

JANUARY 2020- EHHS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 No practice New Year's Day	2 Regular Practice 4:50-6:30 pm	3 Regular Practice 4:50-6:30 pm	4
5	6 No Practice Three King's Day EH Public Schools Closed	7 Meet Practice 5:00-6:30 pm	8 Dryland 4:30 Meet Practice 5:00-6:30 pm	9 Regular Practice 4:50-6:30 pm	10 Dryland 4:30 Meet Practice 5:00-6:30 pm	11 7:45-9:45 am @Farmington Valley Y
12	13 Regular Practice 4:50-6:30 pm	14 Regular Practice 4:50-6:30 pm	15 Dryland 4:30 Meet Practice 5:00-6:30 pm	16 Regular Practice 4:50-6:30 pm	17 Dryland 4:30 Meet Practice 5:00-6:30 pm	18
19 12:00-2:00 pm Farmington Valley Y *MIT cuts and above	20 No Practice MLK Day LEHY Bowling Party Bowl a Rama Newington	21 2 Hour Practice 4:30-6:30 pm	22 2 Hour Practice 4:30-6:30 pm	23 2 Hour Practice 4:30-6:30 pm	24 2 Hour Practice 4:30-6:30 pm	25
26	27 2 Hour Practice 4:30-6:30 pm	28 Meet Practice 5:00-6:30 pm	29 Dryland 4:30 Meet Practice 5:00-6:30 pm	30 Regular Practice 4:50-6:30 pm	31 Dryland 4:30 Meet Practice 5:00-6:30 pm	1

FEBRUARY 2020- EHHS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 1:00-3:00 pm Farmington Valley Y <small>*MIT cut and above</small>
2	3 Dryland 4:30 Meet Practice 5:00-6:30 pm	4 Regular Practice 4:50-6:30 pm	5 Meet Practice 5:00-6:30 pm	6 Dryland 4:30 Meet Practice 5:00-6:30 pm	7 Meet Practice 5:00-6:30 pm	8
9	10 Regular Practice 4:50-6:30 pm	11 Dryland 4:30 Meet Practice 5:00-6:30 pm	12 Regular Practice 4:50-6:30 pm	13 Dryland 4:30 Meet Practice 5:00-6:30 pm	14 Regular Practice 4:50-6:30 pm	15
16 12:00-2:00 pm Farmington Valley Y <small>*Swimmers attending CT Senior Champs</small>	17 No Practice President's Day	18 Regular Practice 4:50-6:30 pm	19 Dryland 4:30 Meet Practice 5:00-6:30 pm	20 Regular Practice 4:50-6:30 pm	21 Meet Practice 5:00-6:30 pm	22
23	24 Regular Practice 4:50-6:30 pm	25 Dryland 4:30 Meet Practice 5:00-6:30 pm	26 Regular Practice 4:50-6:30 pm	27 Dryland 4:30 Meet Practice 5:00-6:30 pm	28 Practice at EHMS 4:30-6:30 pm <small>For swimmers not swimming Regionals</small>	29 TBA

MARCH 2020- EHHS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Regular Practice 4:50-6:30 pm	3 Regular Practice 4:50-6:30 pm	4 Regular Practice 4:50-6:30 pm	5 2 Hour Practice 4:30-6:30 pm	6 2 Hour Practice 4:30-6:30 pm	7
8	9 2 Hour Practice 4:30-6:30 pm	10 2 Hour Practice 4:30-6:30 pm	11 2 Hour Practice 4:30-6:30 pm	12 2 Hour Practice 4:30-6:30 pm	13 2 Hour Practice 4:30-6:30 pm	14
15	16 National- 4:30-6:30 pm All Star- 4:30-5:45 pm	17 National- 4:30-6:30 pm All Star- 4:30-5:45 pm	18 National- 4:30-6:30 pm All Star- 4:30-5:45 pm	19 National- 4:30-6:30 pm All Star- 4:30-5:45 pm	20 National- 4:30-6:30 pm All Star- 4:30-5:45 pm	21 National Team TBA
22 National Team TBA	23 National- 4:30-6:30 pm All welcome to continue practicing	24 National- 4:30-6:30 pm All welcome to continue practicing	25 National- 4:30-6:30 pm All welcome to continue practicing	26 National- 4:30-6:30 pm All welcome to continue practicing	27 National- 4:30-6:30 pm All welcome to continue practicing	28 National Team TBA
29	30 TBA if needed National Team only	31	1	2	3	4