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**Individual Meet Results**
**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**
**Location: UCONN - Storrs**
**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Alec Agosto (15) M</b>					
3:09.45L	F # 10	Men 15 & Over 200 IM	36	---	---
	1:29.17	3:09.45			
	(1:29.17)	(1:40.28)			
1:50.22L	F # 14	Men 15 & Over 100 Breast	29	---	---
3:26.80L	F # 17	Men 15 & Over 200 Fly	10	---	---
	1:38.31	3:26.80			
	(1:38.31)	(1:48.49)			
34.56L	F # 54	Men 15 & Over 50 Free	43	---	---
2:48.09L	F # 66	Men 15 & Over 200 Free	33	---	---
	1:19.68	2:48.09			
	(1:19.68)	(1:28.41)			
1:34.84L	F # 70	Men 15 & Over 100 Back	26	---	---
<b>Joshua Ambrose (12) M</b>					
37.76L	F # 8	Men 11-12 50 Back	4	---	-7.20
3:16.78L	F # 12	Men 11-12 200 IM	14	---	---
	1:28.85	3:16.78			
	(1:28.85)	(1:47.93)			
2:56.35L	F # 28	Men 11-12 200 Back	5	---	---
	1:26.26	2:56.35			
	(1:26.26)	(1:30.09)			
<b>Noah Ambrose (14) M</b>					
3:17.19L	F # 36	Men 13-14 200 IM	24	---	-32.69
	1:40.15	3:17.19			
	(1:40.15)	(1:37.04)			
1:44.34L	F # 40	Men 13-14 100 Breast	22	---	-8.07
1:19.68L	F # 48	Men 13-14 100 Free	29	---	-6.36
<b>Isha Bang (14) W</b>					
3:11.01L	F # 35	Women 13-14 200 IM	30	---	---
	1:27.95	3:11.01			
	(1:27.95)	(1:43.06)			
1:19.95L	F # 47	Women 13-14 100 Free	41	---	---
3:05.85L	F # 49	Women 13-14 200 Back	9	---	---
	1:32.09	3:05.85			
	(1:32.09)	(1:33.76)			
35.27L	F # 77	Women 13-14 50 Free	40	---	---
2:56.40L	F # 89	Women 13-14 200 Free	37	---	---
	1:25.84	2:56.40			
	(1:25.84)	(1:30.56)			
1:28.94L	F # 93	Women 13-14 100 Back	24	---	---
<b>Lucy Boisoeneau (11) W</b>					
47.44L	F # 51	Women 11-12 50 Breast	13	---	-5.17
2:47.78L	F # 67	Women 11-12 200 Free	10	---	-5.50
	1:21.86	2:47.78			
	(1:21.86)	(1:25.92)			
1:32.34L	F # 71	Women 11-12 100 Back	14	---	-3.59

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Time	F/P/S	Event	Place	Points	Improv
<b>Milena Brodowicz (10) W</b>					
5:44.02L	F # 3	Women 400 Free	35	---	---
	1:22.27	2:50.39 4:17.56 5:44.02			
	(1:22.27)	(1:28.12) (1:27.17) (1:26.46)			
39.23L	F # 31	Women 10 & Under 50 Fly	4	---	---
3:07.56L	F # 37	Women 10 & Under 200 IM	3	---	---
	1:33.86	3:07.56			
	(1:33.86)	(1:33.70)			
1:35.19L	F # 41	Women 10 & Under 100 Breast	1	---	-8.92
41.77L	F # 75	Women 10 & Under 50 Breast	1	---	-4.49
34.89L	F # 79	Women 10 & Under 50 Free	2	---	---
2:44.23L	F # 87	Women 10 & Under 200 Free	2	---	---
	1:21.45	2:44.23			
	(1:21.45)	(1:22.78)			
<b>Sean Burgess (14) M</b>					
2:59.57L	F # 36	Men 13-14 200 IM	20	---	-14.06
	1:27.07	2:59.57			
	(1:27.07)	(1:32.50)			
1:13.48L	F # 48	Men 13-14 100 Free	22	---	-1.77
3:08.28L	F # 50	Men 13-14 200 Back	9	---	-7.33
	1:34.57	3:08.28			
	(1:34.57)	(1:33.71)			
3:34.15L	F # 81	Men 13-14 200 Breast	11	---	-7.39
	1:41.47	3:34.15			
	(1:41.47)	(1:52.68)			
2:35.40L	F # 90	Men 13-14 200 Free	19	---	-6.50
	1:15.82	2:35.40			
	(1:15.82)	(1:19.58)			
1:32.61L	F # 94	Men 13-14 100 Back	22	---	1.44
<b>Noah Cabrera (12) M</b>					
55.35L	F # 52	Men 11-12 50 Breast	16	---	-1.86
37.23L	F # 56	Men 11-12 50 Free	21	---	0.16
3:19.53L	F # 68	Men 11-12 200 Free	14	---	-9.48
	1:35.77	3:19.53			
	(1:35.77)	(1:43.76)			
<b>John Comite (12) M</b>					
35.48L	F # 6	Men 11-12 50 Fly	6	---	-1.89
3:01.41L	F # 12	Men 11-12 200 IM	7	---	-10.45
	---	3:01.41			
	---	(3:01.41)			
1:14.94L	F # 24	Men 11-12 100 Free	6	---	-2.03
34.22L	F # 56	Men 11-12 50 Free	13	---	-1.49
1:21.10L	F # 64	Men 11-12 100 Fly	6	---	-9.04
1:21.86L	F # 72	Men 11-12 100 Back	3	---	-4.04

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**Location: UCONN - Storrs**
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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Penelope Curran (11) W</b>					
3:23.39L	F # 11	Women 11-12 200 IM	11	---	-4.99
	1:38.98	3:23.39			
	(1:38.98)	(1:44.41)			
1:50.49L	F # 15	Women 11-12 100 Breast	15	---	---
1:25.42L	F # 23	Women 11-12 100 Free	24	---	0.70
36.17L	F # 55	Women 11-12 50 Free	23	---	-2.13
3:50.48L	F # 59	Women 11-12 200 Breast	11	---	---
	1:54.48	3:50.48			
	(1:54.48)	(1:56.00)			
3:02.35L	F # 67	Women 11-12 200 Free	20	---	0.40
	1:28.21	3:02.35			
	(1:28.21)	(1:34.14)			
<b>Alanna DePinto (15) W</b>					
5:51.37L	F # 1	Women 400 IM	5	---	-2.92
	1:14.63	2:49.96			
	4:31.21	5:51.37			
	(1:14.63)	(1:35.33)			
		(1:41.25)			
		(1:20.16)			
2:44.27L	F # 9	Women 15 & Over 200 IM	4	---	7.78
	1:19.94	2:44.27			
	(1:19.94)	(1:24.33)			
NS	F # 18	Women 15 & Over 200 Fly	---	---	---
2:52.88L	F # 25	Women 15 & Over 200 Back	9	---	1.31
	1:25.11	2:52.88			
	(1:25.11)	(1:27.77)			
29.90L	F # 53	Women 15 & Over 50 Free	1	---	1.81
3:12.05L	F # 57	Women 15 & Over 200 Breast	5	---	12.73
	1:31.19	3:12.05			
	(1:31.19)	(1:40.86)			
1:18.35L	F # 69	Women 15 & Over 100 Back	6	---	1.94
<b>Mia Destefani (15) W</b>					
3:04.60L	F # 9	Women 15 & Over 200 IM	26	---	2.19
	1:29.22	3:04.60			
	(1:29.22)	(1:35.38)			
1:16.72L	F # 21	Women 15 & Over 100 Free	30	---	4.95
3:13.84L	F # 25	Women 15 & Over 200 Back	21	---	7.07
	1:34.15	3:13.84			
	(1:34.15)	(1:39.69)			

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Time	F/P/S	Event	Place	Points	Improv			
<b>Megan Gangaway (13) W</b>								
5:44.94L	F # 1	Women 400 IM	2	---	1.22			
	---	---		---	5:44.94			
	---	---		---	(5:44.94)			
19:27.27L	F # 29	Mixed 1500 Free	6	---	28.37			
	1:09.91	2:25.54	3:43.02	5:01.07	6:19.18	7:38.29	8:56.89	10:16.09
	(1:09.91)	(1:15.63)	(1:17.48)	(1:18.05)	(1:18.11)	(1:19.11)	(1:18.60)	(1:19.20)
	11:34.40	12:52.50	14:10.88	15:29.53	16:48.70	18:07.90	19:27.27	
	(1:18.31)	(1:18.10)	(1:18.38)	(1:18.65)	(1:19.17)	(1:19.20)	(1:19.37)	
2:43.34L	F # 35	Women 13-14 200 IM	1	---	2.06			
	1:19.25	2:43.34						
	(1:19.25)	(1:24.09)						
1:04.18L	F # 47	Women 13-14 100 Free	1	---	-0.38			
30.58L	F # 77	Women 13-14 50 Free	3	---	0.69			
1:17.92L	F # 86	Women 13-14 100 Fly	6	---	4.73			
2:21.80L	F # 89	Women 13-14 200 Free	1	---	2.94			
	1:09.34	2:21.80						
	(1:09.34)	(1:12.46)						
<b>Toriana Grooms (14) W</b>								
33.73L	F # 77	Women 13-14 50 Free	30	---	0.81			
2:46.95L	F # 89	Women 13-14 200 Free	23	---	-8.91			
	1:21.00	2:46.95						
	(1:21.00)	(1:25.95)						
1:28.86L	F # 93	Women 13-14 100 Back	23	---	-5.64			
<b>Nicholas Guenther (15) M</b>								
2:33.06L	F # 10	Men 15 & Over 200 IM	10	---	2.48			
	1:11.52	2:33.06						
	(1:11.52)	(1:21.54)						
1:00.46L	F # 22	Men 15 & Over 100 Free	6	---	1.41			
2:28.46L	F # 26	Men 15 & Over 200 Back	1	---	-1.53			
	1:13.31	2:28.46						
	(1:13.31)	(1:15.15)						
27.90L	F # 54	Men 15 & Over 50 Free	10	---	0.65			
1:05.43L	F # 62	Men 15 & Over 100 Fly	3	---	2.46			
2:14.65L	F # 66	Men 15 & Over 200 Free	7	---	2.87			
	1:05.39	2:14.65						
	(1:05.39)	(1:09.26)						
<b>Ethan Hipsky (13) M</b>								
3:06.96L DQ	F # 36	Men 13-14 200 IM	---	---	---			
	1:34.77	3:06.96						
	(1:34.77)	(1:32.19)						
1:13.58L	F # 48	Men 13-14 100 Free	23	---	-1.05			
34.16L	F # 78	Men 13-14 50 Free	27	---	-0.53			
1:34.37L	F # 85	Men 13-14 100 Fly	20	---	-13.91			
2:35.36L	F # 90	Men 13-14 200 Free	18	---	-3.37			
	1:15.83	2:35.36						
	(1:15.83)	(1:19.53)						

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Time	F/P/S	Event	Place	Points	Improv
<b>Alexis Janus (11) W</b>					
44.33L	F # 5	Women 11-12 50 Fly	25	---	---
46.47L	F # 7	Women 11-12 50 Back	19	---	---
1:32.12L	F # 23	Women 11-12 100 Free	31	---	---
<b>Brooke Keeney (16) W</b>					
2:45.17L	F # 9	Women 15 & Over 200 IM	5	---	4.56
	1:17.72	2:45.17			
	(1:17.72)	(1:27.45)			
1:09.23L	F # 21	Women 15 & Over 100 Free	7	---	0.86
2:51.20L	F # 25	Women 15 & Over 200 Back	7	---	8.56
	1:23.31	2:51.20			
	(1:23.31)	(1:27.89)			
32.37L	F # 53	Women 15 & Over 50 Free	17	---	0.60
1:16.81L	F # 61	Women 15 & Over 100 Fly	7	---	-1.76
1:18.82L	F # 69	Women 15 & Over 100 Back	7	---	1.66
<b>David Korzeniowski (10) M</b>					
5:22.27L	F # 4	Men 400 Free	30	---	-19.45
	1:17.36	2:40.68	4:03.82	5:22.27	
	(1:17.36)	(1:23.32)	(1:23.14)	(1:18.45)	
36.69L	F # 32	Men 10 & Under 50 Fly	1	---	---
2:55.39L	F # 38	Men 10 & Under 200 IM	1	---	-6.33
	1:25.05	2:55.39			
	(1:25.05)	(1:30.34)			
1:36.14L	F # 42	Men 10 & Under 100 Breast	1	---	-3.15
45.27L	F # 76	Men 10 & Under 50 Breast	1	---	-1.32
1:26.20L	F # 83	Men 10 & Under 100 Fly	1	---	---
2:39.60L	F # 88	Men 10 & Under 200 Free	1	---	-5.95
	1:18.72	2:39.60			
	(1:18.72)	(1:20.88)			
<b>Karan Kothari (14) M</b>					
2:54.10L	F # 36	Men 13-14 200 IM	17	---	---
	1:24.35	2:54.10			
	(1:24.35)	(1:29.75)			
1:26.12L	F # 40	Men 13-14 100 Breast	9	---	---
1:16.29L	F # 48	Men 13-14 100 Free	26	---	---
33.58L	F # 78	Men 13-14 50 Free	26	---	---
2:42.54L	F # 90	Men 13-14 200 Free	23	---	---
	1:16.46	2:42.54			
	(1:16.46)	(1:26.08)			
1:25.52L	F # 94	Men 13-14 100 Back	15	---	---

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Caroline Koziol (14) W</b>					
3:05.17L	F # 35	Women 13-14 200 IM	27	---	8.89
	1:26.10	3:05.17			
	(1:26.10)	(1:39.07)			
2:57.71L	F # 43	Women 13-14 200 Fly	4	---	-6.54
	1:24.12	2:57.71			
	(1:24.12)	(1:33.59)			
1:13.34L	F # 47	Women 13-14 100 Free	26	---	2.68
32.67L	F # 77	Women 13-14 50 Free	23	---	1.70
1:16.60L	F # 86	Women 13-14 100 Fly	3	---	-0.27
1:24.32L	F # 93	Women 13-14 100 Back	13	---	2.18
<b>Natalie Koziol (12) W</b>					
NS	F # 55	Women 11-12 50 Free	---	---	---
NS	F # 63	Women 11-12 100 Fly	---	---	---
NS	F # 71	Women 11-12 100 Back	---	---	---
<b>Haley Krawczyk (16) W</b>					
3:06.84L	F # 9	Women 15 & Over 200 IM	27	---	15.33
	1:29.19	3:06.84			
	(1:29.19)	(1:37.65)			
3:11.15L	F # 18	Women 15 & Over 200 Fly	5	---	13.49
	1:28.65	3:11.15			
	(1:28.65)	(1:42.50)			
1:13.89L	F # 21	Women 15 & Over 100 Free	22	---	6.50
34.24L	F # 53	Women 15 & Over 50 Free	27	---	3.93
1:21.31L	F # 61	Women 15 & Over 100 Fly	12	---	5.32
1:30.28L	F # 69	Women 15 & Over 100 Back	27	---	3.08
<b>Avery Kudlac (13) W</b>					
2:49.00L	F # 35	Women 13-14 200 IM	8	---	-2.24
	1:16.45	2:49.00			
	(1:16.45)	(1:32.55)			
2:39.14L	F # 43	Women 13-14 200 Fly	1	---	-3.34
	1:13.39	2:39.14			
	(1:13.39)	(1:25.75)			
1:10.44L	F # 47	Women 13-14 100 Free	15	---	5.70
30.59L	F # 77	Women 13-14 50 Free	4	---	1.15
1:12.23L	F # 86	Women 13-14 100 Fly	1	---	3.92
1:22.39L	F # 93	Women 13-14 100 Back	11	---	8.01

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Holden Kudlac (10) M</b>					
43.55L	F # 32	Men 10 & Under 50 Fly	5	---	-16.60
44.02L	F # 34	Men 10 & Under 50 Back	3	---	-6.30
3:40.95L	F # 38	Men 10 & Under 200 IM	4	---	---
	1:40.12	3:40.95			
	(1:40.12)	(2:00.83)			
36.56L	F # 80	Men 10 & Under 50 Free	3	---	-8.30
3:14.67L	F # 88	Men 10 & Under 200 Free	4	---	-31.92
	1:31.70	3:14.67			
	(1:31.70)	(1:42.97)			
1:37.33L	F # 92	Men 10 & Under 100 Back	4	---	-13.27
<b>Riley Kudlac (13) W</b>					
2:43.78L	F # 35	Women 13-14 200 IM	3	---	0.33
	1:16.61	2:43.78			
	(1:16.61)	(1:27.17)			
1:05.85L	F # 47	Women 13-14 100 Free	2	---	-0.22
2:43.20L	F # 49	Women 13-14 200 Back	2	---	1.02
	1:20.44	2:43.20			
	(1:20.44)	(1:22.76)			
29.34L	F # 77	Women 13-14 50 Free	1	---	-0.36
3:13.94L	F # 82	Women 13-14 200 Breast	4	---	-0.94
	1:32.68	3:13.94			
	(1:32.68)	(1:41.26)			
2:23.13L	F # 89	Women 13-14 200 Free	3	---	0.42
	1:09.81	2:23.13			
	(1:09.81)	(1:13.32)			
<b>Lauren Lord (12) W</b>					
5:36.50L	F # 3	Women 400 Free	27	---	-23.29
	1:18.59	2:46.42			
	4:15.55	5:36.50			
	(1:18.59)	(1:27.83)			
		(1:29.13)			
		(1:20.95)			
36.44L	F # 5	Women 11-12 50 Fly	8	---	-2.34
2:57.45L	F # 11	Women 11-12 200 IM	6	---	-11.49
	1:27.54	2:57.45			
	(1:27.54)	(1:29.91)			
1:35.22L	F # 15	Women 11-12 100 Breast	5	---	0.50
44.02L	F # 51	Women 11-12 50 Breast	6	---	-0.29
1:24.93L	F # 63	Women 11-12 100 Fly	5	---	-9.38
2:42.89L	F # 67	Women 11-12 200 Free	8	---	-0.43
	1:20.82	2:42.89			
	(1:20.82)	(1:22.07)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Riley Lord (14) W</b>					
6:09.10L	F # 1	Women 400 IM	9	---	-7.87
	1:21.66	3:02.43	4:45.96	6:09.10	
	(1:21.66)	(1:40.77)	(1:43.53)	(1:23.14)	
2:52.93L	F # 35	Women 13-14 200 IM	12	---	4.89
	1:26.44	2:52.93			
	(1:26.44)	(1:26.49)			
2:56.53L	F # 43	Women 13-14 200 Fly	3	---	-11.27
	1:23.45	2:56.53			
	(1:23.45)	(1:33.08)			
3:10.17L	F # 49	Women 13-14 200 Back	14	---	2.78
	1:33.45	3:10.17			
	(1:33.45)	(1:36.72)			
3:12.14L	F # 82	Women 13-14 200 Breast	2	---	6.17
	1:32.11	3:12.14			
	(1:32.11)	(1:40.03)			
2:35.71L	F # 89	Women 13-14 200 Free	14	---	5.57
	1:13.72	2:35.71			
	(1:13.72)	(1:21.99)			
1:31.99L	F # 93	Women 13-14 100 Back	32	---	4.24
<b>Noah Luby (17) M</b>					
2:45.45L	F # 10	Men 15 & Over 200 IM	27	---	---
	1:17.83	2:45.45			
	(1:17.83)	(1:27.62)			
1:32.16L	F # 14	Men 15 & Over 100 Breast	24	---	---
1:03.30L	F # 22	Men 15 & Over 100 Free	19	---	---
28.91L	F # 54	Men 15 & Over 50 Free	23	---	---
1:18.46L	F # 62	Men 15 & Over 100 Fly	22	---	---
1:18.12L	F # 70	Men 15 & Over 100 Back	19	---	---
<b>Swara Malikayil (14) W</b>					
3:15.25L	F # 35	Women 13-14 200 IM	37	---	-26.13
	1:32.74	3:15.25			
	(1:32.74)	(1:42.51)			
1:23.12L	F # 47	Women 13-14 100 Free	48	---	-3.70
3:15.23L	F # 49	Women 13-14 200 Back	20	---	-7.12
	1:35.97	3:15.23			
	(1:35.97)	(1:39.26)			
36.58L	F # 77	Women 13-14 50 Free	51	---	-1.44
2:59.70L	F # 89	Women 13-14 200 Free	39	---	-7.47
	1:26.70	2:59.70			
	(1:26.70)	(1:33.00)			
1:31.00L	F # 93	Women 13-14 100 Back	28	---	-2.15



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**Individual Meet Results**
**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**
**Location: UCONN - Storrs**
**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

Time	F/P/S	Event	Place	Points	Improv
<b>Caitlin McClaine (12) W</b>					
37.02L	F # 55	Women 11-12 50 Free	27	---	0.10
2:56.84L	F # 67	Women 11-12 200 Free	15	---	-4.67
	1:24.16	2:56.84			
	(1:24.16)	(1:32.68)			
1:33.08L	F # 71	Women 11-12 100 Back	16	---	-2.55
<b>Karlee McLaughlin (10) W</b>					
51.24L	F # 33	Women 10 & Under 50 Back	15	---	-9.07
3:48.91L	F # 37	Women 10 & Under 200 IM	14	---	---
	1:51.51	3:48.91			
	(1:51.51)	(1:57.40)			
1:37.34L	F # 45	Women 10 & Under 100 Free	20	---	---
42.06L	F # 79	Women 10 & Under 50 Free	19	---	-5.05
3:22.88L	F # 87	Women 10 & Under 200 Free	18	---	---
	1:38.60	3:22.88			
	(1:38.60)	(1:44.28)			
1:48.24L DQ	F # 91	Women 10 & Under 100 Back	---	---	---
<b>Tyler McLaughlin (12) M</b>					
5:37.33L	F # 4	Men 400 Free	33	---	---
	1:19.61	2:44.96	4:11.77	5:37.33	
	(1:19.61)	(1:25.35)	(1:26.81)	(1:25.56)	
41.74L	F # 6	Men 11-12 50 Fly	17	---	---
3:01.01L	F # 12	Men 11-12 200 IM	6	---	---
	1:28.79	3:01.01			
	(1:28.79)	(1:32.22)			
1:13.17L	F # 24	Men 11-12 100 Free	4	---	---
32.87L	F # 56	Men 11-12 50 Free	8	---	-5.68
2:41.06L	F # 68	Men 11-12 200 Free	4	---	-24.94
	1:19.03	2:41.06			
	(1:19.03)	(1:22.03)			
1:26.78L	F # 72	Men 11-12 100 Back	5	---	---
<b>Angela Meglin (16) W</b>					
3:17.04L	F # 9	Women 15 & Over 200 IM	34	---	15.11
	1:37.18	3:17.04			
	(1:37.18)	(1:39.86)			
1:40.22L	F # 13	Women 15 & Over 100 Breast	18	---	14.76
3:11.06L	F # 25	Women 15 & Over 200 Back	18	---	6.89
	1:35.37	3:11.06			
	(1:35.37)	(1:35.69)			
35.11L	F # 53	Women 15 & Over 50 Free	33	---	0.27
2:52.41L	F # 65	Women 15 & Over 200 Free	32	---	2.74
	1:23.86	2:52.41			
	(1:23.86)	(1:28.55)			
1:31.38L	F # 69	Women 15 & Over 100 Back	30	---	6.17

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**Individual Meet Results**
**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**
**Location: UCONN - Storrs**
**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Anthony Meglin (17) M</b>					
2:47.23L	F # 10	Men 15 & Over 200 IM	30	---	16.04
	1:18.80	2:47.23			
	(1:18.80)	(1:28.43)			
1:27.79L	F # 14	Men 15 & Over 100 Breast	19	---	11.66
1:05.70L	F # 22	Men 15 & Over 100 Free	25	---	5.44
29.89L	F # 54	Men 15 & Over 50 Free	33	---	2.29
1:08.05L	F # 62	Men 15 & Over 100 Fly	8	---	7.12
2:30.86L	F # 66	Men 15 & Over 200 Free	28	---	10.05
	1:10.91	2:30.86			
	(1:10.91)	(1:19.95)			
<b>Vivian Nguyen (14) W</b>					
32.27L	F # 77	Women 13-14 50 Free	16	---	0.53
1:19.58L	F # 86	Women 13-14 100 Fly	9	---	5.63
1:19.87L	F # 93	Women 13-14 100 Back	5	---	1.88
<b>Shaun Norcott (10) M</b>					
1:06.75L DQ	F # 32	Men 10 & Under 50 Fly	---	---	---
48.54L	F # 34	Men 10 & Under 50 Back	8	---	---
1:31.49L	F # 46	Men 10 & Under 100 Free	8	---	---
1:03.18L	F # 76	Men 10 & Under 50 Breast	11	---	---
40.71L	F # 80	Men 10 & Under 50 Free	6	---	---
1:45.36L	F # 92	Men 10 & Under 100 Back	6	---	---
<b>Annika Paluska (13) W</b>					
2:52.76L	F # 35	Women 13-14 200 IM	11	---	-4.03
	1:23.99	2:52.76			
	(1:23.99)	(1:28.77)			
1:27.56L	F # 39	Women 13-14 100 Breast	1	---	3.20
1:09.84L	F # 47	Women 13-14 100 Free	12	---	0.53
31.12L	F # 77	Women 13-14 50 Free	7	---	-0.35
2:30.66L	F # 89	Women 13-14 200 Free	5	---	-2.50
	1:14.40	2:30.66			
	(1:14.40)	(1:16.26)			
1:24.07L	F # 93	Women 13-14 100 Back	12	---	-2.38
<b>Norell Paluska (15) W</b>					
2:53.93L	F # 9	Women 15 & Over 200 IM	11	---	6.81
	1:26.89	2:53.93			
	(1:26.89)	(1:27.04)			
1:24.13L	F # 13	Women 15 & Over 100 Breast	1	---	0.04
1:09.01L	F # 21	Women 15 & Over 100 Free	6	---	-0.26
3:04.24L	F # 57	Women 15 & Over 200 Breast	3	---	4.97
	1:28.79	3:04.24			
	(1:28.79)	(1:35.45)			
2:32.18L	F # 65	Women 15 & Over 200 Free	11	---	5.31
	1:14.06	2:32.18			
	(1:14.06)	(1:18.12)			
1:23.77L	F # 69	Women 15 & Over 100 Back	16	---	2.28

**Individual Meet Results**

**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**

**Location: UCONN - Storrs**

**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Ryan Papa (11) M</b>					
54.56L	F # 52	Men 11-12 50 Breast	15	---	---
38.81L	F # 56	Men 11-12 50 Free	24	---	---
1:38.23L	F # 72	Men 11-12 100 Back	15	---	---
<b>Natalie Petersen (14) W</b>					
6:30.18L	F # 3	Women 400 Free	50	---	-24.95
	1:25.90	3:05.35 4:49.50 6:30.18			
	(1:25.90)	(1:39.45) (1:44.15) (1:40.68)			
3:25.15L	F # 35	Women 13-14 200 IM	43	---	0.33
	---	3:25.15			
	---	(3:25.15)			
1:49.76L	F # 39	Women 13-14 100 Breast	25	---	-1.27
1:26.95L	F # 47	Women 13-14 100 Free	53	---	0.79
37.18L	F # 77	Women 13-14 50 Free	53	---	0.38
3:53.16L	F # 82	Women 13-14 200 Breast	17	---	0.94
	1:52.45	3:53.16			
	(1:52.45)	(2:00.71)			
3:17.47L	F # 89	Women 13-14 200 Free	44	---	4.81
	1:32.98	3:17.47			
	(1:32.98)	(1:44.49)			
<b>Stephanie Petersen (10) W</b>					
5:48.64L	F # 3	Women 400 Free	38	---	-7.44
	1:22.52	2:51.36 4:17.23 5:48.64			
	(1:22.52)	(1:28.84) (1:25.87) (1:31.41)			
39.57L	F # 31	Women 10 & Under 50 Fly	5	---	-2.49
43.05L	F # 33	Women 10 & Under 50 Back	2	---	-1.88
3:03.22L	F # 37	Women 10 & Under 200 IM	2	---	-15.42
	1:30.26	3:03.22			
	(1:30.26)	(1:32.96)			
50.03L	F # 75	Women 10 & Under 50 Breast	8	---	-3.53
1:25.43L	F # 84	Women 10 & Under 100 Fly	1	---	-9.59
2:44.78L	F # 87	Women 10 & Under 200 Free	3	---	-9.03
	1:21.31	2:44.78			
	(1:21.31)	(1:23.47)			

**Individual Meet Results**

**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**

**Location: UCONN - Storrs**

**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Chloe Phillippe-Robles (12) W</b>					
5:58.22L	F # 3	Women 400 Free	43	---	---
	1:20.44	2:52.43 4:26.08 5:58.22			
	(1:20.44)	(1:31.99) (1:33.65) (1:32.14)			
39.73L	F # 5	Women 11-12 50 Fly	18	---	-5.16
3:12.74L	F # 11	Women 11-12 200 IM	8	---	-9.91
	1:35.20	3:12.74			
	(1:35.20)	(1:37.54)			
1:38.28L	F # 15	Women 11-12 100 Breast	8	---	-3.17
44.76L	F # 51	Women 11-12 50 Breast	9	---	-2.40
3:33.80L	F # 59	Women 11-12 200 Breast	7	---	-9.22
	1:42.22	3:33.80			
	(1:42.22)	(1:51.58)			
2:48.18L	F # 67	Women 11-12 200 Free	11	---	-7.47
	1:20.73	2:48.18			
	(1:20.73)	(1:27.45)			
<b>Julia Pitchell (16) W</b>					
NS	F # 9	Women 15 & Over 200 IM	---	---	---
1:06.62L	F # 21	Women 15 & Over 100 Free	3	---	3.01
2:48.69L	F # 25	Women 15 & Over 200 Back	5	---	16.87
	1:23.07	2:48.69			
	(1:23.07)	(1:25.62)			
30.70L	F # 53	Women 15 & Over 50 Free	4	---	2.28
1:12.45L	F # 61	Women 15 & Over 100 Fly	3	---	5.28
1:17.12L	F # 69	Women 15 & Over 100 Back	4	---	7.44
<b>Elizabeth Rich (16) W</b>					
3:08.87L	F # 9	Women 15 & Over 200 IM	30	---	4.57
	1:29.02	3:08.87			
	(1:29.02)	(1:39.85)			
1:12.49L	F # 21	Women 15 & Over 100 Free	18	---	0.53
3:09.54L	F # 25	Women 15 & Over 200 Back	17	---	-8.81
	1:32.10	3:09.54			
	(1:32.10)	(1:37.44)			
33.26L	F # 53	Women 15 & Over 50 Free	21	---	1.21
1:26.36L	F # 61	Women 15 & Over 100 Fly	19	---	-3.28
2:42.54L	F # 65	Women 15 & Over 200 Free	23	---	-8.76
	1:21.91	2:42.54			
	(1:21.91)	(1:20.63)			

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**Individual Meet Results**
**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**
**Location: UCONN - Storrs**
**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Amber Rocheleau (17) W</b>					
2:37.34L	F # 9	Women 15 & Over 200 IM	1	---	2.68
	1:16.09	2:37.34			
	(1:16.09)	(1:21.25)			
1:03.31L	F # 21	Women 15 & Over 100 Free	2	---	-0.96
2:45.96L	F # 25	Women 15 & Over 200 Back	3	---	-3.34
	1:21.86	2:45.96			
	(1:21.86)	(1:24.10)			
3:04.08L	F # 57	Women 15 & Over 200 Breast	2	---	-3.96
	1:27.99	3:04.08			
	(1:27.99)	(1:36.09)			
2:17.47L	F # 65	Women 15 & Over 200 Free	2	---	4.02
	1:07.66	2:17.47			
	(1:07.66)	(1:09.81)			
1:19.13L	F # 69	Women 15 & Over 100 Back	8	---	---
<b>Payton Roth (13) W</b>					
3:04.47L	F # 35	Women 13-14 200 IM	25	---	-6.40
	1:29.19	3:04.47			
	(1:29.19)	(1:35.28)			
1:16.07L	F # 47	Women 13-14 100 Free	30	---	-1.69
3:10.20L	F # 49	Women 13-14 200 Back	15	---	-14.73
	1:34.46	3:10.20			
	(1:34.46)	(1:35.74)			
34.51L	F # 77	Women 13-14 50 Free	33	---	-1.42
1:31.38L	F # 86	Women 13-14 100 Fly	23	---	-2.94
2:47.71L	F # 89	Women 13-14 200 Free	26	---	-2.56
	1:21.13	2:47.71			
	(1:21.13)	(1:26.58)			
<b>Ava Roulier (13) W</b>					
34.94L	F # 77	Women 13-14 50 Free	39	---	-0.48
1:32.49L	F # 86	Women 13-14 100 Fly	24	---	-6.49
2:42.24L	F # 89	Women 13-14 200 Free	19	---	-9.42
	1:19.89	2:42.24			
	(1:19.89)	(1:22.35)			
<b>Samantha Ruschmeier (14) W</b>					
2:50.13L	F # 35	Women 13-14 200 IM	9	---	4.72
	1:19.89	2:50.13			
	(1:19.89)	(1:30.24)			
1:34.74L	F # 39	Women 13-14 100 Breast	9	---	1.48
1:10.20L	F # 47	Women 13-14 100 Free	13	---	2.41
32.08L	F # 77	Women 13-14 50 Free	13	---	0.81
1:16.79L	F # 86	Women 13-14 100 Fly	4	---	1.68
1:20.57L	F # 93	Women 13-14 100 Back	9	---	3.14

## Individual Meet Results

2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters

Location: UCONN - Storrs

Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel

Time	F/P/S	Event	Place	Points	Improv
<b>Daniel Savidge (17) M</b>					
5:03.31L	F # 2	Men 400 IM	1	---	-2.88
	1:08.94	2:26.61 3:54.83 5:03.31			
	(1:08.94)	(1:17.67) (1:28.22) (1:08.48)			
17:48.78L	F # 29	Mixed 1500 Free	1	---	-9.92
	1:05.67	2:16.43 3:27.12 4:37.73 5:48.45 6:59.75 8:11.52 9:23.22			
	(1:05.67)	(1:10.76) (1:10.69) (1:10.61) (1:10.72) (1:11.30) (1:11.77) (1:11.70)			
	10:35.39	11:47.32 12:59.82 14:12.32 15:25.71 16:38.64 17:48.78			
	(1:12.17)	(1:11.93) (1:12.50) (1:12.50) (1:13.39) (1:12.93) (1:10.14)			
<b>Paige Sciarra (15) W</b>					
33.91L	F # 53	Women 15 & Over 50 Free	25	---	0.78
1:27.98L	F # 61	Women 15 & Over 100 Fly	20	---	4.93
1:25.10L	F # 69	Women 15 & Over 100 Back	19	---	1.66
<b>Brooke Sowka (13) W</b>					
5:54.15L	F # 1	Women 400 IM	6	---	3.38
	1:20.67	2:48.58 4:34.46 5:54.15			
	(1:20.67)	(1:27.91) (1:45.88) (1:19.69)			
2:48.80L	F # 35	Women 13-14 200 IM	7	---	10.94
	1:19.94	2:48.80			
	(1:19.94)	(1:28.86)			
2:58.35L	F # 43	Women 13-14 200 Fly	5	---	---
	1:22.34	2:58.35			
	(1:22.34)	(1:36.01)			
2:41.25L	F # 49	Women 13-14 200 Back	1	---	12.89
	1:18.59	2:41.25			
	(1:18.59)	(1:22.66)			
30.85L	F # 77	Women 13-14 50 Free	5	---	0.54
1:20.08L	F # 86	Women 13-14 100 Fly	11	---	3.89
1:16.79L	F # 93	Women 13-14 100 Back	3	---	6.09
<b>Tyler Sowka (10) M</b>					
55.03L	F # 32	Men 10 & Under 50 Fly	11	---	---
53.06L	F # 34	Men 10 & Under 50 Back	11	---	---
1:29.06L	F # 46	Men 10 & Under 100 Free	6	---	---
<b>Mohnish Srivatsav (12) M</b>					
3:16.26L	F # 12	Men 11-12 200 IM	13	---	-18.32
	1:39.62	3:16.26			
	(1:39.62)	(1:36.64)			
1:49.71L	F # 16	Men 11-12 100 Breast	14	---	-0.06
1:23.09L	F # 24	Men 11-12 100 Free	17	---	-2.26
47.26L	F # 52	Men 11-12 50 Breast	9	---	-4.38
3:06.64L	F # 68	Men 11-12 200 Free	11	---	2.39
	1:30.23	3:06.64			
	(1:30.23)	(1:36.41)			
1:38.28L	F # 72	Men 11-12 100 Back	16	---	-2.97

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**Individual Meet Results**
**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**
**Location: UCONN - Storrs**
**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Taylor Suffish (10) W</b>					
53.05L	DQ	F # 31 Women 10 & Under 50 Fly	---	---	---
50.40L	F # 33	Women 10 & Under 50 Back	13	---	---
1:40.50L	F # 45	Women 10 & Under 100 Free	25	---	---
54.61L	F # 75	Women 10 & Under 50 Breast	13	---	---
44.49L	F # 79	Women 10 & Under 50 Free	26	---	---
1:48.90L	F # 91	Women 10 & Under 100 Back	10	---	---
<b>Ally Wang (14) W</b>					
3:20.68L	F # 35	Women 13-14 200 IM	41	---	---
	1:41.28	3:20.68			
	(1:41.28)	(1:39.40)			
1:39.11L	F # 39	Women 13-14 100 Breast	13	---	---
1:16.72L	F # 47	Women 13-14 100 Free	36	---	---
34.84L	F # 77	Women 13-14 50 Free	37	---	---
2:50.38L	F # 89	Women 13-14 200 Free	30	---	---
	1:21.07	2:50.38			
	(1:21.07)	(1:29.31)			
1:36.83L	F # 93	Women 13-14 100 Back	40	---	---
<b>Abigail Wildstein (11) W</b>					
35.68L	F # 55	Women 11-12 50 Free	21	---	0.46
2:42.35L	F # 67	Women 11-12 200 Free	7	---	-4.68
	1:19.40	2:42.35			
	(1:19.40)	(1:22.95)			
1:27.37L	F # 71	Women 11-12 100 Back	5	---	-2.01
<b>Allison Wildstein (15) W</b>					
3:00.77L	F # 9	Women 15 & Over 200 IM	20	---	9.70
	1:24.17	3:00.77			
	(1:24.17)	(1:36.60)			
1:41.84L	F # 13	Women 15 & Over 100 Breast	20	---	5.69
1:13.34L	F # 21	Women 15 & Over 100 Free	19	---	3.47
1:23.93L	F # 61	Women 15 & Over 100 Fly	17	---	4.07
2:40.92L	F # 65	Women 15 & Over 200 Free	21	---	8.77
	1:18.11	2:40.92			
	(1:18.11)	(1:22.81)			
1:24.26L	F # 69	Women 15 & Over 100 Back	17	---	5.02

**Individual Meet Results**

**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**

**Location: UCONN - Storrs**

**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>			
<b>Maeve Williams (16) W</b>								
3:01.81L	F # 9	Women 15 & Over 200 IM	22	---	0.20			
	1:29.56	3:01.81						
	(1:29.56)	(1:32.25)						
1:32.34L	F # 13	Women 15 & Over 100 Breast	6	---	4.69			
3:07.16L	F # 25	Women 15 & Over 200 Back	16	---	5.88			
	1:32.63	3:07.16						
	(1:32.63)	(1:34.53)						
34.18L	F # 53	Women 15 & Over 50 Free	26	---	0.04			
3:23.19L	F # 57	Women 15 & Over 200 Breast	10	---	9.24			
	1:36.59	3:23.19						
	(1:36.59)	(1:46.60)						
1:25.57L	F # 69	Women 15 & Over 100 Back	20	---	3.32			
<b>Emma Wojnarowski (15) W</b>								
2:54.53L	F # 9	Women 15 & Over 200 IM	12	---	---			
	1:28.56	2:54.53						
	(1:28.56)	(1:25.97)						
1:28.47L	F # 13	Women 15 & Over 100 Breast	2	---	3.19			
1:10.64L	F # 21	Women 15 & Over 100 Free	11	---	-0.18			
19:52.98L	F # 29	Mixed 1500 Free	7	---	---			
	1:13.48	2:30.98	3:50.42	5:10.22	6:30.38	7:50.22	9:10.81	10:31.63
	(1:13.48)	(1:17.50)	(1:19.44)	(1:19.80)	(1:20.16)	(1:19.84)	(1:20.59)	(1:20.82)
	11:51.87	13:12.72	14:32.66	15:53.81	17:14.10	18:34.20	19:52.98	
	(1:20.24)	(1:20.85)	(1:19.94)	(1:21.15)	(1:20.29)	(1:20.10)	(1:18.78)	
32.26L	F # 53	Women 15 & Over 50 Free	14	---	0.27			
3:08.09L	F # 57	Women 15 & Over 200 Breast	4	---	10.95			
	1:29.14	3:08.09						
	(1:29.14)	(1:38.95)						
1:30.66L	F # 69	Women 15 & Over 100 Back	29	---	---			
<b>Emily Wolf (16) W</b>								
3:07.94L	F # 9	Women 15 & Over 200 IM	29	---	---			
	1:29.55	3:07.94						
	(1:29.55)	(1:38.39)						
1:11.46L	F # 21	Women 15 & Over 100 Free	14	---	-0.19			
3:05.68L	F # 25	Women 15 & Over 200 Back	13	---	---			
	1:28.72	3:05.68						
	(1:28.72)	(1:36.96)						
<b>Jade Wong (13) W</b>								
3:13.84L	F # 35	Women 13-14 200 IM	35	---	---			
	1:27.86	3:13.84						
	(1:27.86)	(1:45.98)						
1:16.59L	F # 47	Women 13-14 100 Free	34	---	---			
3:11.33L	F # 49	Women 13-14 200 Back	17	---	---			
	1:34.15	3:11.33						
	(1:34.15)	(1:37.18)						



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**Individual Meet Results**
**2019 CAC-SAQ Spring Invitational 17-May-19 to 19-May-19 LC Meters**
**Location: UCONN - Storrs**
**Laurel East Hartford YMCA [LEHY-CT] Coach: Ed Steinnagel**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Jun Wong (10) M</b>					
6:13.62L	F # 4	Men 400 Free	38	---	---
	1:27.78	3:04.15 4:41.21 6:13.62			
	(1:27.78)	(1:36.37) (1:37.06) (1:32.41)			
42.47L	F # 32	Men 10 & Under 50 Fly	4	---	---
3:26.61L	F # 38	Men 10 & Under 200 IM	3	---	---
	1:38.13	3:26.61			
	(1:38.13)	(1:48.48)			
1:23.38L	F # 46	Men 10 & Under 100 Free	4	---	---
<b>Emma Yanicky (14) W</b>					
3:21.09L DQ	F # 35	Women 13-14 200 IM	---	---	---
	1:40.01	3:21.09			
	(1:40.01)	(1:41.08)			
1:14.93L	F # 47	Women 13-14 100 Free	28	---	---
3:23.65L	F # 49	Women 13-14 200 Back	23	---	---
	1:38.88	3:23.65			
	(1:38.88)	(1:44.77)			
34.48L	F # 77	Women 13-14 50 Free	32	---	---
2:50.74L	F # 89	Women 13-14 200 Free	31	---	---
	1:22.37	2:50.74			
	(1:22.37)	(1:28.37)			
1:34.92L	F # 93	Women 13-14 100 Back	36	---	---