



Y SHOPPER PROGRAM

Present your Indian Valley Family YMCA ID and Save! Shop Locally at Shopper Program Participants listed! Look for the certificate in the store.



Aikido Hartford

500 Talcottville Road, Suite 5 Vernon, CT
860-454-8712

www.aikidohartford.com

Aikido Hartford teaches Aikido; a traditional Japanese martial art that doesn't require strength and is suitable for people of all ages and sizes.

Open Mon-Friday 6 pm-7 pm

Saturdays: 9:30 am-11 am

Sundays: 11 am-12:30 pm

Bring in your Y member card and get 15% off of monthly dues.

American Karate Center

175 West Road, Ellington, CT
860-871-1033

www.excellenceinkarate.com

Our age specific martial arts programs are designed to develop character, physical fitness and superior martial arts skills.

Open Mon-Friday 4 pm-8 pm

Bring in your Y member card and get 50% off the trial program (2 private lessons & uniform). Regularly \$49.00 (\$24.50 with Y member card).

Complete Family EyeCare

238 Tolland Tpke, Manchester, CT (Big Y Plaza)
860-646-2015

www.completeeyes.com

Full Service Primary EyeCare provider including eye exams, eyeglasses, contact lenses and management of eye diseases.

Open Mon. & Thurs. 9am-6pm, Wed., 12-8, Fri. 9:30-4:30, Sat., 9:00am-4:00pm

Saturdays: 9:30 am-11 am

Sundays: 11 am-12:30 pm

Bring in your Y member card and get \$100 off a prescription pair of glasses (FRAME & LENSES!)

Faithful Friends Canine Academy, LLC.

100 West Road (Rt. 83) Ellington, CT
860-926-4055

www.ffk9academy.com

Family Dog Training (all ages & levels/ group or private); Dog socials; Behavior Consultations & Modification Programs; Therapy & Service Dog Training

Open Mon-Friday 10 am-8:30 pm

Saturdays: 9 am-3 pm

Sundays: 12 pm-4 pm

Bring in your Y member card and get 10% off services & merchandise. Excludes Therapy & Service Dog Training and Aggression Behavior Consults.

Indian Valley Family YMCA

A Branch of the YMCA in Greater Hartford

11 Pinney Street
Ellington, CT 06029
860-871-0008

Questions or to enroll:
Lisa.Reinhardt@ghymca.org





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Musical Pathways, LLC. (Music Therapy)

860-604-7677

www.musicalpathwaysct.com

Music therapy is a fun, creative yet motivating way to aid children with special needs in accomplishing non-music goals.

Music therapy addresses social skills, communication, motor skills and more.

By appointment only.

Bring in your Y member card and get 50% off your first session.

Off the Ground Sound

22 Old Dobson Road, Vernon, CT

860-817-7180

www.otgsound.com

Full service production company offering sound system rental, sales, studio recording, live sound & lighting, and acoustic design consultation.

Open Mon-Friday 9 am-9 pm

Saturdays: 10 am-10 pm

Sundays: 10-11 am

Bring in your Y member card and get 15% off your first rental, and 5% off with each additional rental or 20% off your initial recording session.

Route 83 Auto Center Inc.

133 West Road, Ellington, CT

860-875-8334

www.route83auto.com

We specialize in auto body (all insurances accepted) and all types of auto mechanic work: diagnoses, engine and transmission replacements, brakes and much more.

Open Mon-Friday 8 am- 5 pm

Saturdays: 2x a month

Sundays: Closed

Bring in your Y member card and get \$10 off any service. Oil changes excluded.

DO you know a business that could benefit from exposure to YMCA members? This FREE program is for area businesses in East Windsor, Ellington, Enfield, Rockville, Somers, South Windsor, Stafford, Tolland, and Vernon

Contact Lisa Reinhardt at Lisa.Reinhardt@ghymca.org

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