

## April 2019- EHMS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> 5:30-6:30 pm Regular Practice	<b>16</b> 5:30-7:00 pm Regular Practice	<b>17</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>18</b> 5:30-6:30 pm Regular Practice	<b>19</b> No practice  Good Friday	<b>20</b>
<b>21</b>	<b>22</b> 5:30-6:30 pm Regular Practice	<b>23</b> 5:30-7:00 pm Regular Practice	<b>24</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>25</b> 5:30-6:30 pm Regular Practice	<b>26</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>27</b>
<b>28</b>	<b>29</b> 5:30-6:30 pm Regular Practice	<b>30</b> 5:30-7:00 pm Regular Practice				

## May 2019- EHMS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>2</b> 5:30-6:30 pm Regular Practice	<b>3</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	4
5	<b>6</b> 5:30-6:30 pm Regular Practice	<b>7</b> 5:30-7:00 pm Regular Practice	<b>8</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>9</b> 5:30-6:30 pm Regular Practice	<b>10</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	11
12	<b>13</b> 5:30-6:30 pm Regular Practice	<b>14</b> 5:30-7:00 pm Regular Practice	<b>15</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>16</b> 5:30-6:30 pm Regular Practice	<b>17</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	18
19	<b>20</b> 5:30-6:30 pm Regular Practice	<b>21</b> 5:30-7:00 pm Regular Practice	<b>22</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>23</b> 5:30-6:30 pm Regular Practice	<b>24</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	25
26	<b>27</b> No practice  Memorial Day	<b>28</b> 5:30-7:00 pm Regular Practice	<b>29</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>30</b> 5:30-6:30 pm Regular Practice	<b>31</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	

## June 2019- EHMS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<b>3</b> 5:30-6:30 pm Regular Practice	<b>4</b> 5:30-7:00 pm Regular Practice	<b>5</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>6</b> 5:30-6:30 pm Regular Practice	<b>7</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	8
9	<b>10</b> 5:30-6:30 pm Regular Practice	<b>11</b> 5:30-7:00 pm Regular Practice	<b>12</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	<b>13</b> 5:30-6:30 pm Regular Practice	<b>14</b> 4:30-5:30 Stroke Clinic 5:30-7:30 pm Regular Practice	15
16	<b>17</b> Outdoor practice at Terry Odessa Begins 6:00-8:30 am More information to come	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	22
23	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	29
30	<b>*All 13 and over swimmers should come to outdoor practice ready for dryland work and with sneakers that can be worn in the pool.</b>					

## July 2019- EHMS Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 TBA	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			
	<b>*All 13 and over swimmers should come to outdoor practice ready for dryland work and with sneakers that can be worn in the pool.</b>					