



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KIDS JUST WANT TO HAVE FUN

CAMP YANKEE TRAILS YMCA AND CAMP INDIAN VALLEY YMCA

A branch of the YMCA of Greater Hartford
SUMMER DAY CAMP 2011



CAMP YANKEE TRAILS

Age 6 – 13 years old

It's not just a camp, it's an adventure!

Tucked away in the beautiful natural hillside amidst Sweetheart Lake in Tolland, lies Yankee Trails Program Center, home of the Indian Valley Family YMCA's premier ACA accredited summer day camp program. At Yankee Trails campers enter a whole new world as they explore through the wooded trails, canoe, and swim in the crisp, cool lake, and make new friends in an encouraging and friendly environment.

Swimming, arts and crafts, fishing, wiffleball, outdoor cooking, capture the flag, nature activities, music, frogging, shelter building, water games, Yankee Trails Times, flag football, and drama are among the many activities we offer. Each day campers have the opportunity to choose the activities they would like to participate in. Certain activities may be limited to certain age groups.

Each camper is grouped according to age and is assigned a home group and counselor to promote a sense of belonging, teamwork, and friendship. All activities are run by our well-qualified and well-trained staff and operate in accordance with our values of Caring, Honesty, Respect, and Responsibility. At Yankee Trails, it is our goal to make a positive impact on each camper as they experience the beautiful, natural world of Yankee Trails.

Open House

Sunday, May 15 from 1:00 p.m. – 3:00 p.m.

Mark your calendars! Attend Yankee Trails spectacular Open House.

Free Swimming Lessons Included For All Campers!!!

Dates

Session 1 6/20 – 6/24

Session 2 6/27 – 7/1

Session 3 7/5 – 7/8

Session 4 7/11 – 7/15

Session 5 7/18 – 7/22

Session 6 7/25 – 7/29

Session 7 8/1 – 8/5

Session 8 8/8 – 8/12

Session 9 8/15 – 8/19



Summer Vacation Club 8/22 – 9/2 **\$35/day** 7:00 a.m.– 6:00 p.m.

Time: 9:00 a.m. – 3:30 p.m.

Fee per Session: \$218

The Sunrise/Sunset (Before and After Camp) program is held at the Indian Valley Family YMCA. Yankee Trails campers participating in the Sunrise/Sunset program are bussed to and from Vernon.

Sunrise Hours: 7:00 a.m. – 9:00 a.m.*

Sunset Hours: 3:30 p.m. – 6:00 p.m.*

***No additional fee**

Camp Yankee Trails

Adventure Bus

Summer Bus 1

Contact YMCA for pick up and drop off times.

S. Windsor Stop & Shop Plaza

Manchester Commuter Lot Exit 62

Indian Valley Family YMCA Child Development Center–375 Hartford Turnpike, Vernon

Indian Valley Family YMCA, 11 Pinney St., Ellington

Ellington Subway Plaza

Vernon Commuter Lot, Exit 67

Tolland Big Y

Camp Yankee Trails

Adventure Bus

Summer Bus 2

LOCATION

Powder Hollow Park

St. Bernard's Church, Enfield

Scitico Plaza, Enfield

Somers Senior Center

West Stafford School

Bus schedules are subject to change.

Starting February 7, Specific

Bus Stop times will be on

www.indianvalleyfamilyymca.org

TEEN LEADERSHIP PROGRAM

LIT Leaders In Training Program

Age 14 – 15 years old

You can be a big hero to a little child! The LIT program is designed for 14 and 15 year olds interested in having fun while learning the skills to become a successful leader and possibly a counselor. Leaders will spend a portion of each day as a group—team building, learning how to work with children, and sharing ideas led by a staff advisor. The remainder of the day will be spent by assisting a specific counselor with a group of campers.

Location: Yankee Trails, Tolland, CT

Time: 9:00 a.m. – 3:30 p.m.

Fee per session: \$121

FAMILY CAMP NIGHTS!

Camp Yankee Trails – July 7 and August 11

On two special Thursday nights parents can meet their campers at Yankee Trails starting at 5:30 p.m. Enjoy some camp activities or take a hike and enjoy quality time with your family. Camp closes at 7:00 p.m. Open to all YMCA Members, register at the Indian Valley Family YMCA, Ellington.

Camp Indian Valley – July 14 and August 4

Join in on the fun at Camp Indian Valley starting at 5:30p.m. Enjoy our trail and field games. Open to all YMCA Members, register at the Indian Valley Family YMCA, Ellington.

SPECIALTY CAMPS

All Yankee Trails Specialty Camps are held at Yankee Trails and are from 9:00 a.m. – 3:30 p.m. unless noted otherwise. Specialty Camps focus on their theme activities each morning and have an opportunity to choose from free swim or other traditional camp activities each afternoon.

Fee: \$245

Creepy, Crawly Camp

Grades 1 – 4

Enter the slippery, slimy world of reptiles and amphibians. Learn all about frogs, snakes, lizards, turtles and other creatures. Build an aquarium for scientific observations. Create giant papier-mache reptiles and more.

Session: 1

Pirate Camp

Grades 1 – 4

Ahoy Matey! Grab ye sword and dash up the gangplank. We be heading to the high seas of Sweetheart Lake. Pirate campers will use secret treasure maps and compasses to find the pirate treasure hidden on Yankee Trails shores. Along the way we will make pirate crafts and play pirate games. We'll all have a good time or you'll be walkin the plank!

Session: 5

Animal Camp

Grades 1 – 4

This camp is definitely for animal lovers! Horses, dogs, reptiles, sheep, and kittens are just a few of the animals children will have the opportunity to experience. Campers will get to touch, learn about and have fun with all sorts of animal creatures. Campers will also participate in animal arts and crafts and fun animal games!

Session: 3



CAMP YANKEE TRAILS SPECIALTY CAMPS (CONTINUED)

LEGO® Camp

Grades 2 – 5

This camp is for those who LOVES to create and construct with LEGO'S. Campers will work on a group LEGO construction as well as their own individual project during the week. Campers will compete in numerous LEGO challenges that include constructing a LEGO tower, and building the biggest LEGO house imaginable.

Session: 7

Multi-Media Camp/Electronics Camp

Grades 4 – 8

This camp is for campers who love the world of information technology and electronics. Campers will use computers to produce camp brochures, camp publications, and promotions. This camp will utilize video recording as campers will write, plan, and film their very own camp commercial. There will also be a day dedicated to video games! One major project of this camp will be to plan, prepare, and put together the end of the year picture/music slide show that will be shown at the final parent's night and during the last week of camp.

Session: 8

Girl Power!

Girls in grades 2 – 5

For every girl with an independent spirit, this week will bring adventures from learning to cartwheel, paddling a canoe, building a tree swing to curling your hair. For those who consider themselves to be girly-girls, brainiacs, athletes or a little bit of everything.

Session: 2

Outdoor Cooking Camp

Grades 3 – 6

In this camp, campers will experience cooking over a campfire at a whole new level. Campers will help prepare, and cook items such as baked potatoes, popcorn, pizza, brown bears, banana boats, and many other foods. Campers will also prepare their very own ice cream! Throughout the week campers will create, their own cookbooks to bring home on Friday.

Session: 7

Boating Adventures Camp

Grades 3 – 6

This brand new specialty camp will be all about boating! Boat races, relays, games, adventures, and challenges are just a few of the activities planned for this week in the water.

Session: 9

CSI Camp

Grades 3 – 6

In this camp, campers will try to get inside the mind of criminals by participating in hands-on crime scene investigation activities as they try to solve the major (mock) crime of the summer. Campers will also be visited by law enforcement authorities who will help explain the process of investigating a crime scene.

Session: 9

Photography Camp

Grades 3 – 6

This camp uses digital photography to teach campers how to capture those special memories. Campers take advantage of our beautiful natural setting to learn how to frame photos, use special effects, and develop a creative eye. During the week, campers will create a photo slideshow that will be shown to the entire camp during lunch on Friday.

Session: 4

Fishing Camp

Grades 3 – 8

In this camp, campers will be able to experience fishing at a new level. Campers will spend their mornings fishing away at Sweetheart Lake. Campers will also be able to spend time fishing in streams and in parts of the Willimantic River during this exciting week. During the week, campers will learn about the different types of fish, and they also will learn about different ways to catch them. The camp will provide all equipment needed, but campers will be able to bring in their own poles if they would like.

Session: 4



CAMP YANKEE TRAILS SPECIALTY CAMPS (CONTINUED)

Camp Wars

Grades 4 – 8

In this camp, campers will battle at Yankee Trails every day in some of the wildest, dirtiest games you can think of. Better dress down for this camp as your artillery will include: Jello, Nerf armaments, water guns, shaving cream, and mud. Lots of mud!

Session: 2

Football Camp

Grades 4 – 8

Campers will spend the week learning the basic formations, positions, and fundamentals of the game of football. Players will be put on teams by Tuesday, and the rest of the week the teams will practice plays as they prepare for the Yankee Trails Bowl on Friday. No tackle, no equipment needed.

Session: 6

Yankee Trails Times

Grades 4 – 8

For the aspiring journalist, this camp will be all about writing. During this week, campers will create their very own edition of the Yankee Trails Times. Campers will learn how to write creative and interesting articles for their newsletter. Campers will be responsible for creating, interviewing, writing, and editing their major stories. Campers will utilize laptop and digital photography to help enhance their newsletter.

Session: 1

Olympic Camp

Grades 4 – 8

This camp will test each camper's ability in numerous Olympic events. The first day will be used as a tryout as the campers will be placed on two different Olympian teams, and the next four days the campers will compete in events such as: swimming, home run derby, running, shot put, jumping, and of course, relay races that span the entire camp!

Session: 3

Huck Finn Adventure Camp

Grades 4 – 8

Unleash your child's inner Tom Sawyer with this exciting new specialty camp. Campers will focus on fort building, mapmaking, orienteering/exploring, fishing, boating, and other outdoor activities that have been lost in today's video game world.

Session: 5

Cheer/Dance Camp

Grades 4 – 8

Learn the latest cheers, dance routines, stunts, and choreography in the world of cheerleading and dance. Campers will have the opportunity to learn new cheers and dances as well as develop their own new creative routines. The camp will perform for the entire camp during the Yankee Trails Bowl on Friday.

Session: 6

Wiffleball Camp

Grades 4 – 8

Finally a camp devoted to Yankee Trails' most-popular activity! Campers will spend the week practicing their wiffleball skills, play in games, and compete in events such as a home run derby and hit off. Campers will be placed on teams and compete in the Yankee Trails Series throughout the week!

Session: 8



CAMP INDIAN VALLEY AT INDIAN VALLEY FAMILY YMCA, ELLINGTON

Swimming, fun, and friends is what Camp Indian Valley is all about. At Camp Indian Valley campers have a great camp experience right at the Indian Valley YMCA. Our caring and well trained counselors lead campers through fun activities such as games, arts and crafts, and science and nature! Campers also get to swim every day in the Vernon town pool! Each session campers will celebrate a theme day. Campers are broken down into two separate groups based on age.

Nipmunks

For campers entering K – 2nd Grade

Day Camp is a whole new experience for younger campers! Nipmunk campers will be introduced to the adventure of camp while being provided with the special attention our younger campers need. All activities are designed with the interest of your younger camper in mind.

Chippewas

For campers entering 3rd – 6th Grade

Chippewa campers enjoy choosing among a variety of age appropriate and fun activities. Activities are more challenging to capture the interest of our older campers. Campers will have the opportunity to learn new skills and create many friendships and memories.

Sessions and Dates

Session 1 6/20 – 6/24

Session 2 6/27 – 7/1

Session 3 7/5 – 7/8

Session 4 7/11 – 7/15

Session 5 7/18 – 7/22

Session 6 7/25 – 7/29

Session 7 8/1 – 8/5

Session 8 8/8 – 8/12

Session 9 8/15 – 8/19

Summer Fun Club offered 8/22 – 9/2 **Fee: \$35/day** 7:00 a.m. – 6:00 p.m.

Contact main office for registration information.

Time: 7:00 a.m. – 6:00 p.m.

Camp Activities: 9:00 a.m. – 4:00 p.m.

Fees: \$180 per one week session

Location: Indian Valley Family YMCA



PRESCHOOL SPECIALTY CAMPS

AT INDIAN VALLEY FAMILY YMCA CHILD DEVELOPMENT CENTER

375 Hartford Turnpike, Vernon

Animal Adventures

Age 3 – 5 years old

This half-day preschool camp is for all animal lovers. Campers will enjoy lots of fun and furry activities including live animal visits, and animal arts and crafts. Above all, campers will make new friends and have a great YMCA experience.

Location: Indian Valley YMCA

Session: 6

Time: 9:00 a.m. – 12:00 p.m.

Fee: \$130

Dinosaur Camp

Age 3 – 5 years old

Preschoolers will enter the prehistoric world of dinosaurs as they participate in many fun dinosaur-themed activities. Campers will learn the different types of dinosaurs, dig for dinosaur bones, go on a dinosaur hunt, create their own dinosaurs, and sing some popular purple dinosaur songs.

Location: Indian Valley YMCA

Time: 9:00 a. m. – 12:00 p. m.

Session: 4

Fee: \$130

Fairy Tale Camp

Age 3 – 5 years old

Preschoolers will delve in to the wonderful world of Peter Pan, Cinderella, Snow White and the Seven Dwarfs, Sleeping Beauty, and Goldilocks as they read about the character's fun adventures. There will also be theme-related art and, of course, lots of dress-up and dramatic play.

Location: Indian Valley YMCA

Session: 3

Time: 9:00 a.m. – 12:00 p.m.

Fee: \$130

Community Hero Preschool Camp

Age 3 – 5 years old

This camp is a fun summer camp experience that will help preschoolers to build their sense of community. A community hero will visit each day. Children will meet heroes such as a real live policeman, fireman, postman, and crossing guard. Children will also enjoy theme-related art, and play activities!

Location: Indian Valley YMCA

Session: 7

Time: 9:00 a.m. – 12:00 p.m.

Fee: \$130

Tumble Bugs Preschool Camp

Age 3 – 5 years old

Preschoolers will enjoy spending each morning moving, singing, and playing along with Lomax, the "Hound of Music". Preschoolers will enjoy hands-on activities to develop expressiveness and creativity, unique vocal warm-up exercises, and exciting games and activities to encourage rhythm development.

Location: Indian Valley YMCA

Session: 5

Time: 9:00 – 12:00 p.m.

Fee: \$130



PRESCHOOL SPECIALTY CAMPS

Puppet Pals

3 & 4 year olds

Children will experience magic as they see their favorite stories come to life through puppets. Each day children will make a different kind of puppet and practice their social skills in our puppet theater. Sock puppets, finger puppets, marionettes – they'll all be playing together at Puppet Pals.

Location: Indian Valley Family YMCA Child Development Center, Vernon

Session: 1

Time: 9:00 a.m. – 12:00 p.m.

Fee: \$130

Little Scientists

3 – 5 year olds

This hands-on camp will allow preschoolers the opportunity to delve into the world of chemistry, biology, and physiology. Children will explore, observe, make their own hypothesis, and test it out with age-appropriate experiments. This camp mixes the best of fun and learning.

Location: Indian Valley Family YMCA Child Development Center, Vernon

Session: 2

Time: 9:00 a.m. – 12:00 p.m.

Fee: \$130

Trains, Planes and Automobiles!

3 – 5 year olds

Everything that goes! Does your preschooler love Thomas the Train? Construction Trucks and Race Cars? Jay, Jay the Jet Plane? If so, you have found the right camp. We'll all have a great time with transportation-themed fun and games. Singing "The Wheels on the Bus", building a car out of cardboard boxes, and painting our own train engines are some of the planned activities. Children will especially love driving bikes and ride on toys on our make believe road.

Location: Indian Valley Family YMCA Child Development Center, Vernon

Session: 8

Time: 9:00 a.m. – 12:00 p.m.

Fee: \$130

INDIAN VALLEY FAMILY YMCA SUMMER DAY CAMP

SIGN UP FOR FUN, FRIENDS AND LIFETIME MEMORIES!!

One of the YMCA's goals is to strengthen relationships. One of the ways we accomplish this is by being a proud partner with numerous community organizations. We build personal relationships through strong interaction with staff, volunteers and members. The YMCA has many volunteer opportunities that needs and appreciates charitable contributions. Call us for more information.

Member's Code of Conduct

1. The YMCA does not assume responsibility for personal property that is lost, stolen, or damaged.
2. All attire, including swimming attire, must be appropriate for a family/camp environment.
3. Shirts and shoes must be worn at all times, unless specific direction is required by YMCA staff.
4. A YMCA staff member must be informed of all accidents. The staff member will complete an accident report form.
5. Parents/Guardians must notify, in writing, the YMCA of any medical problems. Medical problems will be kept in confidence in campers' files.
6. Bikes, rollerblades, skateboards, and heeies are not permitted at camp or in the YMCA building unless in use for a specific program under the direction of YMCA staff.
7. Smoking, use of non-prescription drugs, alcoholic beverages, firearms, or fireworks, carrying or concealing a weapon or any object that may be used as a weapon, harassment or intimidation by words, gestures, or body language, bullying or threatening another person verbally or physically is prohibited on YMCA property, at YMCA camps, in YMCA vehicles, or at YMCA sponsored programs.
8. Loitering/solicitation within or on the grounds of the YMCA is prohibited.

Indian Valley Family YMCA

11 Pinney St.
Ellington, CT 06029
Phone 860-871-0008
Fax 860-871-2550
E-mail indian.valleymca@ghymca.org

Office Hours

Monday – Friday 5:00 a.m. – 10:00 p.m.
Check us out online at
www.indianvalleyfamilyymca.org

SUMMER CAMP 2011

Indian Valley Family YMCA

11 Pinney St.
Ellington, CT 06029
Phone 860-871-0008
Fax 860-871-2550

Please be sure both sides are filled out completely and the 20% deposit per child per session is included with the registration form. Registrations are processed on a first come, first served basis. You may register for camp beginning February 1, 2011. Updated medical form must be completed and signed by a physician or their designee and brought to the YMCA office 1 week prior to the start of camp. Thank you.

Check one: ___ Yankee Trails ___ Indian Valley Day Camp (Located in Ellington)

Camper's information

Camper's name: _____
Home address: _____ Town/City: _____ State: _____ Zip: _____
Home phone: _____ Male: _____ Female: _____ d/o/b: _____ Age: _____
Grade in Sept. 2011: _____

Parent / Guardian information

First name: _____	First name: _____
Last name: _____	Last name: _____
Relationship to child: _____	Relationship to child: _____
Address: _____	Address: _____
Town: _____	Town: _____
State: _____ Zip: _____	State: _____ Zip: _____
Home phone: _____	Home phone: _____
Cell phone: _____	Cell phone: _____
Work phone: _____	Work phone: _____
Employer name: _____	Employer name: _____
Email Address: _____	Email Address: _____

Emergency contact information

In case of emergency, and the YMCA staff is unable to reach the parents/guardian listed above, the following individual has permission to make decisions regarding the care of my child. The emergency contacts listed below are also authorized for pick-up at end of day. Photo identification will be required in order for camper to be released.

1. Name _____ Relationship to child _____
Address _____ Town/City _____ State _____ Zip _____
Home phone _____ Work phone _____ Cell phone _____
2. Name _____ Relationship to child _____
Address _____ Town/City _____ State _____ Zip _____
Home phone _____ Work phone _____ Cell phone _____
3. Name _____ Relationship to child _____
Address _____ Town/City _____ State _____ Zip _____
Home phone _____ Work phone _____ Cell phone _____

Are there any special health or concerns we should note? _____
Name of insurance company _____
Policy holder's name _____ Policy holder's d/o/b _____
Policy number _____ Name of physician _____ Phone# _____

Parent or guardian agreement

I approve this application, and certify that the proposed camper is capable of such an experience. I agree to have a health form signed by a physician or their Designee that includes current medication orders and physical exam. This exam must have been given within 24 months of the camper's arrival date. Any Camper who does not have said form into YMCA office at least 1 week prior to the start of camp will not be permitted into camp. I also agree to the Payment terms as outlined: 20% deposit per session per camper is for the purpose of securing a spot and as such is non-refundable and non-transferable. Payment due dates: if the camping session begins in June the session fee is due in full no later than May 15. If the camping session begins in July the session fee is due in full no later than June 15. If the camping session begins in August the session fee is due in full no later than July 15. Cancellations after May 15th are eligible for a 50% refund of total session fees paid (less deposit). Refunds (less deposit) will be considered only after a written request. Cancellations after June 1st are not eligible for any refund. I hereby grant permission for the applicant to participate in all planned camp activities and programs including out of camp trips using camp transportation understanding that competent leadership will be provided and to receive medical attention (if parent or guardian is unavailable). I authorize the YMCA to have and use the name, photographs, slides, and video tape of the person named on this application in camp promotional materials.

Parent/Guardian signature _____ **Date** _____

2011 REGISTRATION FORM

Camper's Name: _____
 My Child Enjoys: _____ My Child Dislikes: _____
 Helpful Hint About My Child: _____
 If attending Yankee Trails: Would you like your camper to have swim lessons? yes no (not available to Specialty Camps or Camp Indian Valley)
 Group my child with _____

SESSION	DATES	ENTER CAMP NAME	EXTENDED CARE AM ONLY	EXTENDED CARE PM ONLY	TOTAL SESSION FEE
Session 1	6/20-6/24				\$
Session 2	6/27-7/1				\$
Session 3	7/5-7/8				\$
Session 4	7/11-7/15				\$
Session 5	7/18-7/22				\$
Session 6	7/25-7/29				\$
Session 7	8/1-8/5				\$
Session 8	8/8-8/12				\$
Session 9	8/15-8/19				\$
Total \$					

Yankee Trails Bus 1

- CAMPER WILL BE RELEASED ONLY AT ASSIGNED BUS STOPS. CHOOSE ONE OF THE FOLLOWING OPTIONS.
- S. Windsor Stop & Shop Plaza
 - Manchester Commuter Lot, Exit 62
 - Indian Valley Family YMCA Child Development Center
 - Indian Valley Family YMCA, 11 Pinney St., Ellington
 - Ellington Subway Plaza
 - Vernon Commuter Lot, Exit 67
 - Tolland Big Y
 - We Will Provide Own Transportation

Bus schedules are subject to change.

- My child may sign themselves out at the bus stop

Camp Yankee Trails Bus 2

- Powder Hollow Park
- St. Bernard's Church, Enfield
- Scitico Plaza, Enfield
- Somers Senior Center
- West Stafford School
- We Will Provide Own Transportation

Starting February 7, Specific Bus Stop times will be on www.indianvalleyfamilyymca.org

Payment Information

Total Session Fees: \$ _____

Total Deposit Due \$ _____
(Deposit Is 20% Of Each Session's Total Fee)

Less YMCA Credit: _____
(Attach Credit Slip)

Method Of Payment (Circle One)

Cash • Personal Check • Visa • MasterCard • Discover • Amex

Credit Card #: _____

Exp. Date: _____

Signature: _____

Date: _____

Total Fee Paid: \$ _____

Office Use Only

Date Received	Date Entered	Receipt Number	Member #	Staff Initials

PAYMENT INFORMATION

Day Camp/Specialty Camp Registration and Payment Information

- All previous YMCA accounts must be paid up to date.
- Registration forms must be completed in their entirety.
- Updated medical form must be completed and signed by a physician or their designee that includes current medication orders and physical exam. This exam must have been given within 24 months of the camper's arrival date. Any camper who does not have said form into the YMCA office 1 week prior to the start of camp will not be permitted into camp.
- 20% deposit per session per camper is for the purpose of securing a spot and as such is non-refundable and non-transferable.
- Payment Due Dates:
 If the camping session begins in June the session fee is due in full no later than May 15.
 If the camping session begins in July the session fee is due in full no later than June 15.
 If the camping session begins in August the session fee is due in full no later than July 15.
- Cancellations after May 15th are eligible for a 50% refund of total session fees paid (less deposit). Refunds (less deposit) will be considered only after a written request.
- Cancellations after June 1st are not eligible for any refund.

Financial Assistance

The YMCA strives to serve everyone regardless of ability to pay. Financial Assistance information is available by contacting our branch office.

Register Online!
www.indianvalleyfamilyymca.org



CAMP JEWELL & CAMP WOODSTOCK

Give them an overnight camp opportunity at Camp Jewell YMCA or Camp Woodstock YMCA

Children have been forming lifelong friends at our residential programs since 1901. While enjoying archery, sailing, photography, outdoor cooking, dance, and mountain biking; kids 8-14 are guided through YMCA core values – Caring, Honesty, Respect, and Responsibility.

Specialty camps for teens include Ranch Camp, Appalachian Whitewater, Cape Cod Biking, California Surf Safari, and more.

We also offer a progressive Teen Leadership Program for Counselors-In-Training. Over 350 groups use Camp Jewell each year for church retreats, family camping, women's weekends, team building and more!

Camp Jewell and Camp Woodstock are both ACA Accredited.

For more information contact Camp Jewell at 1-888-412-CAMP (2267) or contact Camp Woodstock at 1-800-782-2344

Check out YMCA camps at www.ghymca.org.

40

DEVELOPMENTAL ASSETS

The YMCA Embraces the 40 Developmental Assets in all our programs.

The Assets are a framework that identifies crucial relationships, experiences, opportunities and personal qualities that children and adolescents need as they grow to become healthy, caring and responsible.

External Assets

Which are positive experiences young people receive from the world around them.

Assets:

- Support and empower young people
- Set boundaries and expectations
- Develop positive and constructive use of time

External assets identify important ways that families, schools, faith communities, neighborhoods, and youth organizations can promote healthy development.

Internal Assets

Those characteristics and behaviors reflecting positive internal growth and development of young people:

- Positive values and identities
- Social competencies
- Commitment to learning

The Internal Developmental Assets will help young people make thoughtful and positive choices and in turn, be better prepared for situations in life that challenge their inner strength and confidence.



YMCA of Metropolitan Hartford, Inc.
Indian Valley Family YMCA Branch
241 Trumbull Street, Hartford, CT 06103

SUMMER DAY CAMP 2011

