



# WHEELER REGIONAL FAMILY YMCA GYMNASIUM SCHEDULE

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Winter Session

January 6, 2020- February 16, 2020

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	
OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:00AM Single Basket Curtain Down	OPEN GYM 7:00AM-8:45AM Single Basket Curtain Down	OPEN GYM 7:00AM-9:00AM Single Basket Curtain Down	BADMINTON PROGRAM 7:00AM-10:00AM Full Court CURTAIN UP		
PRESCHOOL 9:00-10:00AM Full Court CURTAINS DOWN		PRESCHOOL 9:00-10:00AM Full Court CURTAINS DOWN		PRESCHOOL 9:00-10:00AM Full Court CURTAINS DOWN		PRESCHOOL 9:00-10:00AM Full Court CURTAINS DOWN		PRESCHOOL 9:00-10:00AM Full Court CURTAINS DOWN		Soccer 9:00AM-11:45AM Single Basket Curtain Down		OPEN GYM 9:00AM-11:45AM Single Basket Curtain Down	OPEN GYM 10:00AM-4:00PM Single Basket Curtain Down	FAMILY GAME TIME 10:00am-11:00am
OPEN GYM 10AM-12:00PM Single Basket Curtain Down	PRESCHOOL 10AM-12:00PM Half of the gym Curtain Down	OPEN GYM 10AM-11:00AM Single Basket Curtain Down	PRESCHOOL 10AM-11:00AM Half of the gym Curtain Down	OPEN GYM 10AM-12:00PM Single Basket Curtain Down	PRESCHOOL 10AM-12:00PM Half of the gym Curtain Down	OPEN GYM 10AM-12:00PM Single Basket Curtain Down	PRESCHOOL 10AM-12:00PM Half of the gym Curtain Down	OPEN GYM 10AM-11:00AM Single Basket Curtain Down	PRESCHOOL 10AM-11:00AM Half of the gym Curtain Down	OPEN GYM 11:45PM-2:00PM Single Basket Curtain Down	OPEN GYM 11:45-2:00PM Single Basket Curtain Down		BIRTHDAY PARTY 12:00-4:00PM Curtain Down	
ADULT DROP IN BASKETBALL 12:00-2:00PM Full Court CURTAIN UP		PICKLEBALL 11:00AM-12:30PM Full Court CURTAIN UP		ADULT DROP IN BASKETBALL 12:00-2:00PM Full Court CURTAIN UP		ADULT DROP IN BASKETBALL 12:00-2:00PM Full Court CURTAIN UP		PICKLEBALL 11:00AM-12:30PM Full Court CURTAIN UP						
OPEN GYM 2:00-5:00PM Single Basket Curtain Down	OPEN GYM 2:00-5:00PM Single Basket Curtain Down	OPEN GYM 12:30-4:45PM Single Basket Curtain Down	OPEN GYM 12:30-4:45PM Single Basket Curtain Down	OPEN GYM 2:00-4:45PM Single Basket Curtain Down	OPEN GYM 2:00-4:45PM Single Basket Curtain Down	OPEN GYM 2:00-5:00PM Single Basket Curtain Down	OPEN GYM 2:00-5:00PM Single Basket Curtain Down	ADULT DROP IN BASKETBALL 12:30-2:00PM Full Court CURTAIN UP		DROP IN BASKETBALL Any Basket 2:00PM-5:00PM	BIRTHDAY PARTY 2:00-6:00PM Curtain Down			
OPEN GYM 5:00-7:00PM Single Basket Curtain Down	OPEN GYM 5:00-7:00PM Single Basket Curtain Down	BASKETBALL PARENT & ME 5:00-5:30PM Curtain Down	OPEN GYM 4:45-6:00PM Single Basket Curtain Down	BASKETBALL PRESCHOOL 5:00PM-5:45PM Curtain Down	OPEN GYM 5:00-5:45PM Single Basket Curtain Down	OPEN GYM 5:00-5:45PM Single Basket Curtain Down	BASKETBALL YOUTH 5:00-6:00PM Curtain Down	OPEN GYM 2:00-4:45PM Single Basket Curtain Down	FAMILY OPEN GYM 2:00-4:45PM Single Basket Curtain Down	OPEN GYM 5:00-6:00PM Single Basket Curtain Down				
OPEN GYM 7:00PM-9:00PM Single Basket Curtain Down	OPEN GYM 7:00PM-9:00PM Single Basket Curtain Down	BASKETBALL CLINIC 6:00PM-8:00PM Curtain Down	OPEN GYM 6:00-9:00PM Single Basket Curtain Down	BADMINTON PROGRAM 6:00PM-9:00PM Full Court CURTAIN UP		VOLLEYBALL 6:00PM-9:00PM Full Court CURTAIN UP		DROP IN BADMINTON 4:45PM-6:15PM Full Court CURTAIN UP						
								MIDDLE SCHOOL NIGHT 6:15PM-8:00PM Full Court CURTAIN UP						

### GYMNASIUM POLICY

No food or drinks allowed in the gymnasium. Capped water bottles only.

No profanity arguing or fighting.

Please be respectful of the schedule and sharing of court space.

If you choose not to abide by these guidelines, membership privileges may be revoked.

This schedule is subject to change based on program needs, availability, and special events.

### BASKETBALL POLICY

Only a few basketballs will be available at the front desk. If the basketballs are not returned or are damaged your account may be charged.

**Single Basket:** You may only use 1 basket for shooting. You may not play half court games which takes away access to the two side hoops.

**Full court:** Full court is for programs and activities that require the full gymnasium. If you are not in the program, please come back during open gym.

### GYMNASIUM PROGRAM DESCRIPTIONS

**Open Gym:** All are welcome. Courts must be shared with everyone.

**Preschool:** Our pre school comes in to use our gym so that the kids can have some constructive play time!

**Adult Drop in Basketball:** Open to all (ages 18+)

**Badminton:** This is a program that runs with our sessions on Sunday and Wednesday. Friday badminton is drop in for a small fee.

**Middle School Night:** Teen night is for any student in grades 6-8 and provides a safe space for teens to spend time with their friends and participate in activities. There is a small fee.

**Birthday Parties:** We host birthday parties on Saturdays and Sundays throughout the year. Certain parties will occupy half the gym for sports activities.

**Family Game Time:** Free drop-in program for YMCA members holding a Family Membership, children ages 6-9. Every week is a different activity games included but not limited to gym games, sports mix, handball, soccer and much more.