



# FARMINGTON VALLEY YMCA GYMNASIUM SCHEDULE-1.6.19

Effective:  
January 7-February 3, 2019

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

860 653 5524

www.farmingtonvalleyYMCA.org

WINTER

2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>OPEN RECREATION</b> 5:30AM-9:15AM	<b>OPEN RECREATION</b> 5:30AM-10:00AM	<b>OPEN RECREATION</b> 5:30AM-9:00AM	<b>OPEN RECREATION</b> 5:30AM-9:45AM	<b>OPEN RECREATION</b> 5:30-9:00AM	<b>YOUTH &amp; FAMILY OPEN REC.</b> 7:30AM-11:45AM	<b>YOUTH &amp; FAMILY OPEN REC.</b> 11:00AM-1:30PM
<b>SENIOR STRENGTH &amp; BALANCE</b> 9:30-10:15AM Group Exercise Class	<b>PICKLEBALL</b> 10:00AM-1:00PM Adults and Seniors Only	<b>GYM DANDY</b> 9:15-10:30AM Weekly Drop in Class	<b>SPORTS OF ALL SORTS</b> 10:00AM-11:00AM Ages 3-6	<b>GYM JAM SPORTS</b> 9:00-10:00AM Weekly Drop in Class	<b>GRADES 3-8 BASKETBALL GAMES</b> 12:00-3:00PM	<b>PARTY RENTALS</b> 1:30PM-4:00PM OPEN REC. IF NO RENTALS
<b>SINGLE BASKET OPEN REC.</b> 10:30AM-11:15AM	<b>SINGLE BASKET OPEN REC</b> 1:00PM-6:15PM	<b>FAMILY OPEN RECREATION</b> 10:30AM-12:00PM	<b>PICKLEBALL</b> 11:30AM-2:30PM Adults and Seniors Only	<b>SPORTS OF ALL SORTS</b> 10:00AM-11:00AM Ages 3-6	<b>PARTY RENTALS</b> 3:00PM-4:30PM OPEN REC. IF NO RENTALS	<b>SINGLE BASKET OPEN REC.</b> 4:00PM-5:00PM
<b>PICKLEBALL</b> 11:30AM-2:30PM Adults and Seniors Only	<b>BASKETBALL PRACTICES</b> 6:30-8:30PM Gym Closed	<b>SINGLE BASKET OPEN REC.</b> 12:00PM-6:15PM	<b>SINGLE BASKET OPEN REC.</b> 2:30PM-4:45PM	<b>SINGLE BASKET OPEN REC.</b> 11:15AM-5:45PM	<b>SINGLE BASKET OPEN REC.</b> 4:35PM-6:45PM	<b>TEEN/ADULT OPEN REC.</b> 5:00PM-5:45PM FULL COURT
<b>SINGLE BASKET OPEN REC.</b> 2:30PM-6:20PM	<b>CLOSED</b> 8:45-9:00PM	<b>ADULT (18+) ADV. VOLLEYBALL</b> 6:30-8:45PM Drop in	<b>SPORTS OF ALL SORTS</b> 5:00-6:00PM	<b>BASKETBALL PRACTICES</b> 6:00-8:00PM Gym Closed	<b>CLOSED</b> 6:45-7:00PM	<b>CLOSED</b> 5:45-6:00PM
<b>BASKETBALL PRACTICES</b> 6:30-8:30PM Gym Closed		<b>CLOSED</b> 8:45-9:00PM	<b>SINGLE BASKET OPEN REC</b> 6:05-7:00PM	<b>CLOSED</b> 8:00PM		
<b>CLOSED</b> 8:45-9:00PM			<b>TEEN/ADULT OPEN REC.</b> 7:00PM-8:45PM FULL COURT			
			<b>CLOSED</b> 8:45-9:00PM			

### IMPORTANT INFORMATION

No food or drinks allowed in the gymnasium. Capped water bottles only.  
No profanity arguing or fighting.  
Please be respectful of the schedule and sharing of court space.  
If you choose not to abide by these guidelines, membership priveleges may be revoked.  
GYMNASIUM will closed 15 minutes earlier that we close

### SCHEDULE NOTES

Youth & Teen Open Recreation time is for all youth and teens (under 12 with adult supervision)  
Teen/Adult Open Recreation is time available for pick-up games using full court, if desired  
Family Open Recreation is available for families to use single baskets

### IMPORTANT CLOSURE DATES:

Thursday, Jan 10 6:00-8:00PM  
Thursday, Feb 21 6:00-8:00PM  
Thursday, Feb 28 6:00-8:00PM

### PICK-UP BASKETBALL CODE OF CONDUCT

Teen/adult recreation must follow the code of conduct

#### FORMAT

For the first game of the night, choose captains or shoot teams.  
Players will sign up on the whiteboard to fill the next team.  
Sign up is on first come, first served basis. You may only write your own name.  
Players on the court may not sign up until they are finished playing.  
The losing team always comes off the court. Winner stays on for a second game and then comes off.  
Games are to be no more than 10 points using 1 and 2 point system.

#### ETIQUETTE

If you wish to play with your own 5, you may sign up together in the next available 5 spot roster. All players must be present.  
Make your own calls. Respect other player's calls and do not argue.  
Absolutely no profanity, arguing or fighting.  
Adults may not utilize the full court during family or youth recreation.  
If you choose not to abide by these guidelines, membership priveleges may be provoked.