



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRI-TOWN YMCA
Serving Wethersfield, Rocky Hill, and Newington
Winter/Spring Program Guide
2017-18

Winter Session: January 8, 2018 to February 25, 2018
Spring Session: February 26, 2018 to April 22, 2018
Registration Begins: December 4, 2017



OUR CAUSE: STRENGTHING OUR COMMUNITY

To our community:

It's hard to believe that 2017 has come to an end. What a year it has been!

We continue to strive for excellence here at the Tri-Town YMCA and maximize the efforts of our programs. Our resolution this year is to ensure our programs continue to provide quality service to all individuals. Over the past 68 years, we've served families in Wethersfield, Newington and Rocky Hill, as well as surrounding towns. We create opportunities for lifelong friendships at camp and promote teamwork and healthy lifestyle choices through sports. Our child care and Kids Night Out programs offer a safe space for kids to develop and explore, as well. Because of you, we are able to provide programs to children and fulfill our commitment to provide great programs and services for all, regardless of age, income, ability, ethnicity or faith.

Thanks to the support of our families, donors, volunteers and staff, we served over 1,500 children in our programs. Here's to you and your family for creating a healthier you, healthier youth and a healthier community in 2017.

Thank you for your continued support and dedication to the Tri-Town YMCA.

Sincerely,
Josue Irizarry
Executive Director

LIVESTRONG® AT THE YMCA

A free 12-week program for adult cancer survivors at any point in their cancer journey. The small group meets twice per week with our certified trainers to work on cardiovascular endurance, muscular strength and endurance, balance, flexibility and mind-body-spirit.

Contact: 860-521-5830 or email Josue.Irizarry@ghymca.org for more information.



DID YOU KNOW? the annual campaign changes lives

At the Y, no child, family or adult is turned away based on their ability to pay for programs. We recognize that for communities to succeed, everyone must be given the opportunity to be healthy, confident, connected and secure.

YOUR DONATION MAKES THIS POSSIBLE!

PROGRAM ASSISTANCE

The YMCA offers programs and services designed to benefit people of all incomes and backgrounds. The Y uses contributed funds from the ANNUAL CAMPAIGN to ensure those unable to pay the stated fee are able to participate.

If fees are a concern, please contact us 860-521-5830.

VOLUNTEER

If you are interested in volunteering for the events, volunteer or parent committees, please visit our website at tri-townYMCA.org to access the form.

- Scroll down to: "What's Happening at the Y"
- Click "volunteer," download the "volunteer application."
- Return completed volunteer application to Josue.Irizarry@ghymca.org



YOUTH DEVELOPMENT

VACATION CAMP

When school is out, the Y is in! We offer fun, full-day programs from 7am-6pm, including activities, games, sports, arts and crafts and more.

Cost: \$50 per day

Location: Alfred W. Hanmer Elementary School

Dates:

December 26-29

February 16

February 20

April 9-13

Themes:

December 26: Tri-Town's Talent

Karaoke, painting, sports and talent show

December 27: Camp Pyquag Rewind

Group skits, fort building and challenges. Wear your "Happy Camper" shirt and bring pajamas and sleeping bags!

December 28: Travel in Time

Participants will travel in time and explore games, music, clothes and trends from different eras.

December 29: New Year's

Make your own New Year's Eve party supplies, including noise makers, glittered crowns and horns.

Pre-registration is required.

For more information, contact Cheryl Swett at Cheryl.Swett@ghymca.org or 860-462-6209.

KIDS NIGHT OUT (ages 5-12)

Location: Tri-Town YMCA

1321 Silas Deane Highway, Wethersfield

\$20 for first child | \$10 for additional children

All sessions held from 6-9pm

Dates:

January 19

February 23

March 16

April 20

June 8

Enjoy a night out while your kids spend an evening at the YMCA. There will be games, music, movies and crafts. Food will be provided.

BIRTHDAY PARTIES

Location: Tri-Town YMCA

1321 Silas Deane Highway, Wethersfield

Includes 60 minutes of YMCA staff-run activities and 30 minutes in the party room. Additional time may be purchased.

For more information and pricing, call 860.521.5830.

LEADERS CLUB

Leaders Club helps develop youth as leaders while fostering a culture of service. Teens have adult role models and mentors that help them grow and develop their desire to be a positive force in the community.

Contact Cheryl Swett for more info at Cheryl.Swett@ghymca.org or 860-521-5830.

REGISTER EARLY FOR CAMP 2018!

Camp registration opens January 1! Don't wait until the last minute to sign your child up to have the best summer of his or her life!

Visit ghymca.org/camp for pricing and info on the programs run at our 14 day camps, and visit campjewell.org and campwoodstock.org for information on our overnight camps.





YOUTH SPORTS

Winter 1: January 8–February 25 | Spring 1: February 26–April 22

Registration begins: December 4

No classes April 9–April 15

Closed on Easter

BASKETBALL—CO-ED CLASSES

Participants learn skills for 30 minutes, then play a 30-minute game.

Parent & child (ages 2–3): Wednesdays 5–6pm

Location: Hanmer Elementary School

Rookies (ages 3–4): Fridays 5–6pm

Location: Hanmer Elementary School



SOCCER—CO-ED

Our league stresses fun and learning, not competition, while building self-confidence. Skill development will include dribbling, shooting, passing and learning fair play.

Parent & child (ages 2–3): Tuesdays 5–6pm

Location: Hanmer Elementary School

Rookies (ages 3–4): Thursdays 5–6pm

Location: Hanmer Elementary School

Program runs during spring session only.

DID YOU KNOW? You can register online! Visit us at Tri-TownYMCA.org

PROGRAM REFUND POLICY

Unless otherwise noted, classes run for 7 weeks. You pay for 6 and the 7th week is a free bonus or serves as a make-up. If the YMCA cancels a program, a credit/refund of the program fee will be issued to you. Withdrawal from programs for a full refund/credit must be submitted in writing prior to the second class. After the second class of a program, refunds/credits are only provided for medical reasons with a doctor's note. Withdrawal of membership or programs due to medical reasons: full credit/refund for the unused portion with a doctor's note required. All deposits for the purpose of securing a spot in a program are non-refundable.



CHILD CARE

BEFORE & AFTER SCHOOL CARE

We serve all kids in the Wethersfield Public School District.

AM program runs from 7am until school starts
PM program runs from school dismissal to 6pm

Registration for the 2018-2019 school year begins in April.

The YMCA's Before and After School program is licensed by the Connecticut Office of Early Childhood. We offer a curriculum for elementary-aged children that teaches confidence, encourages self-expression and enriches social development.

Locations:

Alfred W. Hanmer Elementary School
Highcrest Elementary School
Emerson-Williams Elementary School

Visit ghymca.org/childcare for more information on pricing. For questions, contact Cheryl Swett at Cheryl.Swett@ghymca.org or 860-462-6209.



STEPPING STONES

Ages: 2-4

Cost: \$100 per daily theme for 7-week session

Location: Tri-Town YMCA

1321 Silas Deane Highway, Wethersfield

Time: 9:30-11:30am

This enrichment program focuses on skill development in the areas of literacy, music, art, math and science. Each day children focus on a riveting adventure to light sparks and find passions.

MONDAY: Adventures through reading

Get lost in adventure, meet new characters, listen to and tell stories and build confidence.

TUESDAY: Let's move with music! Practice listening skills, play fun instruments, learn rhythm and melody and explore different sounds.

WEDNESDAY: Be artistic! Improve fine motor skills with cognitive artwork. Take home your projects!

THURSDAY: ABC, it's as easy as 123! Explore beginners' math, learn and practice the ABCs, learn your shapes and numbers and explore the question of "which is bigger?"

FRIDAY: Let's pretend! Fall into nature and use your imagination. We encourage playing make believe and creative free play.

You may sign up for one or more themed days. Each class meets once per week for a total of 7 classes.

For more information, please contact Cheryl Swett at 860-462-6209 or Cheryl.Swett@ghymca.org.





BIRTHDAY PARTIES

Host your child's next party with the Tri-Town YMCA! We host kids ages 3-10.

Parties are held at the Tri-Town YMCA, located at 1321 Silas Deane Highway, Wethersfield, Connecticut. Parties run for 90 minutes, with 60 minutes of staff-run activities and 30 minutes in the party room. Additional time can be purchased.

Themes:

Superhero Birthday Party

Attention all superheroes! Come and celebrate your birthday party at the YMCA. Children can dress as their favorite superhero, and we invite a special superhero guest, who will lead the kids in a series of interactive games and challenges. After they return from saving the world, the superhero will strike a pose with the birthday child and their guests.

Mad Scientist Party

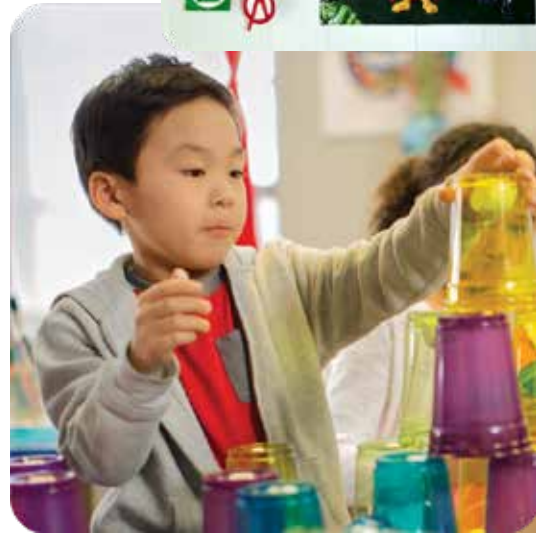
Give your child the ultimate science-themed birthday party. We want to show kids that science is everywhere, and it's COOL! Your child will be the lab assistant to the mad scientist, and every child at your party will get to make a fun, hands-on item to take home. The mad scientist will pose with the birthday child and their guests.

Arts & Crafts Party

Celebrate your child's special day, and give them memories to last a lifetime. Do you have a budding artist in your life? Have an arts and crafts birthday party. Children will channel their inner artist and express their creativity by making a craft activity they can take home.

Pricing: 15 or fewer guests: \$200
20 or fewer guests: \$220

To book your event, please call us at 860-521-5830.



The Tri-Town YMCA is a charitable, not-for-profit organization committed to building stronger communities by offering programs dedicated to youth development, healthy living and social responsibility. We offer financial assistance for memberships and programs on an as-needed basis. Please visit our Welcome Center to learn more.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRI-TOWN YMCA
a branch of the YMCA of Metropolitan Hartford, Inc.
12 North Main Street, West Hartford, CT 06107
ghYMCA.org



BUILD MORE THAN MUSCLE

Workout for a **CAUSE!**

Join the Y today and help support programs like youth swim lessons, early childhood education, Live**STRONG**[®] – a health and wellness program for cancer survivors, and more!

The YMCA, for **Youth Development**: nurturing the potential of every child and teen, for **Healthy Living**: improving the nation's health and well-being, for **Social Responsibility**: giving back and providing support to our neighbors. The YMCA of Greater Hartford is a non-profit, 501(c)(3) charitable organization, established in 1852, and is one of the nation's oldest YMCAs. The YMCA strives to serve all regardless of their ability to pay.

The YMCA of Greater Hartford is a charitable association open to all and committed to helping people develop their fullest potential in spirit, mind and body. This commitment is reinforced by our belief in living out universal values of caring, honesty, respect and responsibility.