
 throughout the camp day. I understand that it is my responsibility to provide sunscreen for my child each day and to apply  
 sunscreen prior to their arrival at camp. Furthermore, I will assist the staff in educating my child in the importance of applying  
 and reapplying sunscreen throughout the day.

Name of parent/ Guardian (please print): \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

Comments/Notes: \_\_\_\_\_

Reviewed by:

Name of staff (print): \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Staff: \_\_\_\_\_



fill out if your child is attending camp



State of Connecticut Department of Education
Health Assessment Record



To Parent or Guardian:

In order to provide the best educational experience, school personnel must understand your child's health needs. This form requests information from you (Part I) which will also be helpful to the health care provider when he or she completes the medical evaluation (Part II).

State law requires complete primary immunizations and a health assessment by a legally qualified practitioner of medicine, an advanced practice registered nurse or registered nurse, a physician assistant or the school medical advisor prior to school entrance in Connecticut (C.G.S. Secs. 10-204a and 10-206). An immunization update and additional health assessments are required in the 6th or 7th grade and in the 9th or 10th grade. Specific grade level will be determined by the local board of education. This form may also be used for health assessments required every year for students participating on sports teams.

Please print

Form with fields for Student Name, Birth Date, Address, Parent/Guardian Name, Home Phone, Cell Phone, School/Grade, Race/Ethnicity, Primary Care Provider, Health Insurance, and dental/health insurance questions.

\* If applicable

Part I — To be completed by parent/guardian.

Please answer these health history questions about your child before the physical examination.

Please circle Y if "yes" or N if "no." Explain all "yes" answers in the space provided below.

Table with 4 columns of health history questions and Y/N response options, including categories like Allergies, Injuries, Hospitalization, Concussion, Family History, etc.

Please explain all "yes" answers here. For illnesses/injuries/etc., include the year and/or your child's age at the time.

Is there anything you want to discuss with the school nurse? Y N If yes, explain:

Please list any medications your child will need to take in school:

All medications taken in school require a separate Medication Authorization Form signed by a health care provider and parent/guardian.

I give permission for release and exchange of information on this form between the school nurse and health care provider for confidential use in meeting my child's health and educational needs in school. Signature of Parent/Guardian Date



# ALL AGES HEALTH ASSESSMENT

## fill out if your child is attending camp

**REQUIRED FORM**

### Part II — Medical Evaluation

HAR-3 REV. 4/2010

**Health Care Provider must complete and sign the medical evaluation and physical examination**

Student Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Date of Exam \_\_\_\_\_

I have reviewed the health history information provided in Part I of this form

#### Physical Exam

**Note:** \*Mandated Screening/Test to be completed by provider under Connecticut State Law

\*Height \_\_\_\_\_ in. / \_\_\_\_\_ % \*Weight \_\_\_\_\_ lbs. / \_\_\_\_\_ % BMI \_\_\_\_\_ / \_\_\_\_\_ % Pulse \_\_\_\_\_ \*Blood Pressure \_\_\_\_\_ / \_\_\_\_\_

	Normal	Describe Abnormal	Ortho	Normal	Describe Abnormal
Neurologic			Neck		
HEENT			Shoulders		
*Gross Dental			Arms/Hands		
Lymphatic			Hips		
Heart			Knees		
Lungs			Feet/Ankles		
Abdomen			*Postural <input type="checkbox"/> No spinal abnormality <input type="checkbox"/> Spine abnormality: <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Marked <input type="checkbox"/> Referral made		
Genitalia/ hernia					
Skin					

#### Screenings

*Vision Screening			*Auditory Screening			Lead:	Date
Type:	Right	Left	Type:	Right	Left		
With glasses	20/	20/	<input type="checkbox"/> Pass	<input type="checkbox"/> Pass	<input type="checkbox"/> Fail	<input type="checkbox"/> Fail	
Without glasses	20/	20/	<input type="checkbox"/> Fail	<input type="checkbox"/> Fail	<input type="checkbox"/> Fail	<input type="checkbox"/> Fail	
<input type="checkbox"/> Referral made			<input type="checkbox"/> Referral made			*HCT/HGB:	
						Other:	

TB: High-risk group?  No  Yes PPD date read: \_\_\_\_\_ Results: \_\_\_\_\_ Treatment: \_\_\_\_\_

#### \*IMMUNIZATIONS

Up to Date or  Catch-up Schedule: **MUST HAVE IMMUNIZATION RECORD ATTACHED**

#### \*Chronic Disease Assessment:

**Asthma**  No  Yes:  Intermittent  Mild Persistent  Moderate Persistent  Severe Persistent  Exercise induced  
*If yes, please provide a copy of the Asthma Action Plan to School*

**Anaphylaxis**  No  Yes:  Food  Insects  Latex  Unknown source

**Allergies** *If yes, please provide a copy of the Emergency Allergy Plan to School*  
 History of Anaphylaxis  No  Yes Epi Pen required  No  Yes

**Diabetes**  No  Yes:  Type I  Type II **Other Chronic Disease:**

**Seizures**  No  Yes, type: \_\_\_\_\_

This student has a developmental, emotional, behavioral or psychiatric condition that may affect his or her educational experience.  
 Explain: \_\_\_\_\_

Daily Medications (specify): \_\_\_\_\_

This student may:  participate fully in the school program  
 participate in the school program with the following restriction/adaptation: \_\_\_\_\_

This student may:  participate fully in athletic activities and competitive sports  
 participate in athletic activities and competitive sports with the following restriction/adaptation: \_\_\_\_\_

Yes  No Based on this comprehensive health history and physical examination, this student has maintained his/her level of wellness.  
 Is this the student's medical home?  Yes  No  I would like to discuss information in this report with the school nurse.

Signature of health care provider	MD / DO / APRN / PA	Date Signed	Printed/Stamped <b>Provider</b> Name and Phone Number
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fill out if your child is attending camp

HAR-3 REV. 4/2010

Immunization Record

To the Health Care Provider: Please complete and initial below.

Vaccine (Month/Day/Year) Note: \*Minimum requirements prior to school enrollment. At subsequent exams, note booster shots only.

Table with 7 columns: Vaccine, Dose 1, Dose 2, Dose 3, Dose 4, Dose 5, Dose 6. Rows include DTP/DtAP, DT/Td, Tdap, IPV/OPV, MMR, Measles, Mumps, Rubella, HIB, Hep A, Hep B, Varicella, PCV, Meningococcal, HPV, Flu, Other.

Disease Hx of above (Specify) (Date) (Confirmed by)

Exemption

Religious Medical: Permanent Temporary Date Recertify Date Recertify Date Recertify Date

Immunization Requirements for Newly Enrolled Students at Connecticut Schools

KINDERGARTEN DTaP: At least 4 doses. The last dose must be given on or after 4th birthday Polio: At least 3 doses. The last dose must be given on or after 4th birthday MMR: 1 dose on or after the 1st birthday Measles: Second dose of measles vaccine (or MMR), given at least 4 weeks after the first dose Hib: Children less than 5 yrs of age need 1 dose at 12 months or older Children 5 and older do not need proof of Hib vaccination Hep B: 3 doses Varicella: 1 dose on or after the 1st birthday or verification of disease

GRADES 1-6 DTaP/Td/Tdap: At least 4 doses. The last dose must be given on or after 4th birthday Students who start the series at age 7 or older only need a total of 3 doses Polio: At least 3 doses. The last dose must be given on or after 4th birthday MMR: 1 dose on or after the 1st birthday Measles: Second dose of measles vaccine (or MMR), given at least 4 weeks after the first dose Hep B: 3 doses Varicella: 1 dose on or after the 1st birthday or verification of disease

GRADES 7-12 Td/Tdap: At least 3 doses. The last dose must be given on or after 4th birthday. Students who start the series at age 7 or older only need a total of 3 doses Polio: At least 3 doses. The last dose must be given on or after 4th birthday MMR: 1 dose on or after the 1st birthday Measles: Second dose of measles vaccine (or MMR), given at least 4 weeks after the first dose Hep B: 3 doses Varicella: 1 dose on or after first birthday or verification of disease: VARICELLA VACCINE: For students <13 years of age, 1 dose given on or after the 1st birthday. For students 13 years of age or older, 2 doses given at least 4 weeks apart VERIFICATION OF DISEASE: Confirmation in writing by a MD, PA, or APRN that the child has a previous history of disease, based on family or medical history

Initial/Signature of health care provider MD / DO / APRN / PA Date Signed Printed/Stamped Provider Name and Phone Number



# ASHTMA CARE PLAN

## does your child have asthma?

CHECK ONE: If "yes" form must be signed by physician  
If "no" only parent must sign

REQUIRED FORM

YES

NO

Camper's Name: \_\_\_\_\_ Birthday: \_\_\_\_\_

### Typical signs and symptoms of the child's asthma episodes (check all that apply):

- fatigue
- flaring nostrils, mouth opens (panting)
- dark circles under eyes
- gray or blue lips or fingernails
- persistent cough
- difficulty playing, eating, drinking, talking
- wheezing
- restlessness/agitation
- red face/pale or swollen
- grunting
- sucking in chest/neck
- complains of chest pains/tightness
- breathing faster
- other: \_\_\_\_\_

### Steps to take during an asthma episode:

#### 1. Give medications as listed below:

Name of Medication	Amount	When to use
1.		
2.		
3.		
4.		

#### Medication Requirements: (check one)

- \_\_\_\_\_ No medication required while attending Camp. Physician initials required: \_\_\_\_\_
- \_\_\_\_\_ Medication required at camp (Bring original prescription to first day of camp, label clearly showing camper's name, birthday, and expiration date)

\*\*Special Instructions \_\_\_\_\_

#### 2. Observe for decreased symptoms

#### 3. Contact Parent/Guardian if emergency medication is required

#### 4. Call 911 if:

- After receiving treatment, you observe the child:
- Is working hard to breathe or
  - grunting
  - Is breathing fast at rest (>50/min)
  - Has trouble walking or talking
  - Has nostrils open wider than usual
  - Is extremely agitated or sleepy
  - Has sucking in of the skin (chest/neck) with breathing
  - Won't play
  - Has gray or blue lips/finger nails
  - Cries more softly and briefly
  - Is hunched over to breathe

Physician's name: \_\_\_\_\_

Physician's signature: \_\_\_\_\_

Phone number: (\_\_\_\_) - \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Camp Director: \_\_\_\_\_ Date: \_\_\_\_\_



# ALLERGY CARE PLAN

REQUIRED FORM

## does your child have any allergy?

CHECK ONE: If "yes" form must be signed by physician  
If "no" only parent must sign

<input type="checkbox"/>	YES
<input type="checkbox"/>	NO

**Campers Name:** \_\_\_\_\_ **Birth Date:** \_\_\_\_\_

**Camper is Allergic to:** \_\_\_\_\_

### Steps to take during an allergy episode:

#### 1. SIGNS OF AN ALLERGIC REACTION: (please check the following)

- Mouth/Throat:** itching & swelling of tongue, mouth, throat, throat tightness, hoarseness or cough
- Skin:** hives, itchy rash, or swelling
- Gut:** nausea, abdominal cramps, vomiting, diarrhea
- Lung:** shortness of breath, coughing, wheezing
- Heart:** pulse is hard to detect, "passing out"

#### ACTION FOR MINOR REACTION:

If only symptom (s) are: \_\_\_\_\_, give \_\_\_\_\_

Then call: Parent/Guardian \_\_\_\_\_

Phone# \_\_\_\_\_

#### Action Steps for Major Reaction:

1. If symptom (s) are: \_\_\_\_\_
2. Give \_\_\_\_\_
3. Call 911
4. Call Parent/Guardian: \_\_\_\_\_ Phone#: \_\_\_\_\_
5. If Parent/ Guardian are unreachable, contact Emergency Contacts

#### Medication Requirements: (check one)

1. \_\_\_\_\_ No medication required while attending Camp. Physician initials required: \_\_\_\_\_
2. \_\_\_\_\_ Medication required at camp (Bring original prescription to first day of camp, label clearly showing camper's name, birthday, and expiration date)

**Physician's Name:** \_\_\_\_\_

**Physician's Signature:** \_\_\_\_\_

**Phone number:** (\_\_\_\_) - \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Camp Director: _____	Date: _____
First- Aid Director: _____	Date: _____



# GENERAL INDIVIDUAL CARE PLAN

REQUIRED FORM

will your child take **any** meds at camp?

CHECK ONE: If "yes" form must be signed by physician

If "no" only parent must sign

<input type="checkbox"/>	YES
<input type="checkbox"/>	NO

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

**Emergency Phone Numbers:** Mother \_\_\_\_\_ Father \_\_\_\_\_

\*\*\*\*\*See emergency contact information for alternate contacts if parents are unavailable

Primary Health provider's name: \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Specialist's name & field \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Specialist's name & field: \_\_\_\_\_

Emergency Phone \_\_\_\_\_

**Diagnosis/Medical History: (please be specific)**

**Daily Medications:**

**As Needed Medications:**

**Minor Symptoms:**

**If you see these symptoms DO THIS:**

**Major Symptoms:**

**If you see these symptoms DO THIS:**

**Physician's Name:** \_\_\_\_\_

**Physician's Signature:** \_\_\_\_\_

**Phone number:** (\_\_\_\_) - \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



# MEDICATION AUTHORIZATION

## will your child take **any** meds at camp?

CHECK ONE: If "yes" form must be signed by physician

If "no" only parent must sign

**REQUIRED FORM**

<input type="checkbox"/>	YES
<input type="checkbox"/>	

### Authorization for the Administration of Medication by School, Child Care, and Youth Camp Personnel

In Connecticut schools, licensed Child Day Care Centers and Group Day Care Homes, licensed Family Day Care Homes, and licensed Youth Camps administering medications to children shall comply with all requirements regarding the Administration of Medications described in the State Statutes and Regulations. Parents/guardians requesting medication administration to their child shall provide the program with appropriate written authorization(s) and the medication before any medications are administered. Medications must be in the original container and labeled with child's name, name of medication, directions for medication's administration, and date of the prescription.

#### Authorized Prescriber's Order (Physician, Dentist, Optometrist, Physician Assistant, Advanced Practice Registered Nurse or Podiatrist):

Name of Child/Student \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Today's Date \_\_\_/\_\_\_/\_\_\_

Address of Child/Student \_\_\_\_\_ Town \_\_\_\_\_

Medication Name/Generic Name of Drug \_\_\_\_\_ Controlled Drug?  YES  NO

Condition for which drug is being administered: \_\_\_\_\_

Specific Instructions for Medication Administration \_\_\_\_\_

Dosage \_\_\_\_\_ Method/Route \_\_\_\_\_

Time of Administration \_\_\_\_\_ If PRN, frequency \_\_\_\_\_

Medication shall be administered: Start Date: \_\_\_/\_\_\_/\_\_\_ End Date: \_\_\_/\_\_\_/\_\_\_

Relevant Side Effects of Medication \_\_\_\_\_  None Expected

Explain any allergies, reaction to/negative interaction with food or drugs \_\_\_\_\_

Plan of Management for Side Effects \_\_\_\_\_

Prescriber's Name/Title \_\_\_\_\_ Phone Number (\_\_\_\_) \_\_\_\_\_

Prescriber's Address \_\_\_\_\_ Town \_\_\_\_\_

Prescriber's Signature \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_

School Nurse Signature (if applicable) \_\_\_\_\_

#### Parent/Guardian Authorization:

I request that medication be administered to my child/student as described and directed above

I hereby request that the above ordered medication be administered by school, child care and youth camp personnel and I give permission for the exchange of information between the prescriber and the school nurse, child care nurse or camp nurse necessary to ensure the safe administration of this medication. I understand that I must supply the school with no more than a three (3) month supply of medication (school only.)

I have administered at least one dose of the medication with the exception of emergency medications to my child/student without adverse effects. (For child care only)

Parent/Guardian Signature \_\_\_\_\_ Relationship \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_

Parent /Guardian's Address \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_

Home Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

### SELF ADMINISTRATION OF MEDICATION AUTHORIZATION/APPROVAL

Self-administration of medication may be authorized by the prescriber and parent/guardian and must be approved by the school nurse (if applicable) in accordance with board policy. In a school, inhalers for asthma and cartridge injectors for medically-diagnosed allergies, students may self-administer medication with only the written authorization of an authorized prescriber and written authorization from a student's parent or guardian or eligible student.

Prescriber's authorization for self-administration:  YES  NO \_\_\_\_\_  
Signature Date

Parent/Guardian authorization for self-administration:  YES  NO \_\_\_\_\_  
Signature Date

School nurse, if applicable, approval for self-administration:  YES  NO \_\_\_\_\_  
Signature Date

Today's Date \_\_\_\_\_ Printed Name of Individual Receiving Written Authorization and Medication \_\_\_\_\_

Title/Position \_\_\_\_\_ Signature (in ink or electronic) \_\_\_\_\_

**Note:** This form is in compliance with Section 10-212a, Section 19a-79-9a, 19a-87b-17 and 19-13-B27a(v.)



THANK YOU FOR CHOOSING  
THE WEST HARTFORD Y!

**We know it takes a lot of paperwork to ensure the safety of your children during summer camp, but thanks for sticking with it.**

**CONGRATS!**

*you've completed the registration packet!*

**We can't wait to see you at Camp!**

**Remember to make sure to submit this packet.**

If at any time you'd like to speak with us, or if you need any information, please contact our main office at (860) 521-5830 or email **[thomas.faeth@ghymca.org](mailto:thomas.faeth@ghymca.org)**.