



**For Immediate Release**

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## **West Hartford Resident Dan Tracy receives R.C. Knox, Jr. YMCA Distinguished Leadership Award at the YMCA of Greater Hartford Annual Meeting**

**HARTFORD, CT**— Dan Tracy of West Hartford received the 2016 Robert C. Knox, Jr. YMCA Distinguished Leadership Award at the YMCA of Greater Hartford’s 163rd Annual Meeting. The award honors the memory of the late Robert C. Knox, Jr., a Hartford insurance executive whose dedication helped the YMCA grow, prosper and fulfill its mission to serve others. The award is the YMCA of Greater Hartford’s highest honor recognizing volunteers, and is bestowed upon a recipient who exemplifies exceptional leadership and contribution to the growth and progress of the YMCA.

Tracy joined the YMCA of Greater Hartford board nearly 20 years ago and during his tenure has provided guidance, expertise and leadership to the YMCA during some of its most notable periods of transition, including the capital campaigns to construct the Wilson-Gray Family YMCA in Hartford and the Indian Valley Family YMCA in Ellington.

Presenting the award was Jim Betts, 2005 R.C. Knox Recipient, director and former board chairman of the YMCA of Greater Hartford. In his remarks, Betts cited Tracy’s financial expertise as being instrumental in helping the organization move forward with projects that brought state-of-the-art facilities to YMCA communities, and praised his service and commitment to hiring two CEO’s.

Tracy thanked his wife Jan for her support of his volunteer activities. "She has had her own career in volunteering," said Tracy, "and we are proud to say that our children and grandchildren, several of whom are here tonight, are continuing that tradition."

**PHOTO CAPTION:** Pictured at the YMCA of Greater Hartford Annual Dinner are President and CEO Harold Sparrow, Chairman of the Board Jerry Gooden, R.C. Knox Award recipient Dan Tracy, and 2005 R.C. Knox Recipient, Director, and former Board Chairman Jim Betts.

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*The YMCA of Greater Hartford is a non-profit 501 (c) (3) charitable organization established in 1852 and is one of the nation's oldest YMCA's. The YMCA of Greater Hartford builds strong communities by helping individuals reach their fullest potential through transformative programs that promote Youth Development, Healthy Living and Social Responsibility. We help people reach their fullest potential by: putting a caring adult in the presence of every child; being good stewards of the resources entrusted to us; and working in partnership to eliminate the disparities in health and education. In 2015 the YMCA of Greater Hartford served more than 120,000 people, including 66,000 children, in 56 towns and cities throughout the Capitol Region. YMCA programs put the values of caring, honesty, respect and responsibility into practice to build healthy spirit, mind and body for all participants. Ghymca.org*