



# DOWNTOWN YMCA AQUATICS SCHEDULE -Downtown YMCA POOL

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

860.522.4183 Summer 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM-8:15AM Lap/Open Swim (4 Lanes)	5:00AM-12:00PM Lap/Open Swim (4 Lanes)	5:00AM-10:00AM Lap/Open Swim (4 Lanes)	5:00AM-10:00AM Lap/Open Swim (4 Lanes)	5:00AM-5:30AM Lap/Open Swim (4 Lanes)	7:00AM-9:00AM Lap/Open Swim (4 Lanes)	9:00AM-10:00 AM Lap/Open Swim (4 Lanes)
8:15AM-9:00AM Lap/Open Swim (3 Lanes) Senior Aqua (1 Lane)	10:00AM-11:00AM Swim Lessons (2 Lanes) Lap/Open Swim (2 Lanes)	10:00AM-10:45AM Lap/Open Swim (2 Lanes) Aqua Fit (2 Lanes)	10:00AM-11:00AM Swim Lessons (2 Lanes) Lap/Open Swim (2 Lanes)	5:30PM-6:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	9:00AM-12:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	10:00AM- 2:30PM Family Swim (1 Lane) Open/Lap Swim(3 Lanes)
9:00AM-12:15PM Lap/Open Swim (4 Lanes)	11:00PM-1:30PM Lap/Open Swim (4 Lanes)	10:45AM-1:30PM Lap/Open Swim (4 Lanes)	11:00AM-1:30PM Lap/Open Swim (4 Lanes)	6:30PM-8:30PM Family Swim (1 Lane) Lap/Open Swim (3 Lanes)	Pool Closes at 12:30pm	Pool Closes at 2:30pm
12:15PM-12:55PM Lap/Open Swim (2 Lanes) Flipper (2 Lanes)	1:30PM-3:00PM Connectikids (2 Lanes) Lap/Open Swim (2 Lanes)	1:30PM-3:00PM Connectikids (2 Lanes) Lap/Open Swim (2 Lanes)	1:30PM-3:00PM Connectikids (2 Lanes) Lap/Open Swim (2 Lanes)	Pool Closes at 8:30PM		
1:30PM-3:00PM Connectikids (2 Lanes) Lap/Open Swim (2 Lanes)	3:00PM-5:30PM Lap/Open Swim (4 Lanes)	3:00PM-5:30PM Lap/Open Swim (4 Lanes)	3:00PM-5:30PM Lap/Open Swim (4 Lanes)	Pool Closes at 8:30PM		
3:00PM-5:30PM Lap/Open Swim (4 Lanes)	5:30 PM-8:00PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	5:30PM-8:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	5:30PM-8:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas			
5:30PM-7:30PM Swim Lessons (3 Lanes) Lap/Open Swim (1 Lane) designated areas	8:00PM-8:30PM Lap/Open Swim (4 Lanes)	Pool Closes at 8:30PM	Pool Closes at 8:30PM			
Pool Closes at 8:30PM	Pool Closes at 8:30PM					

**IMPORTANT INFORMATION:**  
Schedule updated - 6/26/2019  
Schedule effective until 8/31/2019  
For updates, visit [www.downtownYMCA.org](http://www.downtownYMCA.org) or like us on Facebook!

**Summer Session 2 Swim Lessons start July 22th!**  
\*\*\*Sign up at the Welcome Center  
**Private & Semi-Private Packages Available.**  
\*\*\*New Packages and prices