



YMCA Camp Yankee Trails

Counselor in Training Application Instructions

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

In order to be considered for the Camp Yankee Trails CIT Program, interested participants must follow the steps below. Please pay careful attention to the notes and information provided as well so that you are certain you are applying for a program that is a good fit for you. Thank you for your interest in Camp Yankee Trails and the CIT program!

Step 1: APPLY

Complete and submit the Counselor in Training Application by May 25. This should be sent or delivered to the Indian Valley Family YMCA, Attn: Greg Baker, 11 Pinney Street, Ellington, CT 06029 or it can be emailed to Greg.Baker@ghymca.org. Please only submit applications that are complete with two letters of reference and the answers to the questionnaire.

Step 2: INTERVIEW

Follow up with Greg Baker, the Youth Development Director at the Indian Valley Family YMCA, to arrange an in-person or video interview.

Step 3: REGISTER

Once you receive official word that you have been accepted into the program, you may register at the Indian Valley Family YMCA with a completed registration packet, including all necessary medical forms. At that time, you will need to select which CIT Session you would like to be a part of. *Participants must be able to attend week 1 of the session and at least 3 out of 4 weeks total.*

CIT Session A: June 24 - July 19 OR CIT Session B: July 22 - August 16

Step 4: Arrive ready to go on the first day of camp!

Important Notes and Information about being a CIT at Camp Yankee Trails

- The CIT program is a 4 week program, of which there are two sessions over the course of the summer. Participants must be able to attend the first week of the session as well as at least three of the four weeks total. Discounts are not given for days or weeks missed during a session.
- The cost of a CIT session is \$520 for the four week program. This is 50% of the normal camper rate for four weeks of camp.
- If a CIT successfully completes the first session, they will be invited back at a further discounted rate of \$390 for the second CIT session, assuming there is space in the session for additional CITs.
- CITs are technically campers. This is not a paid or volunteer position. This is a true leadership development program. Along with this, CITs are counted in ratio for camp and must be supervised as such during the camp day. All normal medical paperwork and authorizations are required to be on file in order for anyone to participate.
- CITs are invited to be a part of our overnights, which occur once per two week camp session (7/2, 7/18, 8/1 and 8/15). These are not mandatory, but participation in them is strongly recommended. The cost for an overnight is \$60 and food is included.