



life *long →*

THE YMCA OF GREATER HARTFORD 2018 ANNUAL REPORT



How do we build lifelong success?

The Y challenges us to reach beyond our limits.

We rise and grow.

The Y encourages us to achieve our dreams at any age.



*On the cover:
Thanks to the
Wilson-Gray YMCA,
Denzel Dunn
is building a future
with the promise
of adventure and
lifelong success.*

Our mission

The YMCA of Greater Hartford is a charitable association open to all and committed to helping people develop their fullest potential in spirit, mind and body. The commitment is reinforced by our belief in living out the universal values of caring, honesty, respect and responsibility.

Credo and Vision statement

*We build lifelong success:
We will be the premier charitable organization, building lifelong success for all by advancing Youth Development, Healthy Living, and Social Responsibility.*



President's letter

At the YMCA of Greater Hartford, we strive to build a strong foundation for lifelong success.

This Annual Report touches on the ways the YMCA enhances life at any age. From the day a child dares to swim to the deep end of the pool to the moment an older adult takes her first Zumba class, the YMCA bears witness to their courage. We know that our values of caring, honesty, respect, and responsibility inspire people to succeed. These beliefs sustain YMCA members throughout their lives.

This report highlights several YMCA benefactors who donate their time, talents and treasure to the YMCA to help others build lifelong success. We appreciate the efforts of these respected members of our community who have served as valued stewards of our resources. As longtime members of the YMCA, they show us how to create a better world for the next generation.

When children experience success in an early literacy program, they build a strong foundation for future learning. Afterschool programs give children who may not adapt well to a structured academic environment a chance to shine. What's more, YMCA programs create a space for children to be happy. They run, play, skip, jump, swim, get homework help, and eat a nutritious meal. Over time, as they gain self-awareness, they develop the confidence they need to succeed in school and beyond.

Young people thrive when teachers and coaches celebrate their singular talents. In these pages, you will hear from one young man who is building success in his own life. When he joined the Bright Kids, Healthy Futures initiative at the Wilson-Gray YMCA, Denzel Dunn began to overcome the barriers he faced growing up in Hartford's

North End. Now a sophomore at the University of Hartford, he is becoming a more responsible citizen and building strong leadership skills.

The YMCA is a vital force for physical activity and social engagement. Last year, the YMCA kicked off a bold strategy to engage and enroll seniors—one of Connecticut's fastest-growing populations. Nearly 2,000 seniors signed up for the YMCA's programs, an astonishing number of new members who add to the ranks of older adults who already exercise, lift weights, and swim together.

The YMCA drives personal growth and builds community. People who join the YMCA to lose weight or get in shape may be surprised to make friendships that last a lifetime. But that's exactly what happens. The YMCA chases away loneliness by promoting health and fun activities. Research shows that people who exercise are considerably less likely to be lonely.

In our lives, we have only limited time to take advantage of all the opportunities that come our way. From our preschool days to our golden years, our YMCA experiences shape the people we become. Today, we challenge youth and adults to create a fulfilling life for themselves—and to share their success by giving back to our community.

Thank you for helping us build lifelong success. Please join us for another great year!



Richard J. (Rich) Burness
Chair of the Board



Harold Sparrow
President and CEO

En el YMCA de Greater Hartford, luchamos por construir cimientos fuertes para el éxito de por vida.

Este Informe Anual trata las formas en que el YMCA mejora la vida a cualquier edad. Desde el día en que un niño se anima a nadar en la parte honda de la piscina hasta el momento en que un adulto mayor toma su primera clase de Zumba, el YMCA es testigo de su coraje. Sabemos que nuestros valores de consideración, honestidad, respeto y responsabilidad inspiran a las personas a alcanzar el éxito. Esas creencias sostienen a los miembros del YMCA durante toda la vida.

Este informe destaca a varios benefactores del YMCA que donan su tiempo, talento y tesoro al YMCA para ayudar a otros a construir el éxito de por vida. Apreciamos los esfuerzos de esos respetados miembros de nuestra comunidad, quienes han obrado como valiosos administradores de nuestros recursos. Como antiguos miembros del YMCA, nos muestran cómo crear un mundo mejor para la próxima generación.

Cuando los niños viven el éxito en un programa de alfabetización temprana, construyen cimientos sólidos para aprendizajes futuros. Los programas extracurriculares brindan una oportunidad de brillar a los niños que quizás no se adapten bien a un entorno académico estructurado. Asimismo, los programas del YMCA crean un espacio para que los niños sean felices. Ellos corren, juegan, saltan, nadan, reciben ayuda para hacer la tarea y comen alimentos nutritivos. Con el tiempo, a medida que adquieren conciencia de sí mismos, desarrollan la confianza que necesitan para alcanzar el éxito en la escuela y más allá.

Los jóvenes prosperan cuando los profesores y entrenadores celebran sus talentos singulares. En estas páginas, recibirá

información sobre un joven que está construyendo el éxito en su propia vida. Cuando se unió a la iniciativa Bright Kids, Healthy Futures (Niños Brillantes, Futuros Saludables) en el YMCA Wilson-Gray, Denzel Dunn comenzó a superar las barreras a las que se enfrentó durante su crecimiento en el North End de Hartford. Hoy es estudiante de segundo año de la Universidad de Hartford, se está convirtiendo en un

ciudadano más responsable y desarrollando una sólida capacidad de liderazgo.

El YMCA es vital para realizar actividad física y relacionarse socialmente. El año pasado, el YMCA impulsó una estrategia audaz para involucrar e inscribir a adultos mayores, una de las poblaciones de Connecticut que crece más rápidamente. Casi 2.000 adultos mayores se inscribieron en los programas del YMCA, una increíble cantidad de miembros nuevos que se suman a los adultos mayores que ya practican ejercicio, levantan pesas y nadan juntos.

El YMCA impulsa el crecimiento personal y construye una comunidad. Las personas que se suman al YMCA para bajar de peso o estar en forma se sorprenden haciendo amistades de por vida, pero eso es exactamente

lo que ocurre. El YMCA aleja la soledad promoviendo la salud y actividades divertidas. Las investigaciones demuestran que las personas que hacen ejercicio tienen posibilidades considerablemente menores de sentirse solas.

Durante nuestras vidas, solo tenemos tiempo limitado para aprovechar todas las oportunidades que se nos presentan. Desde el preescolar hasta la madurez, las experiencias que tenemos en el YMCA forman a la persona en la que nos convertimos. Hoy, desafiamos a jóvenes y adultos a crear una vida plena para sí mismos y a compartir el éxito ofreciendo algo a nuestra comunidad en compensación.

Gracias por ayudarnos a construir el éxito de por vida. Por favor, súmese a nosotros durante otro gran año.



Richard J. Burness, Chair of the Board Harold Sparrow, President and CEO

lifelong experiences



How do we build lifelong success? We believe the best way to sustain our growth is to inspire and engage volunteers—by expanding the many services we bring to communities across the region. Our work would be impossible without the dedication of our committed volunteers.

From infancy to adulthood, the Y engages people throughout their lives. Success begins when a motivated person buys into the overall value system that the Y represents — and builds over the years. The Y helps each individual find his or her own way to success.



Knowledge and ability

"The Y gave me unique opportunities to grow and succeed. I had the opportunity to be a leader; I always knew that I could be, but there were few opportunities for women. The Y recognized women and does so even more today. At the Y, my whole world just opened up; it gave me friends and a new outlook and perspective on life."

Judy
YMCA Volunteer



"Our workouts and our family were a great support after the loss of my brother Justin. Our first workouts ended in emotional tears, but gradually turned to laughs thanks to the people at the Downtown Y. Especially one who sticks out: Toni, who was our miracle! She not only helped physically, but emotionally as well. Toni made us want to do something instead of hiding out at home. Ironical, because now, this is our second home. You guys changed our lives, and we are healthier and happier."

Paula and Dana
Downtown YMCA



Long-ago tragedy, lifetime commitment

"Eleven years ago, I went for a routine mammogram and discovered that I had severe metastatic breast cancer. After undergoing surgery, chemotherapy, and radiation, my thoughts returned to wellness. I went to inquire about the LIVESTRONG® program at the Farmington Valley YMCA, where I met Jackie Voelker, health and wellness director. Jackie explained the program to me and welcomed me to the Y. I loved it!"



"Then, I was shocked to learn that the chemotherapy I received for the cancer destroyed the left side of my heart leading to congestive heart failure. In December 2016, I became the recipient of a new heart."

"After my recovery, I once again returned to the Farmington Valley YMCA. Recently, I received a lab report from my doctors. All my tests came back normal and the doctors were so pleased to say I was healthy!"

Anita
Farmington Valley
YMCA



**The Y champions long,
active, and healthy lives.**

lifelong curiosity



Challenged to grow

"I never did dream that at 73 I would be doing my first back bend! Thank you, Jenn and Refleksiv Yoga. After retiring I needed something to fill my time with active people. Strength training has made me much stronger and taken off several inches. Zumba is fun, it keeps me moving. Doing all of this has given me a new feeling of accomplishment and self-confidence. Often, the hardest part is getting there, but once you're there, the energy kicks in, and you're ready to work!"

Juanita
Hale YMCA



"Learning to swim at an older age is not easy; however, I quickly discovered that many people are in similar situations. I took classes as a child and young adult but gave up because it just wasn't happening. I've learned that some people are naturally buoyant, so swimming comes with ease. Others, like myself, have to work a lot harder to keep afloat. It's never too late to attempt to learn!"

Maggie
Indian Valley YMCA

"The first time I ever did a half marathon was when I was in my early 60s. In the beginning of 2016, I signed up for my third long run, but that year, I was diagnosed with multiple myeloma, a cancer with no cure. I had to drop out of the race because of extensive chemotherapy and a stem cell collection. I was disappointed and felt as though my body had let me down. In 2016, the Hale YMCA opened, and I joined the LIVESTRONG® program and began doing cardio, weight training, and water fitness. Now, I feel more empowered. My body is stronger. I feel so much better mentally. I plan to begin training for the 2019 Hartford Marathon by joining the Couch Potato to 5K program and swimming laps!"

Elina
Hale YMCA



Doing our best to build success

"My involvement with the Y began in 1957 as an attorney and board member after a tragic drowning at Camp Woodstock. I had long admired the exceptional people at the Y, and I joined the board to help ensure that every child would be safe around water. Volunteers at the board level have credibility with donors because they're not being paid. At the senior level, leaders come and go, but our volunteers stay. I have enjoyed giving back to the Y by sharing my talents and expertise as a volunteer."

Hal
YMCA Volunteer



"Over the past three years I have been on a journey; at 250 pounds, I wasn't happy with how I looked and felt. The Slimdown helped me get back on track again! Although I am not at my goal weight, I am making progress every day. I love the team concept because you don't want to let your teammates down. It was OK if I failed myself, but I was not going to fail my team. That did it for me! If I never met my teammates or worked out with them, I probably wouldn't have taken it so seriously, so I thank my teammates as well as the YMCA for giving me this opportunity to better myself."

Heather, Team
Quadruple Threat,
Hale YMCA's Fall 2018
Winning Team



**From infancy to adulthood,
the Y engages people
throughout their lives.**

lifelong opportunities



Success for the future

"My lifetime goal has been to remedy the effects of racism and economic inequality. I pursued my master's degree in social work and experienced the fragmentation of services for economically stressed, urban families. I dreamed of creating a space for recreational and educational activities, better health outcomes, and stronger family ties. The YMCA allowed me to realize my dream when I participated in the ribbon-cutting ceremony at the Wilson-Gray YMCA Youth and Family Center in Hartford. I look forward to fundraising and helping the Wilson-Gray Y offer a wide-range of programming that will help people to overcome the deficits caused by racism and economic inequality."

Ruth
YMCA Volunteer



"I've always had a fear of gyms—I thought everyone would judge me because I wasn't thin and fit. The Downtown YMCA is fantastic! I never felt like I belonged until I walked through those doors and took a chance. I wanted to try and better myself and live a healthier life. I'm glad I did. Everyone there is different—all shapes and sizes. The staff is awesome, and I look forward to being there. I'm not only getting healthy, but I've also gained my self-esteem back, not to mention all the new friends I've made. It feels great to be a member for life!"

Debra
Downtown YMCA

"I was a troubled child before my mom brought me to the Y. Some of my friends got out, but others aren't here anymore. If you grow up in a society of violence and corruption, your future is violent and corrupt. Through the Bright Kids, Healthy Futures initiative, the Y helped me open a bank account so I could save money. It's important to invest in yourself. Now I understand how to use my resources and make a plan. When I graduate from the University of Hartford, I will spend four years in the Army. They will help me pay for my master's degree in social work. It's important to build self-esteem, but character is what's really important."

"Believe in yourself. Nobody can take your success away unless you let them."

Denzel
Wilson-Gray YMCA



**The Y builds creative,
vital, and successful lives.**



a legacy of lifelong service



**To whom much is given,
from him much will be required. — Luke 12:48**

Jerald (Jerry) Gooden

**Recipient of the 2018 Robert C. Knox, Jr.
YMCA Distinguished Leadership Award**

The R. C. Knox award is given annually in memory of Robert C. Knox, Jr., a longtime YMCA volunteer. This year, the award goes to Jerald (Jerry) Gooden, who has served the YMCA community for more than a decade as a dedicated volunteer.

Over the years, Jerry has risen to the highest levels of leadership on the YMCA's Board of Directors and Trustees. A retired Aetna senior vice president, he has served as board chair and as a leader on two executive search committees responsible for hiring the President and CEO. Jerry currently serves as a vice chair on the board of directors' Executive Committee, as well as on the Governance and Finance committees; he previously served on the Audit committee and was one of the inaugural mentors in the Reach and Rise program. He is a member of the Wilson-Gray board of advisors.

Jerry was regional chair for the YMCA of the USA Association Assemblies, which includes all the YMCAs in the Northeast. As former chair of the YMCA of Greater Hartford Board of Directors, he brings unique strengths to the Board's committees. Today, he lives most of the year with his wife, Linda, in Florida, but travels back to Hartford frequently for meetings and events.

In 2000, the YMCA began planning a community-focused Y on Albany Avenue. "The CEO of the YMCA of Greater Hartford at the time, Kevin Washington, had a vision of creating a branch in the North End," he recalls. "I grew up in San Diego, CA, in a neighborhood that was a lot like the North End. The

neighborhood had many of the same issues and challenges, so I felt I could provide a specific and unique perspective. I saw the north Hartford Y as an opportunity."

Jerry now brings his experience to the Wilson-Gray Y's board of advisors, which he helped establish. "At that time, the Wilson-Gray and Downtown Y had one management structure, which hindered the unique identity of each branch. I brought both my personal insights and my financial acumen to the Wilson-Gray branch. We had representation from the community, but it was also important to have representation from the corporate world."

For Jerry, his volunteer activities are truly a calling, a tradition he has passed down to his son, Jerald (JT). "To whom much is given, much is required and expected," Jerry says.

During a difficult period of transition at the Y, Jerry stepped in to coach the interim CEO. "Culture is important. I believe I bring a certain rigor, discipline, and understanding of critical management processes required to implement fundamental and strategic advances. I like that kind of discipline."

Jerry's passion for service was inspired by growing up in the church and as a child of hardworking parents. They instilled in him the importance of hard work and a strong commitment to helping others. At age 23, he became a Big Brother to a 10-year-old boy named James, a relationship that has lasted more than 35 years.

Two years ago, he joined a group of Y leaders and volunteers helping to establish and strengthen both strategic and programmatic initiatives for the Y's in the Township areas of South Africa. He traveled from Cape Town to Johannesburg and beyond. "Most of the Ys are in the Townships in the poorer parts of South Africa," he says. "Kids are kids everywhere. They need to be engaged and challenged. I saw for myself the impact a Y can have anywhere in the world."



Past Knox Award Recipients
1977 Robert C. Knox, Jr.*
1978 The Hon. Thomas D. Gill*
1979 Frederick U. Conard, Jr.*
1980 William H. Short*
1981 Richard B. Haskell*
1982 Reese H. Harris, Jr.*
1983 Herbert R. Bland*
1984 Earnest T. Andrews, Jr.*
1985 J. Ronald Regnier*
1986 Donald P. Richter*
1987 William K. Cole*
1988 Morrison H. Beach*
1989 Robert E. Carroll, Jr.
1990 Raymond W. Stahl*
1991 Warren A. Hunt*
1992 Robertson Mackay*
1993 Donald J. Hayes*
1994 Raymond B. Green*
1995 Alfred R. Rogers
1996 Raymond H. Deck*
1997 Harold C. Buckingham, Jr.
1998 R. Michael Curran
1999 Judith A. Stearns
2000 J. Philip Denison*
2001 Chandler J. Howard
2002 Myron E. Congdon
2003 Michael M. Hopkins
2004 Gerald Geise
2005 James T. Betts
2006 Arthur Snyder
2007 Laura Estes
2008 William Petit, Sr.
2009 John F. Byrnes
2010 Warren C. Packard
2011 Ruth H. Grobe
2012 JoAnn Price
2013 Al Wilke
2014 I. Charles Mathews
2015 Daniel C. Tracy
2016 Peter B. Atherton
2017 Gary Wolff
* Deceased

Supported over 12,000 teens who participated in YMCA programs, including Leaders Club, Y-TIP, Youth and Government, and Health and Wellness programs.

12,000



2,400

Provided aquatics programming to more than 2,400 individuals.



5,557

Applauded and celebrated Great Hartford Slimdown participants for their hardwork and dedication to healthy lives and their loss of 5,557 pounds.



2018 Association Highlights

Raised over \$1.3 million in grant support.

Raised over \$1.5 million in Community Campaign donations to support children, families, and adults participating in YMCA programs.

Secured over \$115,000 in support of summer camp scholarships at the 17th annual Kids to Camp Golf tournament.

Recognized Cheryl Swett, Tony Gronski, Karen Nicosia, Brianna Schnaittacher, Kaylin Freckleton, Jackie Voelker, Joanne Anderson, Hannah Rapaglia, Katie McDonough, Laura Floyd, Wali Burney, and Kirk Dixon with the YMCA of Greater Hartford Culture Champion Award.

Engaged Dan Hurley, Head Coach of the University of Connecticut Men's Basketball team, as guest speaker at the YMCA Celebrates Champions event to honor those whose community work promotes positive change. Raised more than \$175,000 at the Champions event to benefit

programs that support Youth Development, Healthy Living, and Social Responsibility.

Presented three Champions Awards to area leaders who exemplify the pillars of the YMCA: Dr. Ed Orszulak, retired principal of Anna E. Norris Elementary School in East Hartford, who received the award for Youth Development; The Hartford Financial Services, which received the award for Healthy Living; and Senator Douglas McCrory, representing the communities of Hartford, Bloomfield and Windsor, who received the award for Social Responsibility.

Awarded \$2.4 million in financial assistance through contributions and program grants that provided access to adults, families and youth who otherwise could not afford to participate in Y programs and services.

Honored Al and Helen Wilke at the YMCA Heritage Club Recognition

Dinner for their many years of service and commitment to the Y.

Launched and conducted the first two of six community forums, which are designed to inform us of community needs.

Received and distributed over 1,600 toys donated by the Hartford Young Professionals and Entrepreneurs (HYPE) group.

Joined the Nationwide Membership program through YMCA of the USA. This membership program ensures that all nationwide members have access to and can use all the areas and programs of any Y they visit.

Developed a strategy plan to engage more seniors as members and volunteers in our YMCA communities. The strategy included partnering with Optum and expanding our partnership with Tivity.

Launched new Association website.

Camp Jewell YMCA

Broke ground for construction of new cabins.

Received a \$450,000 donation from Camp Rising Sun toward the construction of our new health center.

Established a partnership with Camp Clio to provide a mainstream camper program for children who have been adopted.

Awarded financial assistance to 386 families.

Raised over \$6,000 through our new cookie care package program to support the Community Campaign.

Received \$1 million in bond funding from the State of Connecticut toward our capital campaign.

Hosted our 9th annual benefit night in collaboration with the West Hartford YMCA, which raised over \$20,000.

Hosted over 350 teens at Camp Jewell at Teen Achiever retreats.

Honored the pioneers in women's camping at Camp Jewell for our annual Scoobie Award.

Completed construction of Case World, a new platform tent area that overlooks the lake in honor of long-time Camp Jewell staff member Case McCrea.

108,000

Served over 108,000 children and families.

Camp Woodstock YMCA

Raised over \$130,000 for the Community Campaign, \$30,000 of which was contributed by the Board of Advisors.

Awarded financial assistance to 179 kids.

Completed renovations to New Yurt City.

Received \$90,000 in grants from the Rorabach Trust and YMCA of the USA.

Increased summer camp program by 3% to be at 96% capacity.

Hosted annual wine tasting event, raising over \$18,000, supporting 40 kids who experienced summer camp.

Hosted the 2018 Appalachian Mountain Club annual conference and a veterans' family weekend.

Downtown YMCA

Appointed Toni Proffitt-Wimberly as our new director of health & wellness and Lael Williams as our new director of the Footlights Performing Arts and Education program.

Collaborated with High School Inc. to provide health and fitness programs to youth, 14 to 17 years of age.

Engaged over 1,500 children in the 3rd Grade Swim program.

Granted 50 Christmas wishes to Covenant to Care for Children.

Exceeded special event goals for Mission in Motion and the 2nd annual Paint for a Cause.

Collaborated with a local faith-based school to teach lifesaving skill development and self-confidence building through swim lessons.

East Hartford YMCA

Prepared and graduated 45 preschoolers from the child development centers.

Collaborated with East Hartford High School to kick-start the Youth and Government program. Support from JC Penney has made this possible.

Celebrated the LEHY swim team as they became the Northern Regional Overall High Point Champions and the Northern Regional Overall Girls High Point Champions.

Engaged 80 families who volunteered over 1,000 hours to run successful swim meets.

Awarded summer camp scholarships to youth in homeless families and foster care.

Secured \$1.5 million in state bond funding and over \$25,000 in private donations to renovate the Larson Center.

Farmington Valley YMCA

Hosted a senior engagement focus group that was attended by over 85 senior health seekers.

Raised over \$51,000 at Bike for the Battle Events in support of LIVESTRONG® at the YMCA program. Over 275 participated in all three events (Box, Dance and Bike for the Battle).

Engaged over 30 youth athletes who participated in the six-week Race4Chase training program, ending in a successful race at the beginning of August.

Offered two sessions of the Great Hartford Slimdown with more than 314 participants who collectively lost over 1,726 pounds.

Started the first-ever Farmington Valley YMCA archery team, The Hot Shots, which has over 27 participants, including adults.

Served over 2,500 participants in youth development classes and teams.

Implemented the Youth Adaptive Swim program.

Glastonbury Family YMCA

Raised over \$17,000 at Shopping for a Cause event to support the Community Campaign.

Produced Disney's Beauty and Beast Jr. with 40 youth performers.

Expanded capacity at Hopewell School to be able to offer 17 additional slots and accommodate school redistricting.

Hosted annual preschool moving up celebration with more than 50 attendees.

Participated in Hike to Remember event and other community events like Kidding Around the Center and Apple Harvest Festival.

Applauded our drama club as they sang at a Wolfpack game.

Celebrated 13 gymnasts who qualified and competed at YMCA Nationals.

Engaged 33 individuals in the LIVESTRONG® at the Y program.



170

Supported over 170 cancer survivors who participated in the LIVESTRONG® at the YMCA program.

Hale YMCA Youth and Family Center

Received a \$13,000 donation from the Town of Putnam to launch the Y's new substance abuse prevention program.

Launched YMCA Diabetes Prevention Program.

Had 156 youth attend the second year of Camp Cutler, which included expanded opportunities for Leaders in Training and Counselors in Training.

Held 2nd annual Holiday Bazaar with 70 local vendors selling handmade crafted items.

Received \$20,000 from the concert sponsored by Broadway Live Productions. Over 1,500 people attended.

Launched Members Helping Members, which helped us exceed our \$80,000 community campaign goal.

Offered two sessions of the Great Hartford Slimdown with 138 participants losing pounds and getting healthier.

Displayed annual giving gift donation tree in partnership with Putnam Family Resource Center and TEEG, which yielded holiday gifts for over 200 local children.

Swam with the pumpkins and 255 members of the community during our fall special event.

Indian Valley Family YMCA

Completed a multiyear endeavor to construct an outdoor basketball court. Thanks to the hard work of our Board of Advisors and community donors, the six-basket regulation court opened in time for summer camp.

Hosted our annual Spirits for Giving event at Ellington Ridge Country Club, raising over \$35,000 in support of the Community Campaign.

Celebrated cultural diversity with our 6th annual Multicultural Day. This free event attracted over 100 guests who brought food representing many countries from around the world. The event was highlighted by youth performers who sang, danced, and performed in various exhibitions.

Celebrated the Breakers swim team as it took home the Yankee Clusters League Championship.

Started several new programs in the area of youth development and health & wellness, including Golden Archers competitive youth archery team, Kokondo Karate program, and Jukido Jujitsu.

310

Hosted nearly 310 families at YMCA Family Camp Weekends at our overnight camps.

West Hartford and Tri-Town YMCA

Served 54 children at the 2nd annual Y-BELL Power Scholars Academy Summer Camp to mitigate summer learning loss in math and reading.

Collaborated with the Wethersfield community to provide free childcare services to families while parents are attending ESL classes.

Raised over \$65,000 in the Community Campaign.

Awarded over \$35,000 in financial assistance to 60 children to attend West Hartford and Tri-Town summer camps.

Awarded 109 children financial assistance to participate in camp, childcare, and sports programs.

Wheeler Regional Family YMCA

Partnered with the Town of Plainville to launch Healthy Plainville, a collaboration that promotes a healthy community for youth and families.

Planted an on-site community garden to teach our child development program participants how to tend to the garden, try new vegetables and herbs, and make tomato sauce. Donated fresh produce to the Plainville Food Pantry.

Renovated the wellness center by improving and expanding the functional and strength areas. The room was designed with the intention of creating wide-open spaces, more variety, and a better overall experience for our members.

Served over 420 children at Camp Wheeler.

Awarded more than 50 families the gift of camp through the financial assistance program.

Wilson-Gray YMCA Youth and Family Center

Celebrated youth from Wilson-Gray's Bishop Chess Club who took part in numerous professional chess tournaments.

Engaged 71 youth in a workforce development program that was funded through the Connecticut Department of Labor. Of those 71 youth, 49 youth opened up savings accounts, and 36 of those accounts are still being actively used.

Conducted our annual holiday celebration, with culturally focused festivities open to the community. The event provides over 250 gifts to youth and dinner to over 500 attendees.

Hosted our inaugural benefit brunch fundraiser to increase awareness of the needs of our community and bring together champions of our cause.

Broke ground on a new Teen Tech Center in partnership with Best Buy and The Clubhouse Network.



the YMCA of Greater Hartford
summarized financial information for 2018

4,200

Engaged over
 4,200 youth in
 day and overnight
 summer camp.

**Summary of Public Support,
 Revenues and Expenses**

Public Support	
Contributions	2,441,182
United Way	150,653
Government Contracts & Grants	2,828,819
Total Public Support	5,420,654
Revenues	
Program Activities	16,298,611
Memberships	9,116,259
Merchandise Sales	204,487
Endowment allocation	3,257,010
Miscellaneous revenues	665,103
Total Revenue	29,541,470
Total public support and revenue	34,962,124
Expenses	
Salaries, taxes and benefits	19,334,269
Supplies and services	5,194,351
Utilities and occupancy	4,765,715
Promotion, vehicles and training	1,252,624
Other expenses	1,618,324
Total expenses	32,165,283
Subtotal Excess (deficit)	2,796,841
Less: Depreciation and amortization	2,649,775
Net Excess (defecit)	147,066
Investment and non-operating activity-net	(9,979,068)
Capital campaign activity-net	1,394,251
Net change in assets	(8,437,751)

Summarized Balance Sheet

Assets	
Cash and equivalents	2,819,232
Investments	64,490,618
Receivables	1,311,281
Other assets	301,580
Land, Bldg, Equip - net	56,163,722
Trusts held by others	12,537,686
Total assets	137,624,119
Liabilities	
Payable and accrued expenses	1,590,381
Notes Payable and Line of credit	6,163,972
Deferred revenue	4,313,599
Other Liabilities	192,442
Bond payable	24,193,622
Total liabilities	36,454,016
Net Assets	
Total net assets	101,170,103
Total net assets and liabilities	137,624,119

This summarized financial information
 is taken from financial statements examined
 by independent public accountants. Copies
 of the audited financial statements and IRS
 Form 990 are available for examination
 at the YMCA's office.

Constituency Report

Membership

Different People Served	
Male	34,134
Female	35,379
Youth	26,402
Adults	4,311
Total Members	55,102
Other Participants	53,411
Total Constituency	108,513

Personnel

Employees Full Time	177
Employees Part Time	1,407

Supporters

Fund Raising and Other Volunteers	630
Volunteer Boards and Committees	271
Donors	4,850

**YMCA of
Greater Hartford
Branch Locations***

Camp Jewell YMCA
6 Prock Hill Road,
Colebrook, CT 06021
1-888-412-2267
Craig Dawson,
Interim Branch
Executive
Jay Aronson,
Branch Board Chair

**Camp Woodstock
YMCA**
42 Camp Road, Wood-
stock Valley, CT 06282
1-800-782-2344
Tony Gronski,
Branch Executive
Alex Lucas,
Branch Board Chair

Downtown YMCA
90 State House
Square, Hartford, CT
06103
860-522-4183
Rick Hersom,
Branch Executive
Peter B. Atherton,
Branch Board Chair

East Hartford YMCA
770 Main Street, East
Hartford, CT 06108
860-289-6612
Laura Floyd,
Branch Executive
Michael Forbes,
Branch Board Chair

**Farmington
Valley YMCA**
97 Salmon Brook
Street, Granby, CT
06035
860-653-5524
Brian P. Liss,
Branch Executive
Eric Clapprood,
Branch Board Chair

**Glastonbury Family
YMCA**
95 Oakwood Drive,
Glastonbury, CT 06033
860-633-6548
Josue Irizarry,
Branch Executive
Garrett Ludwig, Branch
Board Chair

**Hale YMCA Youth
and Family Center**
9 Technology Park
Drive, Putnam, CT
06260
860-315-9622
Amanda Kelly,
Branch Executive
James Zahansky,
Branch Board Chair

Indian Valley YMCA
11 Pinney Street,
Ellington, CT 06029
860-871-0008
David Corricelli,
Interim Branch
Executive
Jennifer Plourde,
Branch Board Chair

**West Hartford/
Tri-Town YMCA**
12 North Main Street,
West Hartford, CT
06107
860-521-5830
Josue Irizarry,
Branch Executive
Stacy Raney,
Branch Board Chair

**Wheeler Regional
Family YMCA**
149 Farmington
Avenue,
Plainville, CT 06062
860-793-9631
Francine Coleman,
Branch Executive
Foster White,
Branch Board Chair

**Wilson-Gray YMCA
Youth and Family
Center**
444 Albany Avenue,
Hartford, CT 06120
860-241-9622
Anthony Barrett,
Branch Executive
Ronald Johnson,
Branch Board Chair

**Metropolitan
YMCA Staff**

Harold Sparrow,
President and CEO

Joseph Weist, CPA,
Vice President
of Finance and
Chief Financial Officer

Lori Lehan,
Vice President of
Human Resources

Howard Goodrow,
Chief Development
Officer

Kristen Pollard,
Vice President of
Program Development

Gina Gaipa,
MIS Director

Laura B. Hoffman,
Director of
Development

Brian Liss,
District Executive
Director

Lisa Reinhardt,
Director of
Membership
and Marketing

Samantha Savran,
Director of Digital
Outreach and
Marketing

Terry Sedgwick,
IT Director

Jeff Williams,
Director of Grants

Natalie Zembrzusi,
Director of Executive
Relations

Directors*

Jay Aronson
Peter B. Atherton
Thomas Borner
Richard J. Burness
Eric Clapprood
Maura Cochran
Jason Fazio
Michael Forbes
Paul Gilmore
Jerald (Jerry) Gooden
Samaia Hernandez Mounds
Aaron Isaacs
Ronald Johnson
Chekesha Kidd
Linda Knox
Annette Larabee
Alex Lucas
Garrett Ludwig
Alan Mattamana
Michael Matteo
Sheryl L. McQuade
Marino Monti
Peter Olson
Jennifer Plourde
Stacy Raney
Thomas J. Rechen
Carmen Sierra
Arthur M. Snyder
Harold Sparrow
Foster White
James Zahansky
Scott Zuffelato

Trustees*

Cheeneah Armstrong
Edward F. Bader
James T. Betts
John F. Byrnes
Harold C. Buckingham, Jr.
Robert E. Carroll, Jr.
Myron E. Congdon
R. Michael Curran
Rodney Dimock
Jaye Donaldson
Arthur W. Frank, Jr.
Ruth H. Grobe
Laurence Hale
Kenneth Hedman
Scott F. Higgins
Chris Hovevar
Michael M. Hopkins
John J. Hussey
S. Edward Jeter
Philip G. Kane, Jr.
Evelyn Karaj
Coleman Levy
John Madigan
Sherry Manetta
I. Charles Mathews
Richard McGearry
Paul E. Mersereau
Patrick Nickoletti
Jody Osko Lewis
Warren C. Packard
Carolyn Paldino
Brewster B. Perkins
Angela Phillips-Arrington
JoAnn Price
Lena Rodriguez
William M. Rohan
Richard J. Shima
Judith A. Stearns
Dan Tracy
Wilson Vega, Jr.
Gary Wolff

Officers*

Richard J. Burness,
Board Chair

Harold Sparrow,
President and CEO

Eric Clapprood,
Board Chair Elect

Jerald (Jerry) Gooden,
Vice Chair

Thomas J. Rechen,
Vice Chair

Maura Cochran,
Past Board Chair

Annette Larabee,
Treasurer

Aaron Isaacs,
Secretary

Natalie Zembrzusi,
Ass't Secretary

*Current as of 12/31/2018

Credits: Harold Sparrow;
President and CEO, Joseph Weist,
CPA, Vice President, Finance;
Gina Gaipa, MIS Director;
Laura B. Hoffman, Director of
Development; Howard Goodrow,
Chief Development Officer;
Jeff Williams, Director of Grants;
Natalie Zembrzusi, Director
of Executive Relations; Copywriting:
Jane M. Bradley, Creative Advertising
& Publishing Services (CAPS);
Design: Christopher Passehl,
Passehl Design; Photography:
Nick Caito; Printing: GHP

board of directors



Richard J. Burness
Athene Holding Ltd.



Harold Sparrow
YMCA of Greater Hartford



Jay Aronson
Consensus Government
Consulting Company



Peter B. Atherton
CPA, Self-employed



Thomas Borner
Putnam Bank



Eric Clapprood
Deloitte Consulting LLP



Maura Cochran
Bartrum and Cochran



Jason Fazio
JF IV Holdings LLC



Michael Forbes
Connecticut
Distributors, Inc



Future Board Member



Paul Gilmore
Updike, Kelly & Spellacy



Jerald (Jerry) Gooden
Retired, Aetna



Samaia Hernandez Mounds
TV Journalist, WTNH



Aaron Isaacs
University of Hartford



Ronald Johnson, Esq.



Chekesha Kidd
K6 Advisory Group, LLC



Linda Knox
Principal
The Knox Group



Future Board Member



Annette Larabee
Webster Bank



Alex Lucas
Wethersfield Public
Schools



Garrett Ludwig
Diversified Design
Technologies, Inc.



Alan Mattamana
Fairview Capital



Michael Matteo
Optum



Sheryl L. McQuade
United Bank



Marino Monti
Voya Financial



Peter Olson
CBRE-Global
Workplace Solutions



Jennifer Plourde
Community
Volunteer, CPA



Stacy Raney
Community Volunteer,
Business Retiree



Future Board Member



Thomas J. Rechen
McCart & English



Carmen Sierra
City of Hartford,
Treasurers Office



Arthur M. Snyder
Retired, Travelers



Foster White
Retired, Financial
Services Executive



James Zahansky
Weiss, Hale & Zahansky
Strategic Wealth Advisors



Scott Zuffelato
Basketball Hall of Fame



long

life →