



# YMCA Camp Yankee Trails

## Counselor in Training Application

FOR YOUTH DEVELOPMENT\*  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

### The Counselor in Training Program

YMCA Camp Yankee Trails is interested in hiring the finest people to be teachers, friends and positive role models in the development of young campers. The Counselor in Training (CIT) Program is designed to help campers who are passionate about Camp Yankee Trails span the gap between being a camper and being a counselor. This is done through a very intentional four week long process led by a specially trained CIT Director who has spent a substantial amount of time running camp programming:

- Week 1:** Leadership development and training on camp specific skills like leading activities, behavior management, safety and more.
- Week 2:** Shadow a variety of staff and reflect on observations, identifying qualities that you like and don't like in other's leadership.
- Week 3 & 4:** CITs are assigned to a group for the entire session and have the chance to see what developing relationships with co-counselors and campers for an entire session is all about.

At the end of a CIT session, participants should have a better defined sense of their own leadership styles, a deepened appreciation for community and the support of a team, and the kind of lifelong friendships that are only formed during intense experiences that cause personal transformation. CITs are the only people who are given the opportunity to apply for counselor positions prior to graduation from high school and after the successful completion of a CIT session, CITs are able to return for additional sessions of camp in a pre-counselor role for a discounted price.

### PLEASE FILL OUT COMPLETELY.

Name: \_\_\_\_\_ Last: \_\_\_\_\_ First: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Are you in or entering high school? YES / NO\*  
Please list age as of June 24, 2019 \_\_\_\_\_

**\*Campers under the age of 14 who are not yet entering 9<sup>th</sup> or 10<sup>th</sup> grade are ineligible for this program.**

Address: \_\_\_\_\_  
City: \_\_\_\_\_ State/Zip: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ (H) Phone: \_\_\_\_\_  
Referred by: \_\_\_\_\_ E-mail: \_\_\_\_\_

### What group/team related activities have you been involved in?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**CAMP/WORK EXPERIENCE:** List most recent experience first. You may include in such history any verified work performed on a volunteer or paid basis. Must have complete information to process application. Please include other leadership development programs (i.e. CIT or LIT programs). If camp experience outside of Camp Yankee Trails, please list that.

1.	Camp or Organization	Role	Supervisor	Length of Time
	_____	_____	_____	_____
	City: _____	State: _____	Phone: _____	

  

2.	Camp or Organization	Role	Supervisor	Length of Time
	_____	_____	_____	_____
	City: _____	State: _____	Phone: _____	



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**CHARACTER REFERENCES:** Please obtain TWO letters of reference from adults in your life attesting your work ethic, strength of character and leadership qualities. Attach these letters to this application when you submit it to the YMCA.

**Character Reference #1** Letter is ☐ Attached ☐ E-mailed ☐ Other

NAME: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**Character Reference #2** Letter is ☐ Attached ☐ E-mailed ☐ Other

NAME: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**HAIKU:** Please compose an original haiku about yourself. Supplement with drawings as desired.

**QUESTIONNAIRE:** Please use an **additional sheet** of paper to answer the following questions completely.

1. Write a brief biographical sketch including camping experiences, responsibilities, and experience or training in other fields that might have a bearing on this application. We are especially interested in your experience with youth, camps and leadership positions you have held.
2. What do you hope to gain by participating in the CIT Program at Camp Yankee Trails?
3. Please explain why you feel you could be an effective role model in our camp community.
4. Describe an important mentor to you and how they influenced the person you are today?
5. Which CIT Session would you like to be a part of? *Participants must be able to attend week 1 of the session and at least 3 out of 4 weeks total.*

CIT Session A: June 24 - July 19    OR    CIT Session B: July 22 - August 16

Please send or deliver this application, complete with two letters of reference and the answers to the questionnaire, to:

Indian Valley Family YMCA  
Attn: Greg Baker  
11 Pinney Street  
Ellington, CT 06029

OR

E-mail your application to [Greg.Baker@ghymca.org](mailto:Greg.Baker@ghymca.org)

Once your application is received in full, you will be contacted to set up a time to come in for an in person interview with the Camp Director and/or Youth Development Director. All applications must be received by May 25 at the latest.