



**Downtown YMCA Presents:
YFOOTLIGHTS Performing Arts
and Education Program**

Footlights, founded by Michele Colletti, inspires Hartford teens to excel and discover their talent through the arts in a safe and fun environment.

Participants learn how to be productive members of Footlights, the YMCA and their communities, as well as motivate each other to be their personal best.

Academic success is a priority for all participants.

**YFootlights Operates:
Monday-Friday 3:30-7pm**

YMCA Mission:

The YMCA of Greater Hartford is a charitable association open to all and committed to helping people develop their fullest potential in spirit, mind and body. This commitment is reinforced by our belief in living out universal values of caring, honesty, respect and responsibility.



**Footlights inspires youth to
excel and discover their
talent in a safe and fun
environment**



DOWNTOWN YMCA

A Branch of the YMCA Greater Hartford
90 State House Sq. Hartford, CT, 2nd FL
Ph:(860)595-3026
Debra Mauldin, Program Coordinator
footlightsinfo@ghymca.org

Follow us on Facebook:
[https://www.facebook.com/
DowntownYFootlights](https://www.facebook.com/DowntownYFootlights)



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



**Affordable after-school Performing
Arts Classes !**

- ◆ Workshops
- ◆ Performances
- ◆ Private Tutoring
- ◆ Field Trips

FREE to YMCA Members



**Performing Arts & Education
Program**



CLASSES OFFERED

- Cultural/Modern Jazz
- Show Choir/Voice Class
- Drama & Acting/Spoken Word
- Dance 101
- Drill
- ADVANCED Dance
- Lyrical
- Self Empowerment/Martial Arts
- African Drum
- Creative Art



CULTURAL/MODERN JAZZ

Participants taking this class will focus on dance technique. They will learn basic dance language needed to explain and create choreography. Participants will become familiar with the different modern/ jazz technique and cultural flavors. With this combined dance class the students will prepare their bodies to interpret feelings with movement of expressions, and tell stories without words.

SHOW CHOIR/VOICE CLASS

Something for every level of singer: reading musical notation, sound and tone production, musical history, vocal range expansion, and an emphasis on singing both melody and harmony through a choir setting. Those interested can audition for solos that will be sung with the choir. Choir performs at Footlights' many performance opportunities. Only regular attendees will be allowed to participate in performances.

CREATIVE ART

Prepare Footlights participants to work together as a team under the directions of Art Instructor. Project will involve designing props, back drops and scenery for theater ready pieces. Participants will create their own character and or prop piece with scenic direction. Emphasis will be on artistic development both individual and collaborative in an artistic setting, along with emphasis on Footlights Program Theme.

LYRICAL

Lyrical dance is a style that fuses ballet, jazz and contemporary. In this class the students will focus more on the ballet portion of lyrical dance. The students will learn the very basics of ballet and begin to use their bodies to tell a story.

DRAMA & ACTING/SPOKEN WORD

This class focuses on developing the stage presence of today's youth in an effort to help build self-esteem and talent within our participants. The course concentrates on core principles of respect for the arts, memorization, articulation, and impersonation. Through focusing on monologues, short poems, acting scenes; participants will increase their and gain the confidence to culminate in a final year end performance. Our goal as a class is to focus on team work and individual responsibility in an effort to present a quality performance.

DANCE 101

This class is a mixture of inspired beginners and youth with little experience who are ready to learn Hip Hop and other forms of dance. 1st 3 months participants will learn how to break down music in various styles of counts and learn how to conform the movements to the music. Participants will create and choreograph movements that they like and use those steps along with instructor's choreography for the final year end production. In the 2nd session we began to choose music and create solid choreography. Participants will learn not only to dance but to move together as a unit and bring the movements to life.

DRILL

In this class the students will learn how to be a unit, enhance their listening skills, eye coordination and most of all embrace discipline. In drill you have to pay attention many elements in order to stay together. At all times the captain is giving out instructions or using their whistle to direct the team through a series of militant creative movements. This class requires strong discipline, commitment and dedication.

ADVANCED DANCE

This class is for youth who have at least 3 years of dance training. The first 3 months are used for observation, adjustment and team building. Instructor will teach performance preparation techniques. Participants will be asked to perform throughout the year. Sound commitments to take on high level performance pieces are intensive and required from each advance participant. Depending on skill level; participants may be required to attend modern jazz/ cultural and drill class so that they have a full rounded dance schedule and are able to perform these artistic styles of movements. Participants have homework that will allow them to create 16 counts of choreography so that their work is recognized. By the end of the year their piece will be a collaboration of many styles of dance and techniques.

SELF EMPOWERMENT/MARTIAL ARTS

Traditional martial arts encourage the development of basic social skills such as respect and self-control; which comes through internal motivation. "Baekjul Boolgool" a Korean phrase which means "To be fully committed to fulfilling one's personal Vision". To fulfill a vision, a student must set and achieve a progressive set of goals that will lead to personal improvement rather frustration.

AFRICAN DRUM

African drumming develops discipline by practicing their drumming skills and learning to replicating rhythms and musical arrangements while experiencing the communication of drumming. Participants will learn to play traditional rhythms and melodies on the drums. We will cover basics skills such as: holding and striking a drum properly, coordination and group drills. Everyone who completes this class will be able to play the drums. Those individuals with prior experience will be given more challenging rhythms and playing techniques. Youth will also be provided with an empowerment lecture designed to address Self-Respect .