



# DOWNTOWN YMCA AQUATICS SCHEDULE -Downtown YMCA POOL

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

860.522.4183      www.downtownYMCA.org      Fall 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM-8:15AM Lap/Open Swim (4 Lanes)	5:00AM-12:00PM Lap/Open Swim (4 Lanes)	5:00AM-10:00AM Lap/Open Swim (4 Lanes)	5:00AM-5:30PM Lap/Open Swim (4 Lanes)	5:00AM-5:30PM Lap/Open Swim (4 Lanes)	7:00AM-9:00AM Lap/Open Swim (4 Lanes)	9:00AM-10:00 AM Lap/Open Swim (4 Lanes)
8:15AM-9:00AM Lap/Open Swim (3 Lanes) Senior Aqua (1 Lane)	5:30 PM-8:00PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	10:00AM-10:45AM Lap/Open Swim (2 Lanes) Aqua Fit (2 Lanes)	5:30PM-8:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	5:30PM-6:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	9:00AM-12:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	10:00AM- 2:30PM Family Swim (1 Lane) Open/Lap Swim(3 Lanes)
9:00AM-12:15PM Lap/Open Swim (4 Lanes)	8:00PM-8:30PM Lap/Open Swim (4 Lanes)	10:45AM-5:30PM Lap/Open Swim (4 Lanes)	Pool Closes at 8:30PM	6:30PM-8:30PM Family Swim (1 Lane) Lap/Open Swim (3 Lanes)	Pool Closes at 12:30pm	Pool Closes at 2:30pm
12:15PM-12:55PM Lap/Open Swim (2 Lanes) Flipper (2 Lanes)	Pool Closes at 8:30PM	5:30PM-8:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas		Pool Closes at 8:30PM		
1:00PM-5:30PM Lap/Open Swim (4 Lanes)		Pool Closes at 8:30PM				
5:30PM-7:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas						
Pool Closes at 8:30PM						

**IMPORTANT INFORMATION:**  
Schedule updated - 9/9/2019  
Schedule effective until 12/15/2019  
For updates, visit [www.downtownYMCA.org](http://www.downtownYMCA.org) or like us on Facebook!

**Fall Session 2 Swim Lessons start October 28th!**  
\*\*\*Sign up at the Welcome Center  
**Private & Semi-Private Packages Available.**  
\*\*\*\*Contact Aquatic Director for more information