



Hartford Resident Maura M. Cochran named Chairman of the Board of Directors of the YMCA of Metropolitan Hartford



HARTFORD, CT— Maura M. Cochran has been named chairman of the Board of Directors of the YMCA of Metropolitan Hartford for a two-year term. Cochran is principal of Bartram & Cochran National Real Estate Consultants. She has served as a board member or trustee of the YMCA of Metropolitan Hartford for more than 25 years. Prior to joining the Board of Directors she served on the Downtown YMCA's Board of Advisors, including 2 years as chair. Cochran also serves as corporator of the University of Hartford.

She is a member of CREW CT, an organization dedicated to supporting and advancing the achievements of women in commercial real estate, SIOR (Society of Industrial and Office Realtors), and CRE (the Counselors of Real Estate) of which she serves as co-chair.

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The YMCA of Greater Hartford is a non-profit 501 (c) (3) charitable organization established in 1852 and is one of the nation's oldest YMCA's. The YMCA of Greater Hartford builds strong communities by helping individuals reach their fullest potential through transformative programs that promote Youth Development, Healthy Living and Social Responsibility. We help people reach their fullest potential by: putting a caring adult in the presence of every child; being good stewards of the resources entrusted to us; and working in partnership to eliminate the disparities in health and education. In 2015 the YMCA of Greater Hartford served more than 117,000 people, including 66,000 children, in 56 towns and cities throughout the Capitol Region. YMCA programs put the values of caring, honesty, respect and responsibility into practice to build healthy spirit, mind and body for all participants. Ghymca.org