



FARMINGTON VALLEY YMCA CLIMBING WALL SCHEDULE-1.14.20

Effective:
January 6- April 5, 2020

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

860 653 5524

www.farmingtonvalleyYMCA.org

WINTER

2020

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|--|---|---|---|
| CLOSED 5:00AM-4:00PM | CLOSED 5:00AM-4:00PM | CLOSED 5:00AM-4:00PM | CLOSED 5:00AM-4:00PM | CLOSED 5:00AM-4:00PM | CLOSED 7:00AM-9:00AM | CLOSED 7:00AM-12:00PM |
| KID CLIMBERS 4:00PM-5:00PM Gr. 1-4 | CHILDCARE CLIMBING 4:00PM-5:00PM | OPEN CLIMB 4:00PM-5:00PM | OPEN CLIMB 4:00PM-5:00PM | PRESCHOOL ROCKERS 4:00-5:00PM Ages 4-6 | KID CLIMBERS 9:00AM-10:00AM Gr. 1-4 | PARTY RENTALS 12:00PM-4:00PM OPEN CLIMB IF NO RENTALS |
| PUMAS /ELITE 5:00PM-6:30PM | PRESCHOOL ROCKERS 5:00PM-6:00PM Ages 4-6 | PANTHERS/ INT & ADV 5:00PM-6:30PM | KID CLIMBERS 5:00PM-6:00PM Gr. 1-4 | OPEN CLIMB 5:00PM-7:00 PM | CLIFFHANGERS 10:00AM-11:00AM Gr. 5-8 | CLOSED 4:00-6:00PM |
| PANTHERS/ INT & ADV 6:30PM-8:00PM | OPEN CLIMB 6:00PM-8:00PM | PUMAS - ELITE 6:30PM-8:00PM | * BELAY ORIENTATION 6:00-7:00PM * run first three Thursdays | CLOSED 7:00PM-8:00 PM | OPEN CLIMB 11:00AM-1:00PM | |
| CLOSED 8:00PM-9:00 PM | CLOSED 8:00PM-9:00PM | CLOSED 8:00PM-9:00 PM | * ADULT OPEN CLIMB 7:00PM-8:00PM Ages 18 + | | OPEN CLIMB 1:00-4:30PM | |
| | | | CLOSED 8:00PM-9:00PM | | OPEN CLIMB IF NO RENTALS CLOSED 4:30-7:00PM | |
| | | | * HEADLIGHT CLIMBING (ages 4+) 6:00-8:00PM 4th Thursday of month 1,23, 2,20, 3,26, 4,23, 5,28, 9,24 & 10,22 Free- Members \$10 Non-Members Register at Welcome Desk | | | |

IMPORTANT INFORMATION

During open climb, any member or guest may use the climbing wall. **The minimum age to participate in open climb is 4.** All children younger than 12 must have an adult (18+) with them at all times. The minimum age to belay is 12. All individuals must be trained through a YMCA orientation. Trained belayers are kept on record. All equipment used must be the property of the YMCA. Personal harnesses are permitted *only after* staff inspection. Climbing shoes or closed-toe athletic shoes must be worn. Posted climbing commands must be used at all times. No food or drinks are permitted in the climbing wall.

IMPORTANT CLOSURE DATES

Saturday, March 21st- Climbing Competition

ROCK CLIMBING CLASSES

Parent & Child Class (Ages 4+)

Parents and children have fun together, learn together and spend quality time together in a supportive atmosphere.

Preschool Rockers Class (Ages 4-6)

For our fearless youngsters! Students must be able to take a follow directions independently to participate in class.

Kid Climbers Class (Grades 1-4)

Kids learn climbing safety, skill and confidence!

Cliffhangers Class (Grades 5-8)

Teens have an opportunity to progress in climbing level throughout multiple sessions with opportunities for progression in each session. Levels are based on climbing skill, knowledge of safe climbing practices and leadership within class.

Belay Orientation

A chance for members to learn how to live belay. Offered the first three Thursdays of the month. Register at the welcome desk.

MOUNTAIN LIONS CLIMBING TEAM

Mountain Lions Climbing Team (Ages 5+): Kids and teens now have the opportunity to try climbing in a more challenging atmosphere! Practices are twice a week and competitions are held frequently.

For more information about the Mountain Lions Climbing Team or to sign up, contact Sr. Program Director Marissa.Casarella@ghymca.org