



FARMINGTON VALLEY YMCA GYMNASIUM SCHEDULE-3.18.19

**Effective:
March 18- March 31st**

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

860 653 5524 www.farmingtonvalleyYMCA.org WINTER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN RECREATION 5:30AM-9:15AM	OPEN RECREATION 5:30AM-10:00AM	OPEN RECREATION 5:30AM-9:00AM	OPEN RECREATION 5:30AM-9:45AM	OPEN RECREATION 5:30AM-9:00AM	YOUTH & FAMILY OPEN REC. 7:30AM-9:45AM	YOUTH & FAMILY OPEN REC. 11:00AM-1:30PM
SENIOR STRENGTH & BALANCE 9:30AM-10:15AM Group Exercise Class	PICKLEBALL 10:00AM-1:00PM Adults and Seniors Only	GYM DANDY 9:15AM-10:30AM Weekly Drop in Class	SPORTS OF ALL SORTS 10:00AM-11:00AM Ages 3-6	GYM JAM SPORTS 9:00AM-10:00AM Weekly Drop in Class	SINGLE BASKET OPEN REC. 10:00AM-1:00PM	PARTY RENTALS 1:30PM-4:00PM OPEN REC. IF NO RENTALS
SINGLE BASKET OPEN REC. 10:30AM-11:15AM	SINGLE BASKET OPEN REC. 1:00PM-6:45PM	FAMILY OPEN RECREATION 10:30AM-12:00PM	PICKLEBALL 11:30AM-2:30PM Adults and Seniors Only	SPORTS OF ALL SORTS 10:00AM-11:00AM Ages 3-6	PARTY RENTALS 1:00PM-4:30PM OPEN REC. IF NO RENTALS	SINGLE BASKET OPEN REC. 4:00PM-5:00PM
PICKLEBALL 11:30AM-2:30PM Adults and Seniors Only	TEEN/ADULT OPEN REC. 7:00PM-8:45PM FULL COURT	SINGLE BASKET OPEN REC. 12:00PM-6:15PM <small>* Child Care will be using half gym at 4PM</small>	SINGLE BASKET OPEN REC. 2:30PM-4:45PM	SINGLE BASKET OPEN REC. 11:05AM-7:45PM <small>* Child Care will be using half gym at 4PM</small>	SINGLE BASKET OPEN REC. 4:30PM-6:45PM	TEEN/ADULT OPEN REC. 5:00PM-5:45PM FULL COURT
SINGLE BASKET OPEN REC. 2:30PM-5:00PM <small>* Child Care will be using half gym at 4PM</small>	CLOSED 8:45PM-9:00PM	ADULT (18+) ADV. VOLLEYBALL 6:30PM-8:45PM Drop in	SPORTS OF ALL SORTS 5:00PM-6:00PM	CLOSED 8:00PM	CLOSED 6:45PM-7:00PM	CLOSED 5:45PM-6:00PM
BASKETBALL YOUTH 5:15PM-6:15PM Ages 5-K		CLOSED 8:45PM-9:00PM	SINGLE BASKET OPEN REC. 6:05PM-7:00PM			
BASKETBALL YOUTH 6:20PM-7:20PM Grades 1-2			TEEN/ADULT OPEN REC. 7:00PM-8:45PM FULL COURT			
SINGLE BASKET OPEN REC. 7:30PM-8:45PM			CLOSED 8:45PM-9:00PM			
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IMPORTANT INFORMATION
 No food or drinks allowed in the gymnasium. Capped water bottles only.
 No profanity arguing or fighting.
 Please be respectful of the schedule and sharing of court space.
 If you choose not to abide by these guidelines, membership priveleges may be revoked.
 GYMNASIUM will closed 15 minutes earlier that we close
SCHEDULE NOTES
 Youth & Teen Open Recreation time is for all youth and teens (under 12 with adult supervision)
 Teen/Adult Open Recreation is time available for pick-up games using full court, if desired
 Family Open Recreation is available for families to use single baskets

IMPORTANT CLOSURE DATES:
 Friday, March 22 6:00-CLOSE
 Friday, April 26 - Camp Night 5:30PM-CLOSE
 Sat, April 27th- Healthy Kids Day 10AM-12PM
 Sat, April 27th -2:00PM- CLOSE
 Sunday, April 28th - All Day

PICK-UP BASKETBALL CODE OF CONDUCT

Teen/adult recreation must follow the code of conduct

FORMAT

- For the first game of the night, choose captains or shoot teams.
- Players will sign up on the whiteboard to fill the next team.
- Sign up is on first come, first served basis. You may only write your own name.
- Players on the court may not sign up until they are finished playing.
- The losing team always comes off the court. Winner stays on for a second game and then comes off.
- Games are to be no more than 10 points using 1 and 2 point system.

ETIQUETTE

- If you wish to play with your own 5, you may sign up together in the next available 5 spot roster. All players must be present.
- Make your own calls. Respect other player's calls and do not argue.
- Absolutely no profanity, arguing or fighting.
- Adults may not utilize the full court during family or youth recreation.
- If you choose not to abide by these guidelines, membership priveleges may be provoked.