



FOR YOUTH DEVELOPMENT
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

PERSONAL TRAINING			
30 MINUTES			
PACKAGE	PRICE		
SINGLE	\$35.00		
TRY-PACK (1x purchase)	\$99.00		
8-PACK (SAVING 5%)	\$266.00		
12-PACK (SAVING 7%)	\$390.00		
60 MINUTES			
SINGLE	\$60.00		
4-PACK (SAVING 5%)	\$228.00		
8-PACK (SAVING 7%)	\$442.00		
12-PACK (SAVING 10%)	\$648.00		
BUDDY TRAINING (2 people)			
30 MINUTE BUDDY	\$25.00 ea		
60 MINUTE BUDDY	\$45.00 ea		
SMALL GROUP TRAINING (3 or more people)			
30 MINUTES	\$20.00 ea		
4-PACK 30 MINUTES	\$80.00		
8-PACK 30 MINUTES	\$160.00		
60 MINUTES	\$40.00 ea		
4-PACK 60 MINUTES	\$160.00		
8-PACK 60 MINUTES	\$320.00		

Get in shape with one on one or small group training with a Nationally Certified Personal Trainer.

All sessions are catered to individual or group needs to achieve maximum results and meet fitness goals!