



WHEELER REGIONAL FAMILY YMCA-SPRING 2 CLIMBING WALL SCHEDULE APRIL 14-JUNE 9, 2019

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

860 793 9631

www.wheelerYMCA.org

Spring 2

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------------------------|------------------------------|-------------------------------------|-------------------------------|--------|---------------------------------------|--|
| | | | | | KID ROCKERS 10:00AM-11:00AM | OPEN CLIMB 10:00AM-11:00AM |
| OPEN CLIMB 4:00PM-5:00PM | OPEN CLIMB 4:00PM-5:00PM | PRE SCHOOL ROCKERS 4:00PM-5:00PM | OPEN CLIMB 4:00PM-5:00PM | | PRE-SCHOOL ROCKERS 11:00AM-12:00PM | OPEN CLIMB 11:00AM-12:00PM |
| OPEN CLIMB 5:00PM-6:00PM | OPEN CLIMB 5:00PM-6:00PM | TEEN ROCKERS 5:00PM-6:00PM | OPEN CLIMB 5:00PM-6:00PM | | OPEN CLIMB 12:00PM-2:00PM | OPEN CLIMB 12:00PM-1:00PM |
| CLIMBING TEAM 6:00PM-7:30PM | KID ROCKERS 6:00PM-7:00PM | CLIMBING TEAM 6:00PM-7:30PM | TEEN ROCKERS 6:00PM-7:00PM | | | *BELAY ORIENTATION (SEE BELOW) KID ROCKERS 1:00PM-2:00PM |
| OPEN CLIMB 7:30PM-8:00PM | OPEN CLIMB 7:00PM-8:00PM | | OPEN CLIMB 7:30PM-8:00PM | | | |
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IMPORTANT INFORMATION

During open climb, any member or guest may use the climbing wall. The minimum age to participate in open climb is 4. All children younger than 12 must have an adult (18+) with them at all times. The minimum age to belay is 12. All individuals must be trained through a YMCA orientation. Trained belayers are kept on record. All equipment used must be the property of the YMCA. Personal harnesses are permitted only after staff inspection. Climbing shoes or closed-toe athletic shoes must be worn. Posted climbing commands must be used at all times. No food or drinks are permitted in the climbing wall.

* BELAY ORIENTATION

A BELAY ORIENTATION will be held in the place of OPEN CLIMB on the 1st SUNDAY OF EVERY MONTH from 12:00PM-1:00PM.

Anyone interested should sign up at the welcome center.

ROCK CLIMBING CLASSES

Preschool Rockers Class (Ages 4-6): For our fearless youngsters! Students must be able to take and follow directions independently you participate in class.
 Kid Rockers Class (Grades 1-4): Kids learn climbing safety, skill and confidence!
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 Teen Rockers Class (Grades 5-8): Teens have an opportunity to progress in climbing level throughout multiple sessions with opportunities for progression in each session. Levels are based on climbing skill, knowledge of safe climbing practices and leadership within class.
 Climbing Team: Climbing team is for ages 6-14. There are 2 levels. Climbing team requires a membership and a monthly payment for the team.