



WHEELER REGIONAL FAMILY YMCA GYMNASIUM SCHEDULE - Fall Session 1

Attention!

The gymnasium is for the use of GHYMCA Members only.

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

September 10th- October 28th

FALL 1

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	
OPEN GYM 5:30AM-9:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-10:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-10:30AM Single Basket Curtain Down	OPEN GYM 5:30AM-9:30AM Single Basket Curtain Down	OPEN GYM 8:00AM-8:45AM Single Basket Curtain Down	OPEN GYM 8:00AM-8:45AM Single Basket Curtain Down	BADMINTON 8:00AM-11:00AM Full Court CURTAIN UP		
OPEN GYM 9:30AM-12:00PM Single Basket Curtain Down	PRESCHOOL 9:30-11:30AM Half of the gym Curtain Down	PICKLEBALL 10:30-12:00PM Half of the gym Curtain Down	PRESCHOOL 9:30-11:30AM Half of the gym Curtain Down	OPEN GYM 9:30AM-12:00PM Single Basket Curtain Down	PRESCHOOL 9:30-11:30AM Half of the gym Curtain Down	OPEN GYM 9:30AM-12:00PM Single Basket Curtain Down	PRESCHOOL 9:30-11:30AM Half of the gym Curtain Down	OPEN GYM 9:30AM-12:00PM Single Basket Curtain Down	PICKLEBALL 10:30-12:00PM Half of the gym Curtain Down	PRESCHOOL 9:30-11:30AM Half of the gym Curtain Down	FAMILY OPEN GYM 8:45AM-12:15PM Single Basket Curtain Down	OPEN GYM 8:45AM-12:15PM Single Basket Curtain Down	FAMILY OPEN GYM 12:00-2:00PM Single Basket Curtain Down	BIRTHDAY PARTY 12:00-2:00PM Curtain Down
GHY Member Adult Drop-in Basketball 12:00-2:00PM Full Court CURTAIN UP		OPEN GYM 12:00-3:00PM Single Basket Curtain Down	DROP IN BASKETBALL 11:30AM-3:00PM Any Basket	GHY Member Adult Drop-in Basketball 12:00-2:00PM Full Court CURTAIN UP		OPEN GYM 12:00-3:00PM Single Basket Curtain Down	DROP IN BASKETBALL 11:30AM-3:00PM Any Basket	GHY Member Adult Drop-in Basketball 12:00-2:00PM Full Court CURTAIN UP		FAMILY OPEN GYM 12:15-2:15 Single Basket Curtain Down	OPEN GYM 12:15-2:15 Single Basket Curtain Down	OPEN GYM 2:00PM-4:00PM Single Basket Curtain Down	BIRTHDAY PARTY 2:00-4:00PM Curtain Down	
FAMILY OPEN GYM 2:00-6:00PM Single Basket Curtain Down	OPEN GYM 2:00-6:00PM Single Basket Curtain Down	OPEN GYM 3:00-4:45PM Single Basket Curtain Down	OPEN GYM 3:00-4:45PM Single Basket Curtain Down	OPEN GYM 2:00-4:45PM Single Basket Curtain Down	OPEN GYM 2:00-4:45PM Single Basket Curtain Down	OPEN GYM 2:00-5:00PM Single Basket Curtain Down	OPEN GYM 2:00-5:00PM Single Basket Curtain Down	OPEN GYM 2:00-5:00PM Single Basket Curtain Down	OPEN GYM 2:00-5:00PM Single Basket Curtain Down	FAMILY OPEN GYM 2:15-5:00PM Single Basket Curtain Down	BIRTHDAY PARTY 2:00-7:00PM Curtain Down			
FAMILY OPEN GYM 6:00-7:00PM Single Basket Curtain Down	FAMILY JUDO 6:00-8:00PM Single Basket Curtain Down	FAMILY OPEN GYM 4:45PM-5:45PM Single Basket Curtain Down	OPEN GYM 4:45PM-5:45PM Single Basket Curtain Down	FAMILY OPEN GYM 4:45PM-5:45PM Single Basket Curtain Down	OPEN GYM 4:45PM-5:45PM Single Basket Curtain Down	FAMILY OPEN GYM 5:00PM-7:45PM Single Basket Curtain Down	OPEN GYM 5:00PM-7:45PM Single Basket Curtain Down	BADMINTON 4:45PM-7:00PM Full Court CURTAIN UP		OPEN GYM 5:00-7:00PM Single Basket Curtain Down				
OPEN GYM 7:00PM-9:00PM Single Basket Curtain Down	OPEN GYM 8:00PM-9:00PM Single Basket Curtain Down	VOLLEYBALL LEAGUE 6:00PM-9:00PM Full Court CURTAIN UP		BADMINTON 6:00PM-9:00PM Full Court CURTAIN UP		OPEN GYM 7:45PM-9:00PM Single Basket Curtain Down	FAMILY OPEN GYM 7:45PM-9:00PM Single Basket Curtain Down	TEEN NIGHT 7:00-9:00PM Full Court CURTAIN UP						

GYMNASIUM POLICY

No food or drinks allowed in the gymnasium. Capped water bottles only.
No profanity arguing or fighting.
Please be respectful of the schedule and sharing of court space.
If you choose not to abide by these guidelines, membership privileges may be revoked.
This schedule is subject to change based on program needs, availability, and special events.

BASKETBALL POLICY

Only a few basketballs will be available at the front desk. If the basketballs are not returned or are damaged your account may be charged.
This Schedule is subject to change based on program needs, availability, and special events.

Single Basket: You May only use 1 basket for shooting. You may not play half court games which takes away access to the two side hoops.

Full court: Full court is for programs and activities that require the full gymnasium. If you are not in the program, please come back during open gym.

YOUTH SPORTS:

Youth Sports will take over the full gymnasium for inclement weather. Thank you

GHY Member Adult Drop-in Basketball:

Due to demand, this program is limited to GHY active members only.

GYMNASIUM PROGRAM DESCRIPTIONS

Open Gym: All are welcome. Courts must be shared with everyone.

Family Open Gym: All families (parents with children) are welcome to use the gymnasium.

Preschool: Our pre school comes in to use our gym so that the kids can have some constructive play time!

Adult Drop in Basketball: Open to all (ages 18+)

Family Judo: Judo is a program that we have had here at Wheeler for over 10 years and it's free for members and runs with our normal sessions. Please see our front desk for more information

Youth Tennis: This is a brand new program for ages 8-15. Babolat donated \$2,000 worth of equipment so that kids can learn how to play tennis!

Badminton: This is a drop in program open to anyone! There is a small drop in fee.

Comcast League: This is a private league

Teen night: Teen night is for any student in grades 6-8 and provides a safe space for teens to spend time with their friends and participate in activities. There is a small fee.

Birthday Parties: We host birthday parties on Saturdays and Sundays throughout the year. Certain parties will occupy half the gym for sports activities.

INCLEMENT WEATHER- Youth sports will take over the gymnasium if there is bad weather. Thank You