



# WHEELER REGIONAL FAMILY YMCA AQUATICS SCHEDULE

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

860 793 9631

[www.wheelerYMCA.org](http://www.wheelerYMCA.org)

Starts 2-1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>LAP POOL</b>	5:30-10:00AM 3 LAP LANES / 1 OPEN SWIM LANE	5:30-10:00 AM 3 LAP LANES / 1 OPEN SWIM LANE	5:30-10:00AM 3 LAP LANES / 1 OPEN SWIM LANE	5:30-10:00 AM 3 LAP LANES / 1 OPEN SWIM LANE	5:30-10:00AM 3 LAP LANES / 1 OPEN SWIM LANE	8:00-8:45AM 3 LAP LANES 1 Lesson Lane	8:00-8:45AM 3 LAP LANES / 1 OPEN SWIM LANE
	10:00AM-11:00AM 2 LAP LANES 2 LANES WATER FITNESS	10:00-11:00AM 1 LAP LANE 2 LANES WATER FITNESS	9:00-11:00AM 2 LAP LANES 2 LANES TRI CLUB /WATER FITNESS	10:00-11:00AM 2 LAP LANES 2 LANES WATER FITNESS	9:00-11:00AM 2 LAP LANES 2 LANES TRI CLUB /WATER FITNESS	8:45AM-12:45PM 2 Lap Lanes 2 Lesson lanes	8:45-10:30AM 4 LAP LANES
	11:00AM-4:00PM 3 LAP LANES / 1 OPEN SWIM LANE	11:00AM -4:00PM 3 LAP LANES / 1 OPEN SWIM LANE	11:00AM-4:20PM 3 LAP LANES / 1 OPEN SWIM LANE	11:00AM-4:15PM 3 LAP LANES / 1 OPEN SWIM LANE	11:00AM-4:00PM 3 LAP LANES / 1 OPEN SWIM LANE	12:45-6:45PM 3 LAP LANES / 1 OPEN SWIM LANE	10:30AM-12:15PM 3 LAP LANES / 1 OPEN SWIM LANE
	4:00-5:45PM 1 LAP LANE	4:00-5:00 2 LAP LANES	4:20-4:50PM NO LANES**	4:15-5:00PM 1 LAP LANE	4:30-6:30 NO LANES**		12:15 PM-2:00 PM 2 Lap Lanes 2 Open Swim Lanes
	5:45-9:00 PM NO LANES**	5:00-9:00 PM NO LANES **	4:50-5:45PM 1 LAP LANE 5:45-9:00PM NO LANES**	5:00-9:00 PM NO LANES **	6:30-7:15 1 LAP LANE 7:15-9:00PM 3 LAP LANES / 1 OPEN SWIM LANE		2:00-4:00 PM NO LANES**
<b>MULTIPURPOSE POOL</b>	5:30-6:00AM 3 OPEN SWIM LANES	5:30-6:00AM 3 OPEN SWIM LANES	5:30-6:00AM 3 OPEN SWIM LANES	5:30-6:00AM 3 OPEN SWIM LANES	5:30-6:00AM 3 OPEN SWIM LANES	7:30-8:45AM 1 OPEN SWIM LANE	8:00-9:15AM 1 LANE OPEN
	6:00-7:00AM 1 OPEN SWIM LANE 2 LANES WATER FITNESS	6:00-7:00AM 1 OPEN SWIM LANE 2 LANES WATER FITNESS	6:00-7:00AM 1 OPEN SWIM LANE 2 LANES WATER FITNESS	6:00-7:00AM 1 OPEN SWIM LANE 2 LANES WATER FITNESS	6:00-7:00AM 1 OPEN SWIM LANE 2 LANES WATER FITNESS	8:45AM-12:30PM NO OPEN SWIM LANES	9:15-10:30AM 1 OPEN SWIM LANE 2 LANES AQUA ZUMBA
	7:00-9:00AM 3 OPEN SWIM LANES	7:00-8:00AM 3 OPEN SWIM LANES	7:00-9:00AM 3 OPEN SWIM LANES	7:00-8:00AM 3 OPEN SWIM LANES	7:00-9:00AM 3 OPEN SWIM LANES	12:30-6:45PM 3 OPEN SWIM LANES	10:30-12:30 1 OPEN SWIM LANE 2 LANES SWIM LESSONS
	9:00-10:15AM NO LANES** LESSONS 1 LANE	8:00 - 10:30 AM 1 OPEN LANE 2 LANES WATER FITNESS	9:00-10:15AM 1 LANE LESSONS 2 LANES WATER FITNESS	8:00 - 10:30 AM 1 LANE LESSONS 2 LANES WATER FITNESS	9:00-10:00AM 1 OPEN SWIM LANE 2 LANES WATER FITNESS		12:30-3:45PM 3 OPEN SWIM LANES
	10:30AM-4:15PM 2 OPEN SWIM LANES	10:30-2:00PM LESSONS 1 LANE**	10:15PM-4:15PM 2 OPEN SWIM LANES	10:30AM-2:30PM 2 OPEN SWIM LANES	10:15AM-4:15PM 2 OPEN SWIM LANES		
	4:15-7:15PM NO OPEN SWIM LANES	2:00 -4:15 PM 3 OPEN SWIM LANES	4:15-7:15PM NO OPEN SWIM LANES	4:15-7:15PM NO OPEN SWIM LANES	4:15-7:15PM NO OPEN SWIM LANES		
	7:15-8:45 PM 3 OPEN SWIM LANES	4:15-7:15PM NO OPEN SWIM LANES	7:15-8:45PM 3 OPEN LANES	7:15-8:45PM 3 OPEN SWIM LANES	7:15-8:45PM 3 OPEN LANES		
	SPA CLOSED AT 8:00 FOR WEEKLY CLEANING MPP REMAINS OPEN	7:15-8:15PM 1 OPEN SWIM LANE 2 LANES Water Fitness			If the lap pool closes Deep Water Cardio moves to the MPP and gets two lanes for class.		
		8:15-8:45PM 3 OPEN SWIM LANES	<b>Parents with children 7 and younger MUST BE IN THE POOL IN ARMS REACH OF THEM AT ALL TIMES</b>				

NOTE: The 'ramp' area of the multipurpose pool is always available for open swim. However, please note that if there are programs going on elsewhere in the pool, the water features will not be turned on.

Birthday parties utilize the pool in the afternoons on weekends. Open swim is still available during this time.

Pool Schedule is subject to change at any time based on the needs of scheduled program activities, YMCA events, and inclement weather.