

Wheeler YMCA Family Activities–January

Updated 12/23/19

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3 Swim with the Ducks 6:30-7:30pm Multi Pool Middle School Night 6-8pm \$	4
5 Family Game Time 10-11am Gymnasium	6	7 FAMILY CLIMB 7-8pm Rock Wall **	8 Parent/Child Yoga 10-10:30am Wheeler Room **	9	10 Middle School Night 6-8pm \$	11 Kids Night Out 5-9pm \$ **
12 Family Game Time 10-11am Gymnasium	13	14	15 Parent/Child Yoga 10-10:30am Wheeler Room **	16	17 Middle School Night 6-8pm \$	18 Family Craft 1:30-2:30pm Rudy Room
19 Family Game Time 10-11am Gymnasium	20	21	22 Parent/Child Yoga 10-10:30am Wheeler Room **	23	24 Middle School Night 6-8pm \$	25 Kids Night Out 5-9pm \$ **
26 Family Game Time 10-11am Gymnasium	27	28 FAMILY CLIMB 7-8pm Rock Wall **	29 Parent/Child Yoga 10-10:30am Wheeler Room **	30	31 Middle School Night 6-8pm \$	



All free activities are for those with FAMILY MEMBERSHIPS at the Wheeler YMCA or YMCA of Greater Hartford.

See back for more details, ages, and prices.

Key:

\$- Additional Fee
**- Registration Required

At the Y we are always looking to create opportunities for families to spend time together and opportunities to make life easier! Check out our selection of family and kid friendly activities here at the Y! Stay tuned each month for an updated calendar!

FAMILY GAME TIME:

Parents/guardians with kids ages 6-9

Join a staff member in the gymnasium to play organized sports and games including but not limited to gym games, sports mix, handball, soccer, and more!

*Amazing Kids/Childwatch is open during this time if you have a little one too young for sports.

FAMILY SWIM:

Parents/guardians with any age child

Once per month, come for a festive and fun night in the multipurpose pool with different themes and activities!

FAMILY CLIMB:

Parents/guardians with kids ages 4+

Registration required at the Welcome Center due to limited capacity. Themed family climb in the rock wall with fun games and activities.

FAMILY CRAFT:

Parents/guardians with any age child

Join a staff in the Rudy Room to do a themed craft to take home!

PARENT/CHILD YOGA:

Parents/guardians with kids ages 18 months-3years

Free for Family Memberships; \$69 for nonmembers; \$53 for adult members and their nonmember child

Registration required. Learn to practice yoga and mindfulness with your little one, leading by example and encouraging them to take a breath, slow down, smile, observe, and wonder. Parents or caretakers will participate in the class along side the child they accompany. No yoga experience necessary!

MIDDLE SCHOOL NIGHT:

Grades 6-8

\$3 for members; \$6 for nonmembers

Middle schoolers from all towns are welcome! Looking for a safe, fun activity for your middle schooler? Middle School Night has snacks, activities, music, dancing, sports and more!

KIDS NIGHT OUT:

Ages 3+

\$33 for the first child; \$12 per additional sibling

Registration required. Drop the kids with us so you can have a date night, night with your friends, or a night to yourself!

We'll keep the kids entertained with activities, crafts, a movie and pizza dinner.

WHEELER REGIONAL FAMILY YMCA

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