

Individual Meet Results

CT 2019 Senior Championship LC 18-Jul-19 to 21-Jul-19 LC Meters

Sanction: L19-43 Location: Wesleyan University

Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel

Time	F/P/S	Event	Place	Points	Improv
Alanna DePinto (15) W					
28.30L	P # 5	Women 50 Free	29	---	0.21
1:20.77L	P # 7	Women 100 Breast	35	---	-0.55
	37.74	1:20.77			
	(37.74)	(43.03)			
2:16.05L	P # 11	Women 200 Free	57	---	2.14
	29.97	1:04.40 1:40.16 2:16.05			
	(29.97)	(34.43) (35.76) (35.89)			
2:14.56L	F # 17	800 Free Relay Lead Off	---	---	0.65
	30.94	1:05.50 1:40.61			
	(30.94)	(34.56) (35.11)			
1:09.30L	P # 21	Women 100 Fly	58	---	-0.26
	31.98	1:09.30			
	(31.98)	(37.32)			
2:59.07L	P # 23	Women 200 Breast	42	---	-0.25
	39.52	1:26.09 2:13.50 2:59.07			
	(39.52)	(46.57) (47.41) (45.57)			
1:01.07L	F # 27	400 Free Relay Lead Off	---	---	-0.05
	29.42				
	(29.42)				
DQ	P # 33	Women 100 Free	---	---	---
27.77L	F # 37	200 Free Relay Lead Off	---	---	-0.32
Alyssa DiFiore (21) W					
2:08.50L	P # 11	Women 200 Free	6	---	-2.17
	29.93	1:01.83 1:34.83 2:08.50			
	(29.93)	(31.90) (33.00) (33.67)			
2:09.55L	F # 11	Women 200 Free	8	11	-1.12
	30.25	1:02.59 1:36.06 2:09.55			
	(30.25)	(32.34) (33.47) (33.49)			
4:40.29L	P # 25	Women 400 Free	27	---	6.93
	31.80	1:06.02 1:41.27 2:16.73 2:52.39 3:28.40 4:05.02 4:40.29			
	(31.80)	(34.22) (35.25) (35.46) (35.66) (36.01) (36.62) (35.27)			
9:27.35L	F # 29	Women 800 Free	9	9	-5.62
	31.86	1:06.43 1:40.94 2:16.41 2:51.79 3:27.38 4:03.08 4:39.12			
	(31.86)	(34.57) (34.51) (35.47) (35.38) (35.59) (35.70) (36.04)			
	5:15.44	5:52.12 6:28.93 7:05.51 7:42.17 8:18.26 8:53.99 9:27.35			
	(36.32)	(36.68) (36.81) (36.58) (36.66) (36.09) (35.73) (33.36)			

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Time	F/P/S	Event	Place	Points	Improv
Abigail Francis (18) W					
2:09.59L	F # 11	Women 200 Free	12	5	0.35
	30.32	1:03.61 1:37.03 2:09.59			
	(30.32)	(33.29) (33.42) (32.56)			
2:09.87L	P # 11	Women 200 Free	12	---	0.63
	29.51	1:02.94 1:36.69 2:09.87			
	(29.51)	(33.43) (33.75) (33.18)			
5:11.77L	P # 15	Women 400 IM	7	---	4.91
	32.81	1:11.41 1:51.30 2:31.00 3:15.79 4:01.13 4:36.92 5:11.77			
	(32.81)	(38.60) (39.89) (39.70) (44.79) (45.34) (35.79) (34.85)			
5:12.84L	F # 15	Women 400 IM	8	11	5.98
	31.81	1:10.89 1:52.00 2:32.67 3:15.55 4:00.53 4:36.86 5:12.84			
	(31.81)	(39.08) (41.11) (40.67) (42.88) (44.98) (36.33) (35.98)			
1:09.99L	P # 21	Women 100 Fly	66	---	-1.09
	32.81	1:09.99			
	(32.81)	(37.18)			
58.71L	F # 33	Women 100 Free	6	13	-0.61
	28.51	58.71			
	(28.51)	(30.20)			
59.47L	P # 33	Women 100 Free	6	---	0.15
	29.11	59.47			
	(29.11)	(30.36)			
Megan Gangaway (14) W					
1:01.42L	F # 27	400 Free Relay Lead Off	---	---	-1.03
	29.60				
	(29.60)				
9:41.31L	F # 29	Women 800 Free	20	---	1.56
	32.43	1:07.36 1:43.17 2:19.29 2:55.94 3:32.69 4:09.16 4:46.05			
	(32.43)	(34.93) (35.81) (36.12) (36.65) (36.75) (36.47) (36.89)			
	5:22.98	5:59.87 6:36.54 7:13.61 7:50.89 8:28.14 9:05.22 9:41.31			
	(36.93)	(36.89) (36.67) (37.07) (37.28) (37.25) (37.08) (36.09)			

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Time	F/P/S	Event	Place	Points	Improv
Nicholas Guenther (15) M					
2:23.53L	P # 4	Men 200 Back	51	---	-4.72
	32.47	1:08.66 1:46.00			2:23.53
	(32.47)	(36.19) (37.34)			(37.53)
1:05.53L	P # 14	Men 100 Back	52	---	-0.22
	31.43	1:05.53			
	(31.43)	(34.10)			
1:00.82L	F # 22	Men 100 Fly	---	---	-1.48
1:00.82L	P # 22	Men 100 Fly	36	---	-1.48
	28.57	1:00.82			
	(28.57)	(32.25)			
2:15.10L	F # 32	Men 200 Fly	18	---	-4.11
	29.65	1:03.04 1:39.18			2:15.10
	(29.65)	(33.39) (36.14)			(35.92)
2:16.89L	P # 32	Men 200 Fly	19	---	-2.32
	29.60	1:05.00 1:40.85			2:16.89
	(29.60)	(35.40) (35.85)			(36.04)
2:25.75L	P # 36	Men 200 IM	72	---	2.46
	29.90	1:08.40 1:54.19			2:25.75
	(29.90)	(38.50) (45.79)			(31.56)
28.57L	F # 39	Men 50 Fly	---	---	---
Avery Kudlac (14) W					
2:14.90L	P # 11	Women 200 Free	47	---	-6.93
	30.20	1:03.76 1:38.56			2:14.90
	(30.20)	(33.56) (34.80)			(36.34)
1:12.41L	P # 13	Women 100 Back	69	---	-1.97
	34.64	1:12.41			
	(34.64)	(37.77)			
38.85L	F # 19	200 Medley Relay Lead Off	---	---	5.56
Riley Kudlac (14) W					
27.72L	F # 5	Women 50 Free	17	---	-1.62
28.06L	P # 5	Women 50 Free	17	---	-1.28
Anthony Meglin (18) M					
1:17.47L	P # 8	Men 100 Breast	94	---	1.34
	36.25	1:17.47			
	(36.25)	(41.22)			
1:04.06L	P # 22	Men 100 Fly	67	---	3.13
	28.86	1:04.06			
	(28.86)	(35.20)			
2:53.24L DQ	P # 24	Men 200 Breast	---	---	---
	38.46	1:22.00 2:07.80			2:53.24
	(38.46)	(43.54) (45.80)			(45.44)

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Time	F/P/S	Event	Place	Points	Improv
Sarah Mulcahy (16) W					
2:34.96L	P # 31	Women 200 Fly	33	---	-5.11
	33.87	1:12.32 1:53.49 2:34.96			
	(33.87)	(38.45) (41.17) (41.47)			
1:24.51L	T # 307	Women 100 Breast	4	---	0.03
	40.01	1:24.51			
	(40.01)	(44.50)			
1:10.29L	T # 421	Women 100 Fly	2	---	-1.28
	32.29	1:10.29			
	(32.29)	(38.00)			
Norell Paluska (15) W					
1:21.11L	P # 7	Women 100 Breast	41	---	-2.27
	37.28	1:21.11			
	(37.28)	(43.83)			
2:58.90L	P # 23	Women 200 Breast	41	---	-0.37
	39.51	1:25.98 2:12.45 2:58.90			
	(39.51)	(46.47) (46.47) (46.45)			
Julia Pitchell (16) W					
1:09.90L	F # 9	400 Medley Relay Lead Off	---	---	0.22
	33.68				
	(33.68)				
1:11.66L	P # 13	Women 100 Back	59	---	1.98
	34.49	1:11.66			
	(34.49)	(37.17)			
32.87L	F # 19	200 Medley Relay Lead Off	---	---	0.51
1:08.68L	P # 21	Women 100 Fly	46	---	1.51
	31.68	1:08.68			
	(31.68)	(37.00)			
2:35.24L	P # 31	Women 200 Fly	36	---	3.68
	33.61	1:11.49 1:52.30 2:35.24			
	(33.61)	(37.88) (40.81) (42.94)			
Amber Rocheleau (17) W					
5:24.88L	P # 15	Women 400 IM	35	---	-4.95
	32.14	1:11.06 1:53.20 2:40.20 3:23.80 4:13.26 4:49.63 5:24.88			
	(32.14)	(38.92) (42.14) (47.00) (43.60) (49.46) (36.37) (35.25)			
2:57.82L	P # 23	Women 200 Breast	35	---	-4.49
	40.09	1:25.40 2:12.16 2:57.82			
	(40.09)	(45.31) (46.76) (45.66)			
DQ	P # 25	Women 400 Free	---	---	---
2:41.65L	P # 31	Women 200 Fly	58	---	-5.92
	33.99	1:14.74 1:57.16 2:41.65			
	(33.99)	(40.75) (42.42) (44.49)			
1:02.02L	P # 33	Women 100 Free	34	---	-1.29
	30.05	1:02.02			
	(30.05)	(31.97)			
28.22L	F # 37	200 Free Relay Lead Off	---	---	-0.98

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Sydney Ruschmeier (18) W					
5:34.42L	P # 15	Women 400 IM	55	---	4.20
	32.66	1:11.59 1:55.74 2:40.57 3:26.43 4:14.38 4:54.36 5:34.42			
	(32.66)	(38.93) (44.15) (44.83) (45.86) (47.95) (39.98) (40.06)			
1:08.32L	P # 21	Women 100 Fly	39	---	1.21
	31.24	1:08.32			
	(31.24)	(37.08)			
2:38.36L	P # 31	Women 200 Fly	43	---	6.38
	33.43	1:11.68 1:52.74 2:38.36			
	(33.43)	(38.25) (41.06) (45.62)			
2:37.21L	P # 35	Women 200 IM	55	---	2.64
	33.04	1:16.05 2:01.07 2:37.21			
	(33.04)	(43.01) (45.02) (36.14)			
Daniel Savidge (17) M					
1:05.04L	P # 14	Men 100 Back	48	---	0.47
	31.63	1:05.04			
	(31.63)	(33.41)			
DQ	P # 16	Men 400 IM	---	---	---
30.46L	F # 20	200 Medley Relay Lead Off	---	---	-5.45
2:44.17L	P # 24	Men 200 Breast	52	---	0.41
	36.26	1:17.51 2:00.45 2:44.17			
	(36.26)	(41.25) (42.94) (43.72)			
Brooke Sowka (13) W					
2:30.40L	P # 3	Women 200 Back	31	---	2.04
	34.26	1:11.82 1:50.92 2:30.40			
	(34.26)	(37.56) (39.10) (39.48)			
1:09.78L	F # 9	400 Medley Relay Lead Off	---	---	-0.92
	34.24				
	(34.24)				
Garrett Wlochowski (20) M					
57.20L	F # 10	400 Medley Relay Lead Off	---	---	-1.96
	27.42				
	(27.42)				
57.25L	P # 14	Men 100 Back	1	---	-1.91
	27.60	57.25			
	(27.60)	(29.65)			
57.32L	F # 14	Men 100 Back	2	17	-1.84
	27.50	57.32			
	(27.50)	(29.82)			
54.22L	P # 34	Men 100 Free	18	---	-2.02
	25.71	54.22			
	(25.71)	(28.51)			

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Time	F/P/S	Event	Place	Points	Improv
Emma Wojnarowski (15) W					
19:14.05L	F # 1	Women 1500 Free	22	---	-4.29
	33.84	1:10.57 1:48.28 2:25.38 3:03.51 3:41.99 4:19.78 4:58.19			
	(33.84)	(36.73) (37.71) (37.10) (38.13) (38.48) (37.79) (38.41)			
	5:36.58	6:14.93 6:53.23 7:31.88 8:10.79 8:49.77 9:29.04 10:08.50			
	(38.39)	(38.35) (38.30) (38.65) (38.91) (38.98) (39.27) (39.46)			
	10:47.64	11:26.43 12:06.04 12:44.33 13:23.47 14:02.37 14:41.46 15:20.48			
	(39.14)	(38.79) (39.61) (38.29) (39.14) (38.90) (39.09) (39.02)			
	15:59.45	16:38.63 17:17.78 17:57.17 18:36.08 19:14.05			
	(38.97)	(39.18) (39.15) (39.39) (38.91) (37.97)			
1:26.13L	P # 7	Women 100 Breast	75	---	1.07
	40.32	1:26.13			
	(40.32)	(45.81)			
3:01.58L	P # 23	Women 200 Breast	53	---	4.44
	40.87	1:27.02 2:14.58 3:01.58			
	(40.87)	(46.15) (47.56) (47.00)			
10:01.19L	F # 29	Women 800 Free	30	---	-11.93
	33.72	1:10.32 1:47.91 2:25.62 3:03.46 3:41.93 4:20.17 4:57.78			
	(33.72)	(36.60) (37.59) (37.71) (37.84) (38.47) (38.24) (37.61)			
	5:36.02	6:14.30 6:50.69 7:29.72 8:07.92 8:46.00 9:23.43 10:01.19			
	(38.24)	(38.28) (36.39) (39.03) (38.20) (38.08) (37.43) (37.76)			