



Hale YMCA Youth & Family Center AQUATICS SCHEDULE - LAP POOL

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Summer 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-10:15am Lap Swim (8 lanes)	5:00-9:30am Lap Swim (8 lanes)	5:00-8:00am Lap Swim (8 lanes)	5:00-9:30AM Lap Swim (8 lanes)	5:00-8:00AM Lap Swim (8 lanes)	7:00-9:00am Lap Swim (8 lanes)	9:00-11:00am swim lessons (4 lanes) lap swim (4 lanes)
10:30-11:15am camp swim (4 lanes) lap swim (4 lanes)	9:30-10:30am water ex (3lanes) swim lessons (4lanes) lap swim (1 lanes)	8:00am-9:00am water ex (4 lanes) lap swim (4 lanes)	9:30-10:30am water ex (3 lanes) swim lessons (4 lanes) Lap swim (1 lanes)	8:00-9:00AM water ex (4 lanes) lap swim (4 lanes)	9:00-12:00pm swim lessons (4 lanes) lap swim (4 lanes)	11:00-3:30pm family swim (4 lanes) lap swim (4 lanes)
11:15-4:00pm family swim (4 lanes) lap swim (4 lanes)	10:30-11:15am camp swim (4 lanes) Swim lessons (3 lanes) lap swim (1 lanes)	9:00-10:30am family swim (4 lanes) Lap swim (4 lanes)	10:30-12:00pm swim lessons (4 lanes) lap swim (4 lanes) 12:00-1:00pm family swim/lap swim	9:00-10:30am family swim (4 lanes) lap swim (4 lanes)	12:00-3:30pm family swim (4 lanes) lap swim (4 lanes)	Pool Closes at 3:30PM
4:00-6:00pm Swim lessons (4 lanes) lap swim (4 lanes)	11:15-1:00PM Swim Lessons (4 lanes) Lap Swim (4 lanes) FAMILY SWIM 12-1 (4 LANES)	10:30-11:15am Camp swim (4 lanes) Lap swim (4 lanes)	1:00-2:00pm water ex (4 lanes) lap swim (4 lanes)	10:30-11:15am camp swim (4 lanes) lap swim (4 Lanes)	Pool closes at 3:30pm	
6:00-7:00pm swim team (3 lanes) lap swim (5 lanes)	1:00-2:00PM water ex (4 lanes) lap swim (4 lanes)	11:15-4:00pm Family swim (4 lanes) Lap swim (4 lanes)	2:00-4:00pm family swim (4 lanes) lap swim (4 lanes)	11:15-6:00pm family swim (3 lanes) lap swim (5 lanes)	IMPORTANT INFORMATION: Effective: 6/16/2017-9/5/2017 Lap Swim - Swimmers must swim full pool lengths continuously. "Circle Swimming" rules apply when two or more swimmers share a lane. Please allow faster swimmers to pass when necessary. Swim Meet on July 8th , pool will be closed to member usage from 12pm until close	
7:00-8:30pm Swim team (6 lanes) Lap swim (2 lanes)	2:00-4:00pm family swim (4 lanes) Lap swim (4 lanes)	4:00-6:00pm Swim lessons (4 lanes) Lap swim (4 lanes)	4:00-6:30pm swim lessons (4 lanes) water ex (3 lanes) lap swim (1 lanes) swim team 6pm(3 lanes)	6:00-7:00pm swim team (3 lanes) lap swim (5 lanes)		
8:30-9:30pm Lap swim (8 lanes)	4:00-6:00pm swim lessons (4 lanes) Lap Swim (4 Lanes)	6:00-7:00pm Hydro Running (2 lanes) Swim lessons (4 lanes)	6:00-7:00pm swim team (3 lanes) lap swim (5 lanes)	7:00-8:00pm swim team (6 lanes) Lap swim (2 lanes)		
	6:00-7:00pm water ex (4 lanes) Lap swim (4 lanes) 7:00-8:00pm	Lap swim (2 lanes) 7:00-8:00pm Swim lessons (4 lanes) Lap swim (4 lanes)	7:00-8:30pm swim team (6 lanes) lap swim (2 lanes)	8:00-8:30PM Lap Swim (8 lanes)		
	family swim (4 lanes) Lap Swim (4 lanes) 8:00-9:30pm Lap swim (8 lanes)	8:00-9:30pm Lap Swim (8 lanes)	8:30-9:30pm lap swim (8 LANES)	Pool Closes at 8:30PM		
Pool closes at 9:30pm		Pool Closes at 9:30pm	Pool closes at 9:30pm		Summer pool hours will start on 6/16/2017	



Hale YMCA Youth & Family Center

AQUATICS SCHEDULE -WARM WATER POOL

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Summer 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-8:00am Adult Leisure family swim in shallow only	7:00-8:00AM Adult Leisure family swim in shallow only	7:00-8:00am Adult Leisure family swim in shallow only	7:00-8:00am Adult Leisure family swim in shallow only	7:00-8:00am Adult Leisure family swim in shallow only	7:00-9:00am Adult Leisure family swim in shallow only	9:15-11:00am Swim Lessons family swim in shallow only
8:00-9:00am Family Swim	8:00-10:30am Family Swim	8:00-12:00pm Family Swim	8:30-10:30am Family Swim	8:00-10:00am Family Swim 10:15-11:15am Family swim combined with TEEG Swim	9:00-11:30am Swim Lessons family in shallow only	11:00-2:00pm Family Swim
9:00-9:45am Warm Water Conditioning family Swim in shallow only	10:30-11:35am Swim Lessons Family swim in shallow only	12:00-12:45pm Gentle Joints Family swim in shallow only	10:30-11:35am Swim Lessons' family in shallow only	12:00-12:45pm Warm water Conditioning Family swim in shallow only	11:30-2:30pm Family Swim	2:00-3:30pm Family Swim/Shared Birthday party
9:45-12:00pm Family Swim	11:35-1:30pm Family Swim	12:45-1:30pm Family Swim	11:35-1:30pm Family Swim	12:45-1:30pm Family Swim	2:30-3:30pm Family Swim/shared Birthday party	POOL CLOSSES AT 3:30pm
12:00-12:45pm Gentle Joints	1:30-2:30pm Camp Swim Only	1:30-2:30pm Camp Swim Only	1:30-2:30pm Camp Swim Only	1:30-2:30pm Camp Swim Only	<p>Important Information:</p> <p>Schedule effective 6/16/17</p> <p>Children under 5 and non swimmers must have a guardian in the pool with in arms reach at all times.</p> <p>Summer One Swim Lesson session begins 6/19/17, registration is now open .</p>	
12:45-1:30PM Family Swim	2:30-4:30pm Family Swim	2:30-4:00pm Family Swim	2:30-4:30pm Family Swim	2:30-8:00pm Family Swim		
1:30-2:30pm Camp Swim Only	4:30-5:35pm Swim Lessons family swim in shallow only	4:00-5:40pm Swim lessons Family in shallow only	4:30-5:35pm Swim Lessons Family in Shallow Only	Pool Closes at 8:00pm		
2:30-4:00pm Family Swim 4:00-5:05pm Swim Lessons	5:35-9:00pm Family Swim POOL CLOSSES AT 9:00pm	5:40-9:00pm Family Swim POOL CLOSSES AT 9:00PM	5:35-9:00pm Family Swim POOL CLOSSES AT 9:00PM			