

September 2019- EHMS Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Evaluation Day	5 Evaluation Day	6	7
8	9 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	10 H and Y Squads 5:30-7:00 pm	11 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	12 H and Y Squads 5:30-6:30 pm	13 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	14
15	16 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	17 H and Y Squads 5:30-7:00 pm	18 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	19 H and Y Squads 5:30-6:30 pm	20 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	21
22	23 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	24 H and Y Squads 5:30-7:00 pm	25 #LEHY Suit-up L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	26 H and Y Squads 5:30-6:30 pm	27 ##LEHY Pizza Party L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	28
29	30 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission					
	<p>#Wednesday, September 25th - LEHY Suit up (team suits, parkas, bags, and NEW team warm ups). Location will be at the East Hartford Middle School pool from 4:30-6:00 pm.</p> <p>##Friday, September, 27th - LEHY Annual Pizza Party and Informational Meeting. 6:45-8:00 pm at the East Hartford YMCA (770 Main St, East Hartford). Come share dinner and hear all about our LEHY program and family responsibilities.</p>					

October 2019- EHMS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 H and Y Squads 5:30-7:00 pm	2 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	3 H and Y Squads 5:30-6:30 pm	4 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	5
6	7 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	8 H and Y Squads 5:30-7:00 pm	9 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	10 H and Y Squads 5:30-6:30 pm	11 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	12
13	14 No Practice Columbus Day	15 H and Y Squads 5:30-7:00 pm	16 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	17 H and Y Squads 5:30-6:30 pm	18 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	19
20	21 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	22 H and Y Squads 5:30-7:00 pm	23 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	24 H and Y Squads 5:30-6:30 pm	25 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	26
27	28 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	29 H and Y Squads 5:30-7:00 pm	30 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	31 No Practice Halloween		

November 2019- EHMS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	2
3	4 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	5 H and Y Squads 5:30-7:00 pm	6 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	7 H and Y Squads 5:30-6:30 pm	8 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	9
10	11 No Practice Veteran's Day	12 H and Y Squads 5:30-7:00 pm	13 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	14 H and Y Squads 5:30-6:30 pm	15 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	16
17	18 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	19 H and Y Squads 5:30-7:00 pm	20 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	21 H and Y Squads 5:30-6:30 pm	22 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	23
24	25 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	26 H and Y Squads 5:30-7:00 pm	27 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	28 H and Y Squads 5:30-6:30 pm	29 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	30

December 2019- EHMS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	3 H and Y Squads 5:30-7:00 pm	4 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	5 H and Y Squads 5:30-6:30 pm	6 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	7
8	9 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	10 H and Y Squads 5:30-7:00 pm	11 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	12 H and Y Squads 5:30-6:30 pm	13 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	14
15	16 H and Y Squads 5:30-6:30 pm E Squad with Coaches Permission	17 H and Y Squads 5:30-7:00 pm	18 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	19 H and Y Squads 5:30-6:30 pm	20 L and E Squads 4:30-5:30 pm H and Y Squads 5:30-7:30 pm	21
22	23 TBA	24 No Practice Christmas Eve	25 No Practice Christmas Day	26 TBA	27 TBA	28
29	30 TBA	31 TBA	Jan 1 TBA			