

Hale YMCA Youth and Family Center

Fall 1: Sept 23— Oct 27



Important Information:

- No Food or Drink—Capped Water Bottles Only
- No arguing or fighting. Family appropriate language is required at all times.
- Thank you for leaving cell phone conversations outside of the Gymnasium. Please limit texting and the use of social media while in the Gym. NO PHOTO TAKING.
- Shirts and athletic shoes are required. Please use a locker for all coats and bags.
- Youth 10-12 may be allowed in the gym with a parent/guardian in the building. Ages 13-18 are allowed in the gym without a parent in the facility
- Please be respectful of our schedule and the sharing of court space—if only half of the gym is not scheduled, open half will be family /single basket use (no 1/2 court games)
- Gym will close 15 minutes earlier than facility closes
- If you choose to not abide by these guidelines, membership privileges may be revoked.
- During inclement weather, birthday parties, and summer camp, programs may take over entire gym

Sun	Mon	Tue	Wed	Thu	Fri	Sat
12:00—4:00 PM Birthday Parties (1/2)	10:00—11:00 AM Sr Stretch& Balance (1/2) 11:00AM—12:30 PM Pickleball (1/2Gym) Ages: Open 1:00—1:45 PM Crafts and Moore (Teen Center) Ages: 4-6 6:00 –8:45 PM 5v5 Basketball (1/2) Ages: 16+	4:00—4:45PM Sports of All Sorts (1/2) Ages: 2-4 5:00—7:00 Preschool Basketball (1/2) Ages: 4-6	10:00—11:00 AM Sr Stretch& Balance (1/2) 11:00AM—12:30 PM Pickleball (1/2 Gym) Ages: Open 5:00—5:45PM Youth Basketball (1/2) Ages: 7-12 6:00—6:45PM Teen Basketball (1/2) Ages: 13—16	5:00—5:45 PM Dodgeball/Gaga - Youth (Pit or 1/2) Ages 7-12 6:00—8:30 CoEd Basketball League Ages: 16+	10:00—11:00 AM Sr Stretch& Balance (1/2) 11:00AM—12:30 PM Pickleball (1/2 Gym) Ages: Open 5:00—8:30 PM Kids Night Out *First Friday Only Ages 3-12	9:00—9:45 AM Sports of All Sorts (1/2) Ages 2-3 10:00—10:45 Soccer—Preschool (1/2) Ages 4-6 12:00—4:00 PM Birthday Parties (1/2)
Closes: 3:45PM	Closes 8:45pm	Closes 8:45PM	Closes 8:45 PM	Closes 8:45PM	Closes 7:45PM	Closes 3:45PM