



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Hale YMCA Youth and Family Center Membership Handbook

Please take note of these important policies and suggestions.

MEMBERSHIP

- Cancelling your membership: 30 days notice and a completed cancellation form are required.
- Placing your membership on Hold: We can put your account on hold without dues for 1 to 3 months once per year (based on billing dates). Please give as much notice as possible, 30 days is ideal.
- Guest passes: Each Membership comes with 3 guest passes per year. Guests over 16 must bring a photo ID, guests under 18 must be accompanied by an adult anywhere in the facility. Day passes are available to purchase: \$5 under 18, \$10 for adults and \$15 for families.

WELLNESS CENTER

- Please wipe down all equipment after use. Spray bottles and towels are provided.
- Age restrictions: Children under 10 are not allowed in the Wellness Center. Ages 10-12 must be accompanied by a parent and ages 10-17 must complete an Orientation with a Wellness Center Attendant.
- No bags are allowed, please make use of the lockers in the hallway and locker room.

GYMNASIUM

- Please don't bring bags into the gym. Make use of the lockers in the hallway and locker room.

GROUP EXERCISE

- Children ages 10-12 can take classes with a parent, ages 13 and up can attend by themselves.
- Studio B is for group classes only. Studio A is available for individuals 16 and older between scheduled classes.

AQUATICS

- Please shower before using the pools and bring your own towel.
- The steam room, sauna and hot tub are for members 16 and older only.
- Children 16 & under must take a swim test with a lifeguard on duty in order to use the lap pool.
- Children ages 5 and younger must have a parent in the pool with them, ages 6-12 must have a parent on the pool deck.



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CHILD WATCH

- Child care is available for members only (not guests) for ages 6 weeks to 9 years. Weekday hours are M-F 8am-1pm & 3:30-8pm.
- There is a 2 hour limit per day and the parent must remain in the building.
- No food is allowed and our staff does not change diapers.

OTHER

- Please bring your own lock for use in the locker room and do not leave it overnight.
- Children under 13 must be supervised by an adult at all times.
- Same gender children between the ages of 7 and 12 may use the Men's and Women's locker rooms. Children and families under the age of 7 must use the Family Locker Room.
- Tobacco Products are not allowed anywhere on the premises.