

## September 2019- EHHS Practice Schedule

| Sunday | Monday  | Tuesday  | Wednesday  | Thursday                               | Friday  | Saturday |
|--------|---|--|--|--|---|----------|
| 1      | 2   | 3  | 4<br>LEHY Evaluation                                   | 5<br>LEHY Evaluation                   | 6   | 7        |
| 8      | 9<br>Regular Practice<br>4:50-6:30 pm   | 10<br>Regular Practice<br>4:50-6:30 pm                 | 11<br>Regular Practice<br>4:50-6:30 pm                 | 12<br>Regular Practice<br>4:50-6:30 pm | 13<br>Regular Practice<br>4:50-6:30 pm                          | 14       |
| 15     | 16<br>Regular Practice<br>4:50-6:30 pm  | 17<br>2 hour practice<br>4:30-6:30 pm                  | 18<br>Regular Practice<br>4:50-6:30 pm                 | 19<br>Regular Practice<br>4:50-6:30 pm | 20<br>Meet Practice<br>5:00-6:30 pm                             | 21       |
| 22     | 23<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm   | 24<br>Dryland 4:30 pm<br>Meet Practice<br>5:00-6:30 pm | 25 <b>#suit up</b><br>Regular Practice<br>4:50-6:30 pm | 26<br>Regular Practice<br>4:50-6:30 pm | 27 <b>##LEHY Pizza Party</b><br>2 hour practice<br>4:30-6:30 pm | 28       |
| 29     | 30<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm   |  |  |  |   |          |
|        | <p><b>#suit up- Wednesday, September 25<sup>th</sup>- LEHY team suits and apparel will be available through Metro Swim Shop. 4:30-6:00 pm at East Hartford Middle School.</b></p> <p><b>##LEHY Pizza Party- Friday, September 27<sup>th</sup>- LEHY Annual Pizza Party and Informational Meeting. 6:45-8:00 pm at the East Hartford YMCA (770 Main St, East Hartford). Come share dinner and hear all about our LEHY program and family responsibilities.</b></p> |  |  |  |   |          |

## October 2019- EHHS Practice Schedule

| Sunday | Monday  | Tuesday  | Wednesday   | Thursday                               | Friday  | Saturday |
|--------|---|--|---|--|---|----------|
|        |   | 1<br>Meet Practice<br>5:00-6:30 pm                     | 2<br>Regular Practice<br>4:50-6:30 pm                     | 3<br>Regular Practice<br>4:50-6:30 pm  | 4<br>Dryland 4:30 pm<br>Meet Practice<br>5:00-6:30 pm     | 5        |
| 6      | 7<br>Dryland 4:30 pm<br>Meet Practice<br>5:00-6:30 pm     | 8<br>Regular Practice<br>4:50-6:30 pm                  | 9<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm  | 10<br>2 hour practice<br>4:30-6:30 pm  | 11<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 12       |
| 13     | 14<br>No School<br>Columbus Day                           | 15<br>Meet Practice<br>5:00-6:30 pm                    | 16<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 17<br>Regular Practice<br>4:50-6:30 pm | 18<br>Dryland 4:30 pm<br>Meet Practice<br>5:00-6:30 pm    | 19       |
| 20     | 21<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 22<br>2 hour practice<br>4:30-6:30 pm                  | 23<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 24<br>Regular Practice<br>4:50-6:30 pm | 25<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 26       |
| 27     | 28<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 29<br>Dryland 4:30 pm<br>Meet Practice<br>5:00-6:30 pm | 30<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 31<br>Regular Practice<br>4:50-6:30 pm |   |          |
|        |   |  |   |  |   |          |

# November 2019- EHHS Practice Schedule

| Sunday | Monday                                | Tuesday                               | Wednesday                                  | Thursday                                 | Friday                                | Saturday  |
|--------|---------------------------------------|---------------------------------------|--|--|---------------------------------------|-----------|
|        |                                       |                                       |  |  | 1<br>2 hour practice<br>4:30-6:30 pm  | 2         |
| 3      | 4<br>2 hour practice<br>4:30-6:30 pm  | 5<br>2 hour practice<br>4:30-6:30 pm  | 6<br>2 hour practice<br>4:30-6:30 pm       | 7<br>2 hour practice<br>4:30-6:30 pm     | 8<br>2 hour practice<br>4:30-6:30 pm  | 9         |
| 10     | 11<br>No Practice<br>Veteran's Day    | 12<br>2 hour practice<br>4:30-6:30 pm | 13<br>2 hour practice<br>4:30-6:30 pm      | 14<br>2 hour practice<br>4:30-6:30 pm    | 15<br>2 hour practice<br>4:30-6:30 pm | 16        |
| 17     | 18<br>2 hour practice<br>4:30-6:30 pm | 19<br>2 hour practice<br>4:30-6:30 pm | 20<br>2 hour practice<br>4:30-6:30 pm      | 21<br>2 hour practice<br>4:30-6:30 pm    | 22<br>2 hour practice<br>4:30-6:30 pm | 23        |
| 24     | 25<br>2 hour practice<br>4:30-6:30 pm | 26<br>2 hour practice<br>4:30-6:30 pm | 27<br>2.5 hour<br>practice<br>4:00-6:30 pm | 28<br>No Practice<br>Thanksgiving<br>Day | 29<br>TBA                             | 30<br>TBA |
|        |                                       |                                       |  |  |                                       |           |

## December 2019- EHHS Practice Schedule

| Sunday    | Monday  | Tuesday                                | Wednesday   | Thursday                               | Friday  | Saturday  |
|-----------|---|--|---|--|---|-----------|
| 1<br>TBA  | 2<br>Regular Practice<br>4:50-6:30 pm                                   | 3<br>Regular Practice<br>4:50-6:30 pm  | 4<br>Regular Practice<br>4:50-6:30 pm                     | 5<br>Regular Practice<br>4:50-6:30 pm  | 6<br>Regular Practice<br>4:50-6:30 pm                     | 7         |
| 8         | 9<br>Regular Practice<br>4:50-6:30 pm                                   | 10<br>Regular Practice<br>4:50-6:30 pm | 11<br>Regular Practice<br>4:50-6:30 pm                    | 12<br>Regular Practice<br>4:50-6:30 pm | 13<br>No Practice   | 14        |
| 15        | 16<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm               | 17<br>Regular Practice<br>4:50-6:30 pm | 18<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 19<br>Regular Practice<br>4:50-6:30 pm | 20<br>Dryland 4:30 pm<br>Regular Practice<br>4:50-6:30 pm | 21        |
| 22        | 23<br>TBA   | 24<br>No Practice<br>Christmas Eve     | 25<br>No Practice<br>Christmas Day                        | 26<br>TBA                              | 27<br>TBA   | 28<br>TBA |
| 29<br>TBA | 30<br>TBA   | 31<br>TBA                              | Jan 1<br>No Practice<br>New Year's Day                    |  |   |           |
|           | December break practice schedule will be posted by the end of November. |  |   |  |   |           |